

# Pesticides for managing bed bugs

Richard S. Cowles

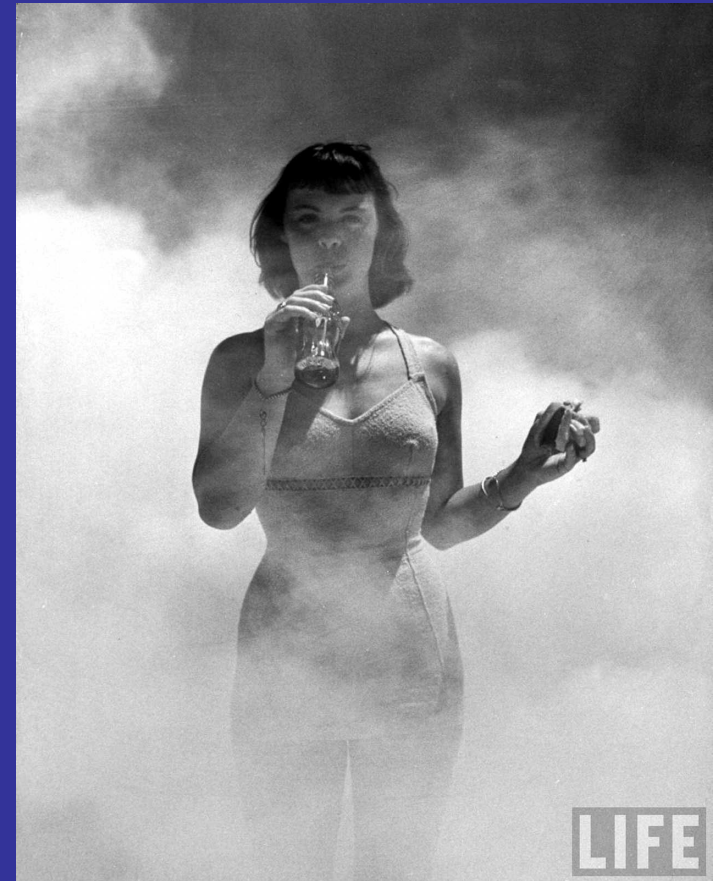
Connecticut Agricultural Experiment  
Station, Valley Laboratory  
Windsor, CT



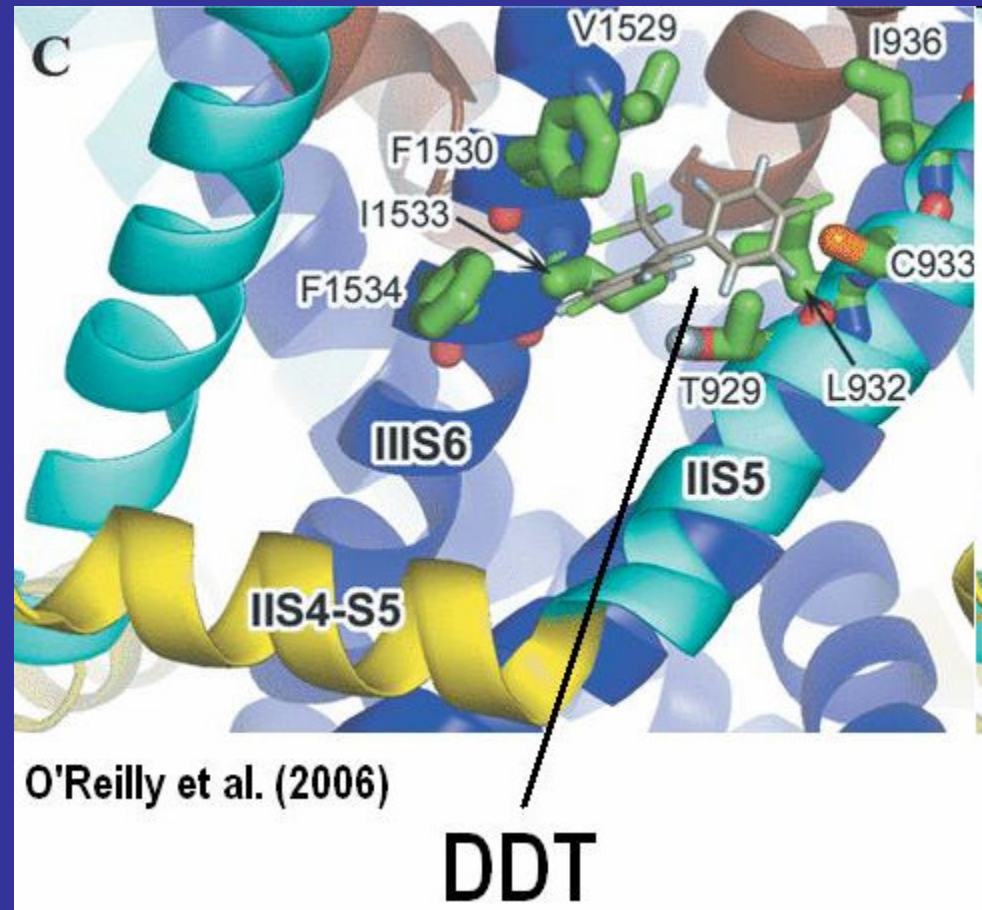
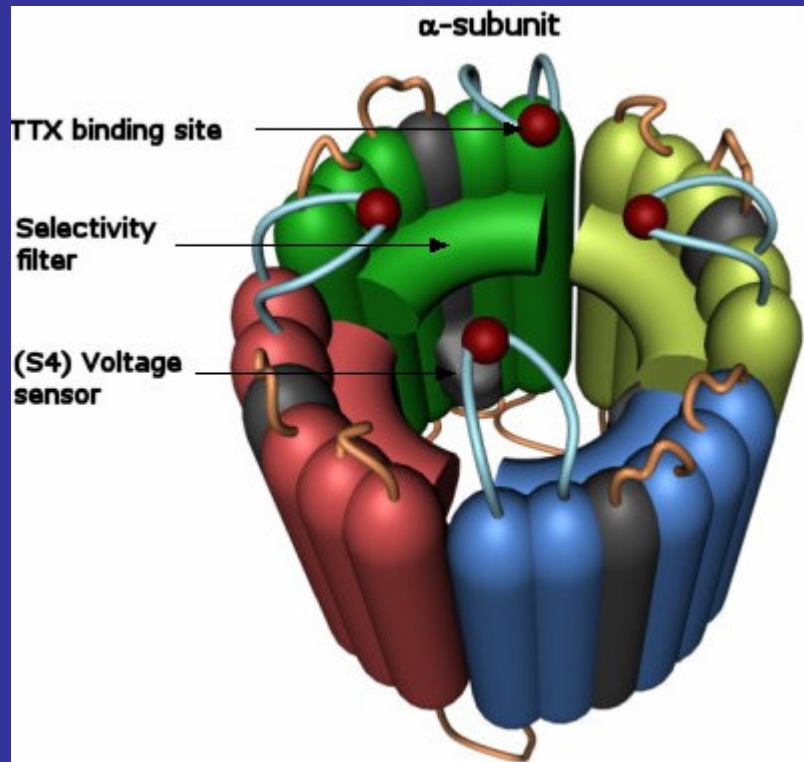
<http://women4hope.files.wordpress.com/2009/04/female-bedbug.jpg>



DDT saved many soldiers and civilians' lives during WWII.



Era of public acceptance led to virtual eradication in U.S. of bed bugs.



Selection with DDT could have led to pre-adaptation to survive exposure to pyrethroids.

# Residual insecticides registered for control of bed bugs on surfaces other than on mattresses



lambda-cyhalothrin  
permethrin  
bifenthrin  
fenvalerate  
propoxur \*  
(s)-hydroprone  
chlorfenapyr

\* Crack and crevice only,  
bed bugs not on label.



# Insecticides Registered for Control of Bed Bugs on Mattresses

## Residual Chemicals

deltamethrin

cyfluthrin

silica aerogel dust + pyrethroid

ground limestone

permethrin

pyrethrins

## Contact Chemicals

pyrethrins

d-phenothrin

alcohols



NC State University Cooperative Extension 2006

# Application of Pyrethroids to Bed Bugs



**Assembling the Hamilton Repeating Dispenser**



**Placing a small drop of a pyrethroid insecticide on a bed bug**

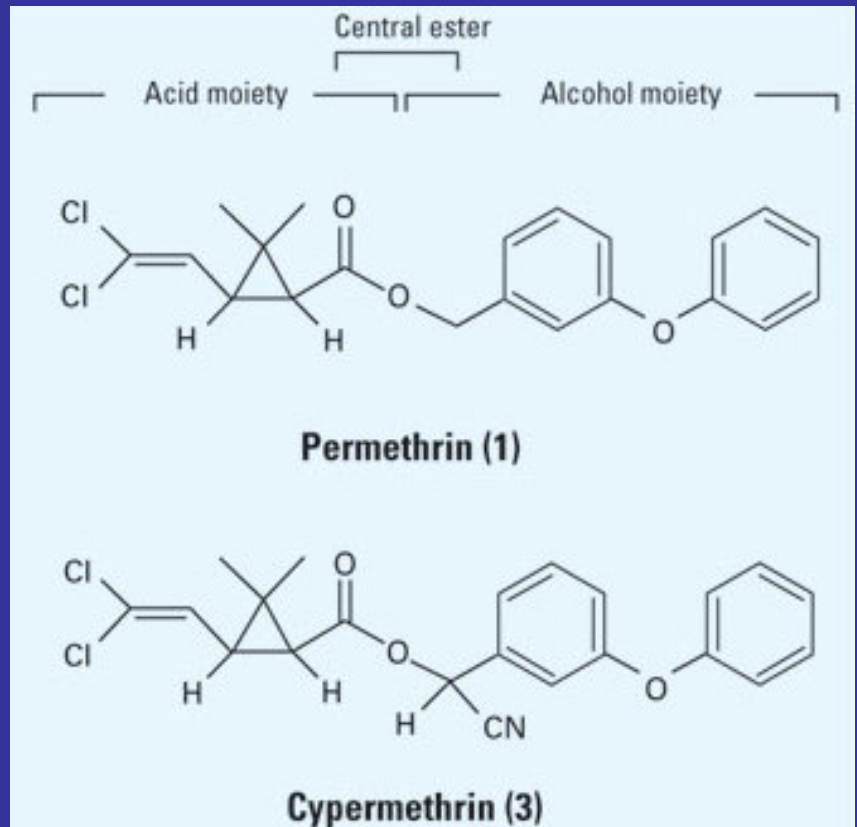
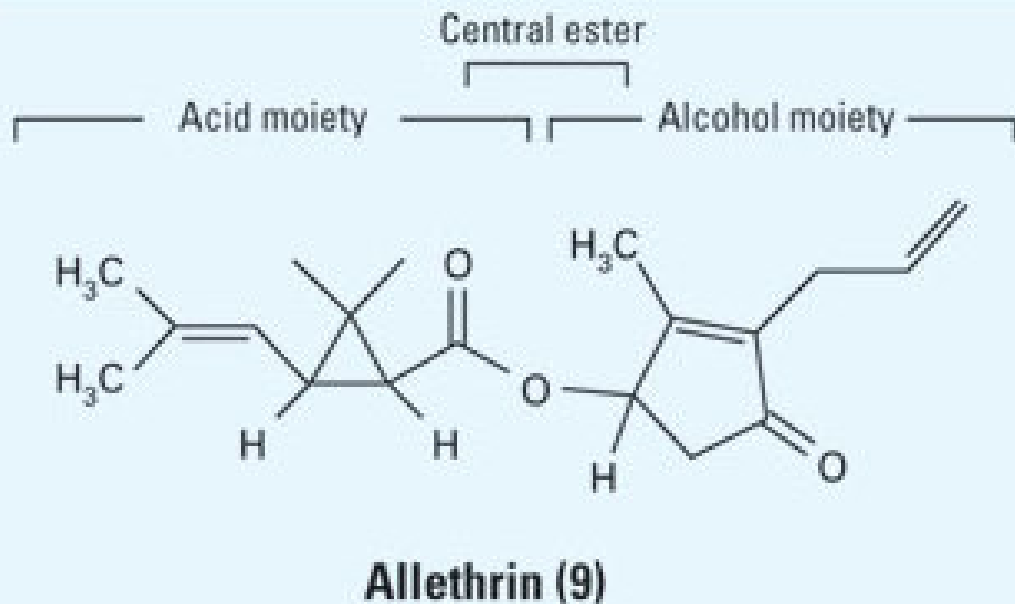


## Pyrethrum Daisy (*Tanacetum cinerariaefolium*)



Synthetic products are called pyrethroids

Natural products are called pyrethrins





## Mortality of Bed Bugs after 72 Hours Exposure to 1 µg of Insecticide

Class*	Common Name	% Mortality
I	D-Phenothrin	5
I	Pyrethrins	5
I	d-Trans Allethrin	5
I	Tetramethrin	5
I	Permethrin	0
I	Resmethrin	5
II	Lambda cyhalothrin	95
II	Trans-cypermethrin	35
II	Cis-cypermethrin	80
II	Fenvalerate	5
II	Fenpropathrin	10
II	Cyfluthrin	80
II	Deltamethrin	90
Negative Control	Acetone	0

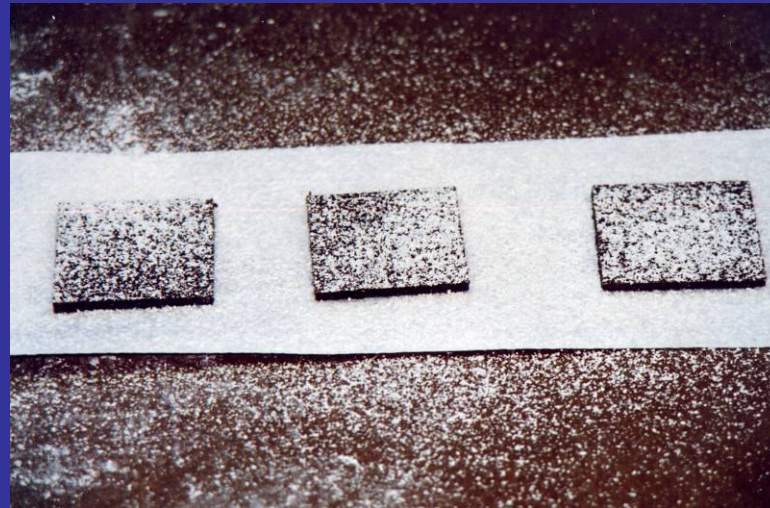
## Liquid and Dust Formulations of Insecticides Tested against Bed Bugs

Formulation	Trade Name	Common Name
Liquid	Bedlam	D-Phenothrin
	D-Force HPX	Deltamethrin
	Cyonara 9.7	Lambda cyhalothrin
Dust	Delta Dust	Deltamethrin
	Drione	Pyrethrins
	Tempo Dust	Cyfluthrin
	Syloid Silica Gel	None

# Applying Residual Chemicals to Filter Papers, Hardboards, and Mattress Covers



Applying Drione to a soil sieve



Hardboards treated with Drione



Applying D-Force

## Percent Mortality of Bed Bugs

**Note: 13 days of continuous exposure**

Surface	Age of <b>D-Force HPX</b> when bed bugs first exposed (days)					
	1	15	35	56	112	168
Filter Paper	100	73	77	50	50	23
Hardboard	93	27	37	17	43	13
Mattress Cover	90	27	10	7	40	3



## Percent Mortality of Bed Bugs

Surface	Age of <b>Drione</b> residue when bed bugs first exposed (days)					
	1	15	35	56	112	168
Filter Paper	100	100	100	100	100	100
Hardboard	100	100	100	100	100	100
Mattress Cover	100	100	100	100	100	100

## Percent Mortality of Bed Bugs

Surface	Age of <b>Syloid Silica Gel dust</b> when bed bugs first exposed (days)				
	1	15	35	56	112
Filter Paper	100	100	100	100	100
Hardboard	100	100	100	100	100
Mattress Cover	100	100	100	100	100

# What about behavioral effects?

## Percent Mortality of Bed Bugs Note: 13 days of continuous exposure

Surface	Age of <b>D-Force HPX</b> when bed bugs first exposed (days)					
	1	15	35	56	112	168
Filter Paper	100	73	77	50	50	23
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## Behavioral Responses of the Bed Bug to Insecticide Residues

Alvaro Romero, Michael F. Potter, and Kenneth F. Haynes

Journal of Medical Entomology 46(1): 51-57. 2009

In two-choice tests, grouped insects and individual insects **avoided resting on** filter paper treated with deltamethrin. Insects did not avoid surfaces treated with chlorfenapyr. Harborages, containing feces and eggs and treated with a deltamethrin-based product, remained attractive to individuals from a strain resistant to pyrethroids. Video recordings of bed bugs indicated that insects **increased activity** when they contacted sublethal doses of deltamethrin.



## Pyrethroid summary

Target site insensitivity

Behavioral avoidance

Reduced penetration through cuticle

Metabolic detoxification

Do not expect pyrethroids to have any utility for killing bed bugs

## Non-pyrethroid bed bug insecticides

Phantom = chlorfenapyr

TC 269, Alpine dust = dinotefuran

Multicide 295511 = phenothrin + imidacloprid

Transport = bifenthrin + acetamiprid

Gentrol, RF9707 = hydroprene

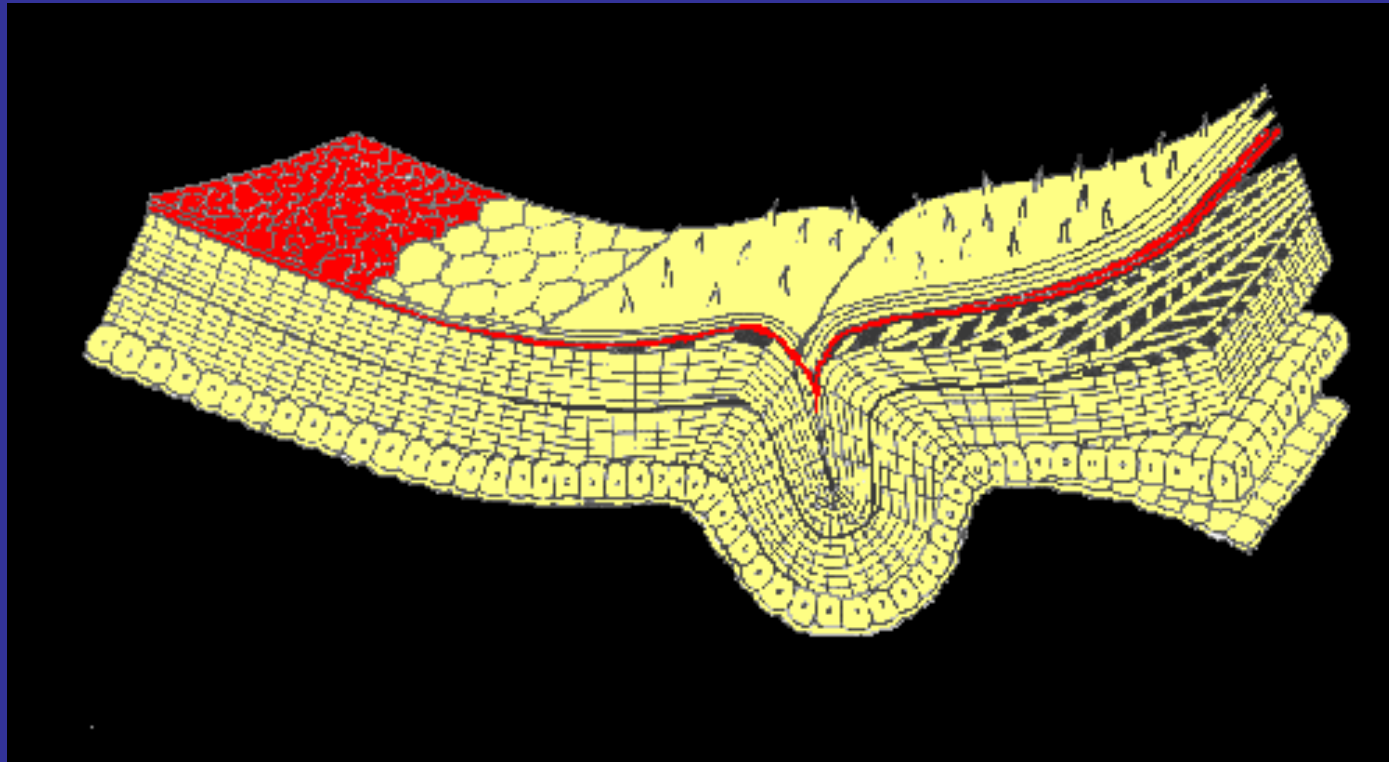
TER-CX1 = neem oil

# Dusts

The oldest insecticide



Lipid barrier is only 0.25  $\mu\text{m}$  thick



Emptying wax canals by sorption of wax at the surface leads to rapid desiccation



All three effective measures desiccate bugs

Dusts

Heat treatment

Alcohol spray



Bed bugs have extremely high surface to volume ratio, and so are especially susceptible to desiccation.

Bed bugs are unlikely to evolve resistance to desiccants!

Aggregation behavior  
may be an  
adaptation to avoid  
desiccation



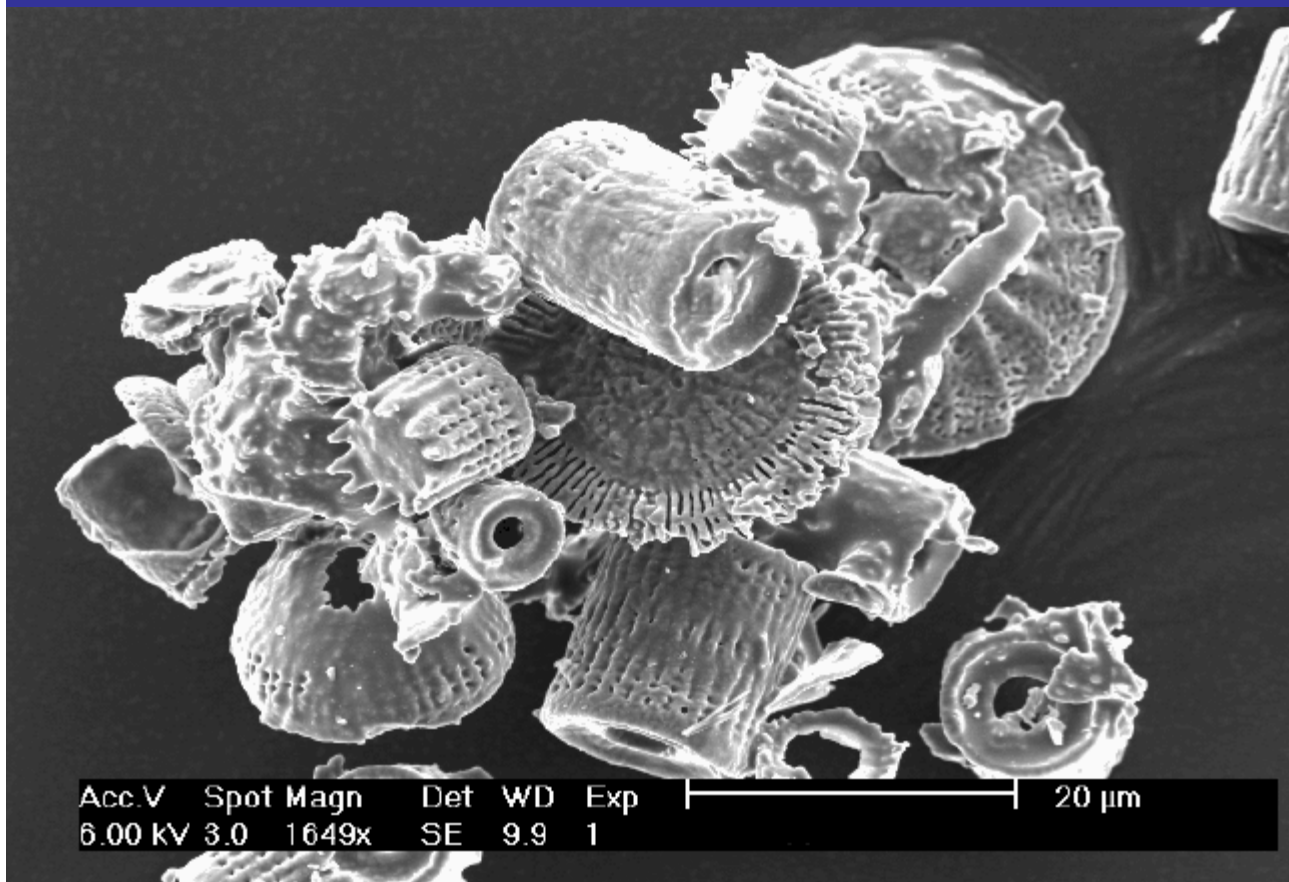
White sheet on bed



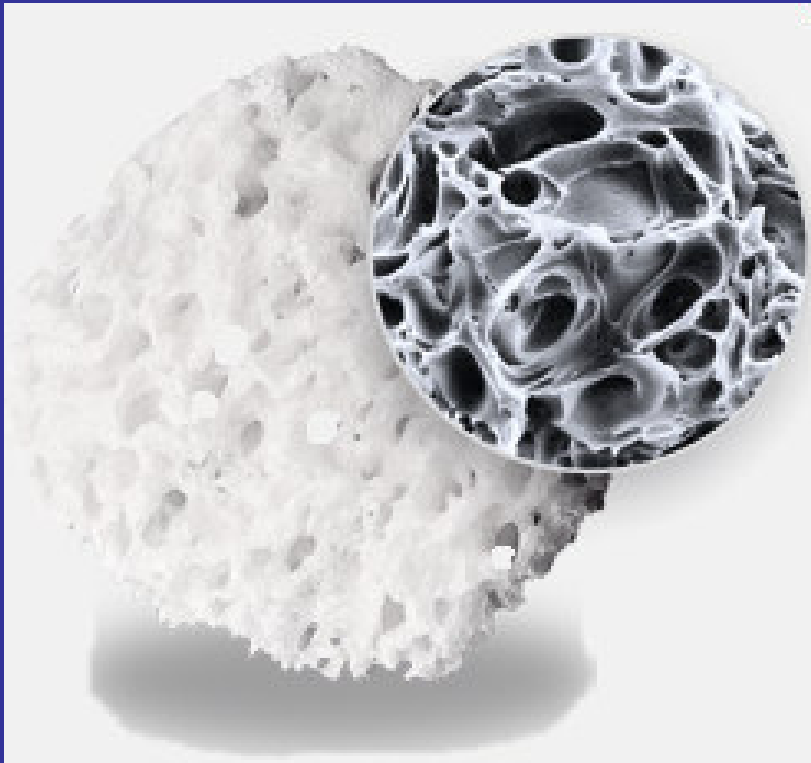
Bed bugs in refrigerator

## Diatomaceous earth

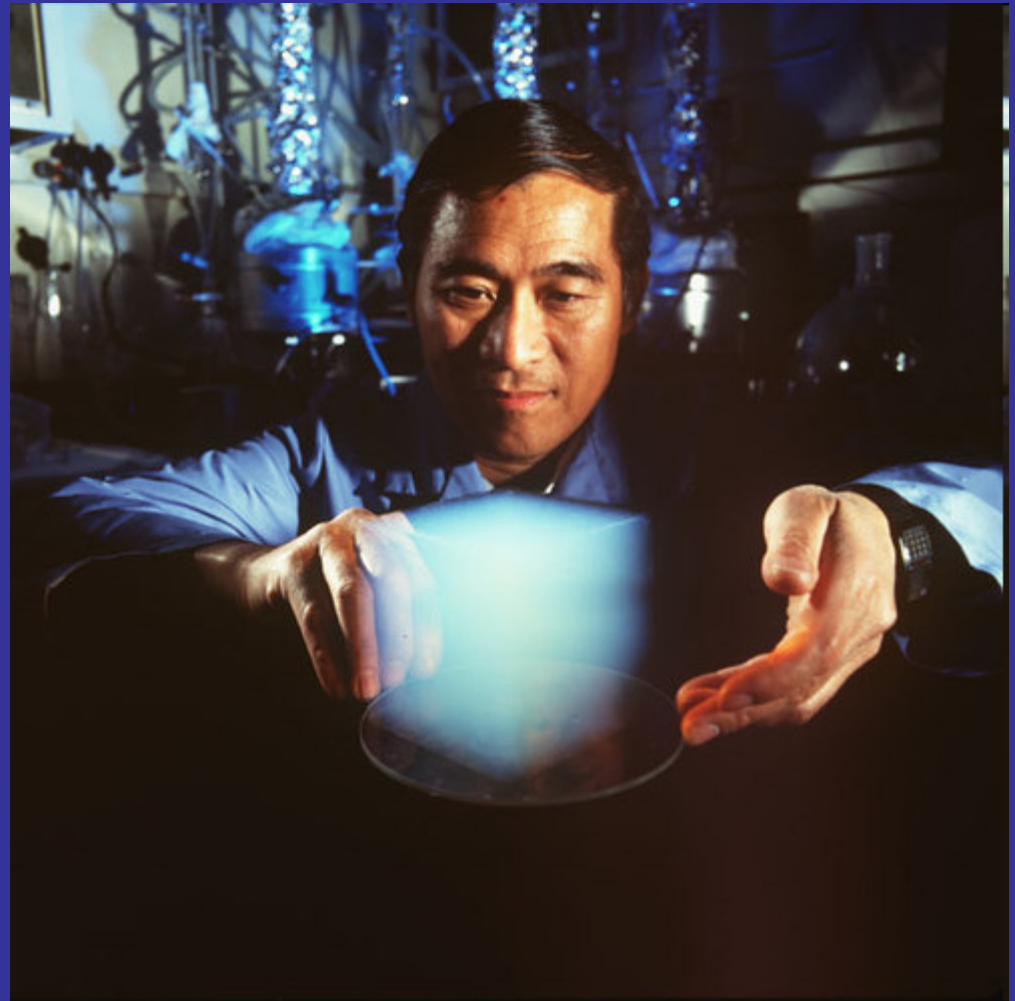
Similar in principle to silica aerogel  
May contain some crystalline silica  
(risk of silicosis if inhaled)







W. R. Grace



Surface area can reach  $300 \text{ m}^2$  per gram

(Ebeling, W. 1971. Annu. Rev. Entomol.)



Pure silica gel dust is  
now available

Least risk to humans

Suitable for DIY

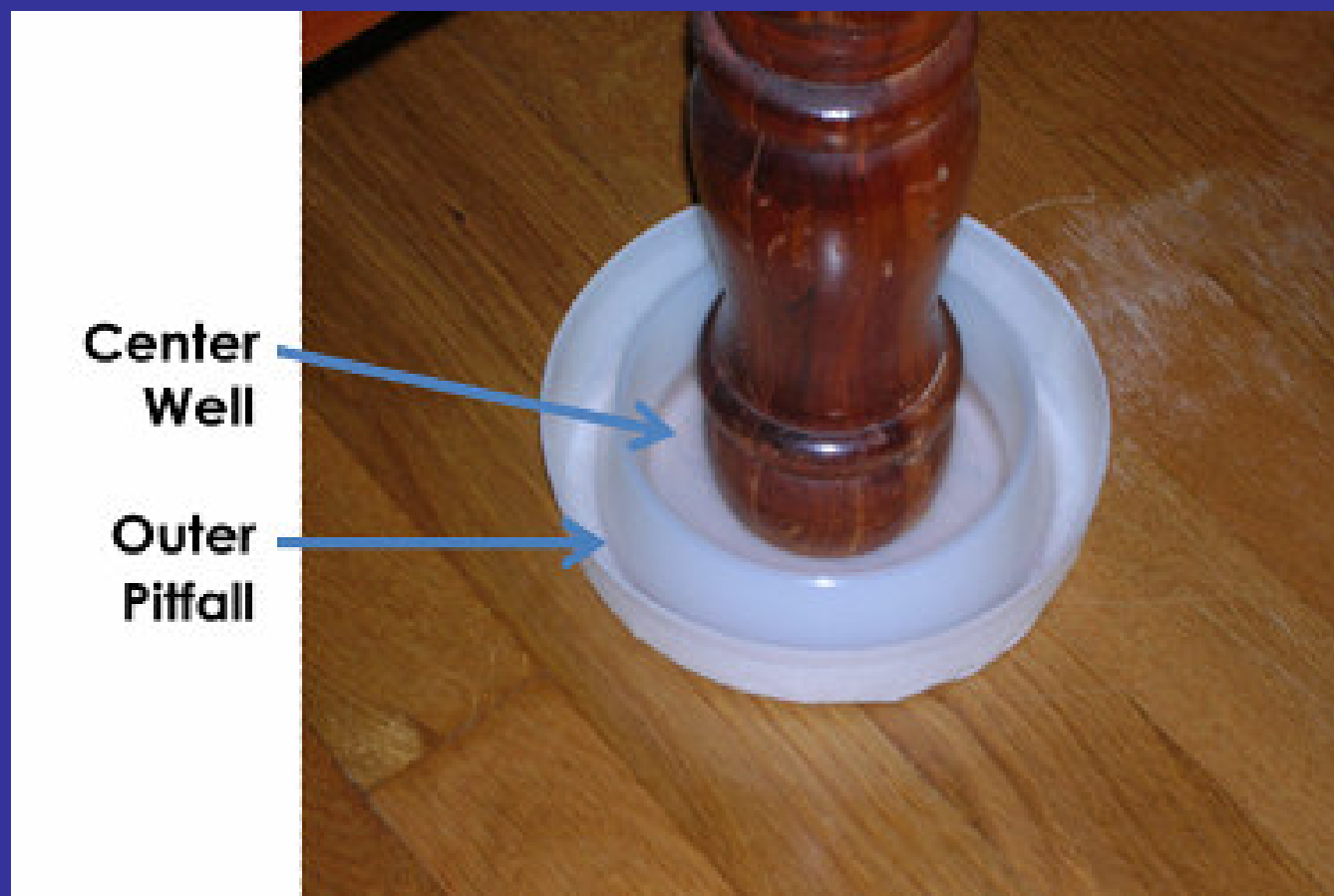


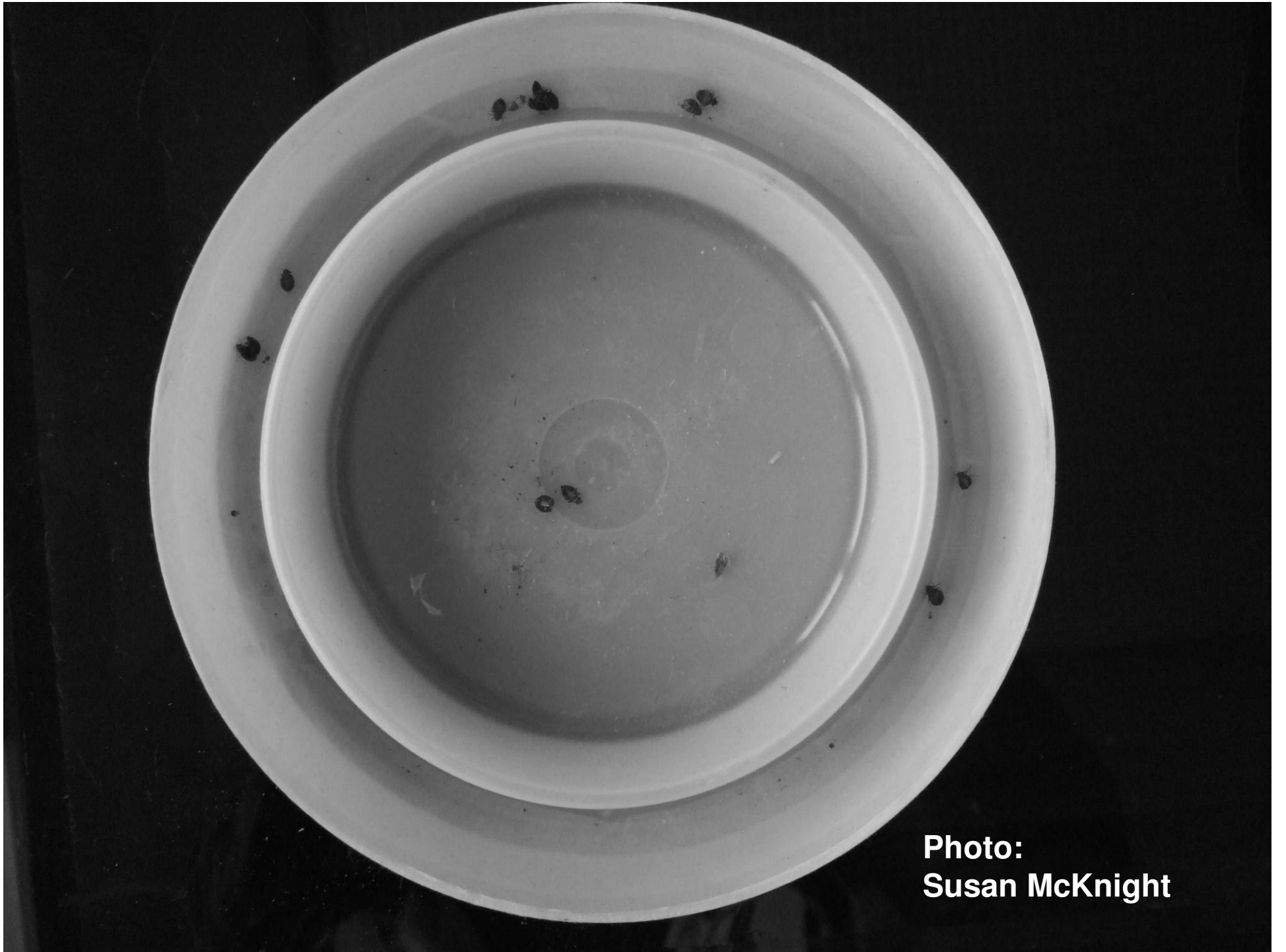
Putting it all together:  
practical management for infestations

How dusts may be used /  
The sleeping human as bait

# Susan McKnight's Invention

## “CLIMBUP Insect Interceptor”





**Photo:**  
**Susan McKnight**

## Exclusion from bedding

Covers for box springs and mattresses can isolate bed bugs so that they cannot escape from within, and will eventually starve.





## Best practices to get rid of bed bugs:

Don't spray pyrethroids!

Use dusts as crack/crevice treatment

Use interceptor traps

Enclose mattress/box springs with cover

Prevent contact of bed clothes with floor