

2016-17 DCF Program Report Card: Early Childhood Consultation Partnership (Advanced Behavioral Health, Inc.)

Quality of Life Result: All Connecticut’s children live in stable environments, are safe, healthy, and ready to lead successful lives.

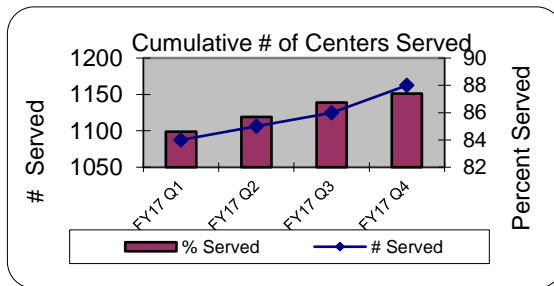
Contribution to the Result: ECCP® is the only Early Childhood Mental Health Consultation (ECMHC) program in the country that is proven effective.

Connecticut’s statewide ECCP® has participated in three Randomized Controlled Trial (RCT) evaluations (2007 & 2010 Walter Gilliam, PhD of Yale Child Study), yielding significant and meaningful impacts upon children served-demonstrating the program’s effectiveness. The results have been published in “The Journal of the American Academy of Child & Adolescent Psychiatry,” (September 2016). Additionally, ECCP has participated in one pilot Infant Toddler RCT, demonstrating positive outcomes.

Partners: Advanced Behavioral Health; Dept. of Children and Families; Office of Early Childhood; Community Behavioral Health & Early Care and Education

How Much Did We Do?

% of unduplicated early care and education centers receiving ECCP services since 2002.



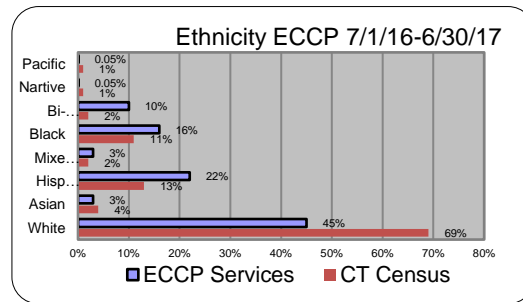
Story behind the baseline:

There are 1,314 centers in Connecticut that are eligible (serving children age's birth to five) for ECCP services. The graph shows unduplicated centers served since 2002 and shows these cumulatively over the last 4 reporting quarters. As of June 30, 2017, ECCP has served 1151. This is 12 additional centers not previously served in the last 14 years. To date ECCP has served approximately 88% of all of Connecticut’s eligible early care and education centers.

Trend: ▲

How Much Did We Do?

% ECCP Served Based on Ethnicity Compare to 2013 Census



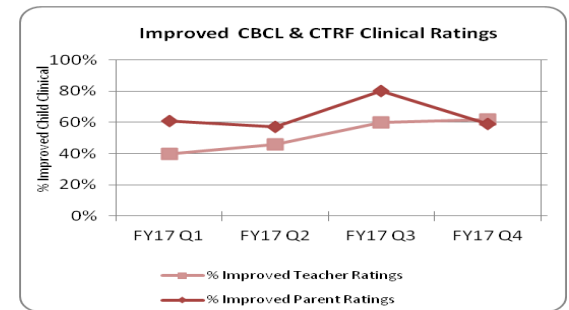
Story behind the baseline:

The graph compares ECCP services delivered from 7/1/16 to 6/30/17 by ethnicity, to the ethnic breakdown in CT based on the 2013 census. The graph represents ECCP’s statewide presence, while also demonstrating ECCP’s work in prioritizing supports for children of color who may be more likely to have been suspended or expelled. ECCP is a statewide program that provides universal access to any child birth to five in the state. It is an evidence based model with proven effectiveness in reducing challenging behaviors that typically lead to suspension or expulsion. ECCP seeks to reduce racial/ethnic disparities by supporting that all young children have the opportunity to remain in high quality early care or education settings, especially those children who need it most.

Trend: ◀▶ Flat/Stable

How Well Did We Do It?

% Improved Parent and Teacher Clinical Child Ratings



Story behind the baseline:

Clinical treatment is often based on the findings of the Child Behavior Checklist (CBCL). Within ECCP over the **last 4 reporting quarters** 114 of 311 of children have pre-test scores within the clinical-borderline range of the CBCL. While ECCP is a prevention program, it is evident that parental pre-test ratings of clinical symptoms indicate a high number of children scored within the clinical –borderline clinical range on the CBCL. In spite of the severity of their scores, ECCP has helped to **improve ratings on average by 66%** over this reporting period.

Teacher reports of changes in children’s behavior are measured by pre/post administration of the Child Teacher Report Form (CTR-F). Based on teacher ratings, 246 of 315 (78%) of the children screened within the ECCP services were found to score within the clinical & borderline clinical range at the pretest. As demonstrated over the **last 4 reporting Quarters** ECCP has helped to **improve ratings by 57%** (139 of 246),

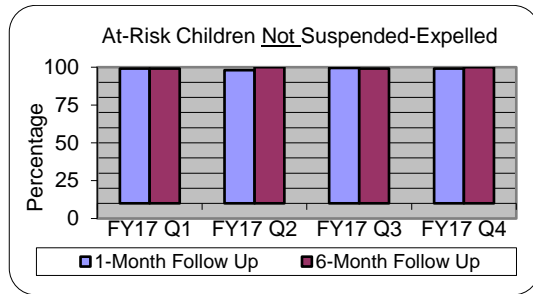
Trend: ▲

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Is Anyone Better Off?

% of children not suspended or expelled following ECCP



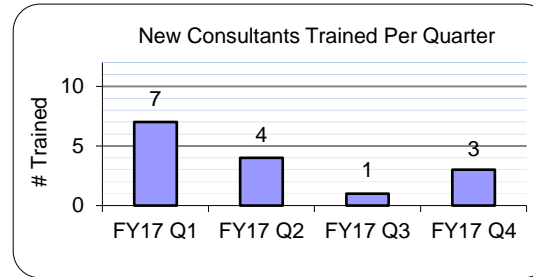
Story behind the baseline:

Children are referred to ECCP because they are at risk of suspension-expulsion. ECCP provides services to this 1%-subgroup of children likely to be suspended or expelled and within this at risk population - At 1 month follow-up, an ave. of 99% Q4 and; 99.2% (across 4 Quarters 7.1.16 to 6.30.17) of children who received ECCP services were **not** suspended or expelled from their early care and education setting. At 6 month follow-up, an average of 100% Q4 and; 99.9% (across 4 Quarters-7.1.16 to 6.30.17) were not suspended or expelled. The chart above represents a breakdown of percentages by Reporting Quarter over the last 4 quarters where 1 and 6 month follow up data were available.

Trend: ◀▶ Flat/Stable

Is Anyone Better Off?

ECCP prepares master's level professionals to enter the Early Childhood Mental Health Consultation workforce.



Story behind the baseline:

Early Childhood Mental Health Consultation (ECMHC) is an emerging field. Currently there are no formal higher education programs that prepare professionals for the role of an ECMHC.

ECCP® has developed a training curriculum to prepare professionals for their role as an ECMH consultant. The training curriculum is competency based and includes

“ECMHC Delivery Strategies” that are effectively implemented across the statewide ECCP® program. ECCP provides program model training which serves to enhance fidelity to the ECCP® evidence based model of ECMHC. During this last quarter 3 ECCP Consultants participated in the ECCP training program, in preparation for the quality delivery of the evidence based Early Childhood Mental Health Consultation (ECMHC) services which brings the total consultants to 18

ECCP® provides an intensive training program to develop the workforce for the statewide ECCP® consultation program. Decrease in training c/o ECCP workforce has stabilized since the ECCP expansion with additional OEC contract.

Trend: ◀▶ Flat/ No Trend

Proposed Actions to Turn the Curve:

ECCP is the only Early Childhood Mental Health Consultation program in the country that is proven effective. 2007 & 2010 Walter Gilliam of Yale Child Study conducted 3 rigorous, randomized-controlled trial evaluations of ECCP. Results demonstrated statistically significant and meaningful decreases in teacher-rated externalizing or acting-out behavior problems in the classroom, as a result of ECCP services.

Action: ECCP has submitted an application to become registered as an Evidenced Based Model in the National Data Base of Evidence Based Programs in “What Works Clearing House,” currently the status is pending. Additionally, ECCP is applying to SAMSHA.

2015 ECCP has been selected to join the National Expert Workgroup of the Center of Excellence for Infant and Early Childhood Mental Health Consultation, - SAMHSA and HRSA and ACF.

Action: ECCP is a lead contributor, in the development of a set of National Early Childhood Mental Health Consultation Competencies, and is a lead contributor to a set of training domains that will prepare ECMH consultants across the country. ECCP will support other states in the development of high quality Early Childhood Mental Health Consultation programs.

Data Development Agenda:

ECCP will provide continuous quality improvements to the ECCP Model, assuring model fidelity features are closely monitored and feedback loops within the data system are utilized to inform best practices based on the evolving needs of young children and their caregivers. Additionally, ECCP will continue to enhance the new data driven performance measures ensuring each ECCP Consultant is providing high quality Early Childhood Mental Health Consultation services.