

# ADOLESCENT COMMUNITY REINFORCEMENT APPROACH ASSERTIVE CONTINUING CARE (ACRA-ACC)

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ACRA-ACC is an evidence-based adolescent substance use treatment model which is delivered in a clinic, community, or home based setting to treat the unique needs of adolescents using substances.

## Target Population

ACRA-ACC is available to adolescents between the ages of 12-17 years, who meet both of the following admission criteria:

- has an identified substance use issue
- meets the American Society of Addiction Medicine (ASAM) criteria for an Outpatient level of care.

Eighteen (18) year olds may be admitted if they meet the exceptions criteria of living at home with their parents and/or caregivers, in addition to meeting the admission criteria above.

## Referral and Service Initiation

Referrals are accepted from any source such as: the adolescent, a parent/caregiver, DCF, school, probation/court, police or community provider.

## Caseload and Length of Service

Caseload = 12 per therapist

Length of service = 6 months

## Crisis Response

The Contractors are expected to have in place a provision for on-call/after hour coverage.

## Services and Interventions

### EVALUATION

All adolescents referred to ACRA-ACC will receive a comprehensive evaluation, which will result in the formulation of a *DSM 5* diagnosis and an individualized treatment plan.

### ADOLESCENT COMMUNITY REINFORCEMENT APPROACH

ACRA's behavioral therapy uses social, recreational, familial, school or vocational reinforcers, and skill training so that non-substance using behaviors are rewarded and can replace substance use behavior. It uses a positive, non-confrontational approach, while emphasizing engagement in positive social activity, peer relationships, and improved family relationships. The intervention consists of a menu of nineteen procedures that are used and re-used as needed throughout the client's ACRA and ACC episodes. There are 3 types of ACRA sessions: adolescents alone, parents/caregivers alone, and adolescents and parents/caregivers together.

### ASSERTIVE CONTINUING CARE

ACC is designed to follow a primary episode of treatment to help sustain recovery and uses ACRA procedures to structure sessions. In ACC, additional emphasis is placed on helping the adolescent follow-through with needed education/GED services, juvenile justice compliance, accessing healthcare, and other programs-social activities. ACC includes case management services and is delivered in the home and community setting.

### DRUG TESTING

Drug tests are completed during the evaluation and randomly throughout treatment, at least monthly.

## Reporting Expectations

- The Contractor will submit individual, client level data to the Department's PIE System or other system as required by the Department.
- The Contractor will submit data to the ACRA-ACC model developers and GAIN ABS, consistent with the requirements of the quality assurance process.
- The Contractor will provide written and verbal monthly progress reports to the referral sources concerning the youth they referred.