



Public Transportation				
Organization	Program Name	Service Description	Contact number	Website
Alex Lowery	Difficulty with public transportation	Article titled "10 reasons why autistics may find getting public transport 'independently' hard"	n/a	<a href="https://www.alexlowery.co.uk/10-reasons-why-autistics-may-find-getting-public-transport-independently-hard/">https://www.alexlowery.co.uk/10-reasons-why-autistics-may-find-getting-public-transport-independently-hard/</a>
Ambitious About Autism	public transportation literature	Article titled "Using public transport: Helping your child get to grips with getting around"	n/a	<a href="https://www.ambitiousaboutautism.org.uk/understanding-autism/out-and-about/using-public-transport">https://www.ambitiousaboutautism.org.uk/understanding-autism/out-and-about/using-public-transport</a>
Car Autism RoadMap	Traveling literature	Article titled "Getting Around: It's A Matter of Independence"	267-426-7540 or 1-866-570-6524	<a href="https://www.carautismroadmap.org/getting-around-its-a-matter-of-independence/">https://www.carautismroadmap.org/getting-around-its-a-matter-of-independence/</a>
CT rides	Commuter Assistance	CTrides is a free program that helps commuters find the best way to get to work or school. We provide resources for choice commuting options throughout Connecticut, including bus, rail, carpools, vanpools, biking, walking, and teleworking	1-877-287-4337	<a href="https://ctrides.com/">https://ctrides.com/</a>
State of Connecticut Department of Transportation	paratransit/ADA Bus Services	Mandated by the Americans with Disabilities Act (ADA) of 1990, paratransit van services are provided in all areas with local fixed route bus services for people who can't use the local bus system due to their disability.	860-594-2000	<a href="https://www.ct.gov/dot/cwp/view.asp?a=1386&amp;q=305316">https://www.ct.gov/dot/cwp/view.asp?a=1386&amp;q=305316</a>
State of Connecticut Department of Transportation	Public Transportation Resources	CTDOT supports a variety of alternatives to driving alone, including express and local buses, three rail lines and other services to reduce traffic congestion and improve mobility in Connecticut and throughout the region. Information about these services and options is available through CTDOT's CTrides program at <a href="http://www.CTrides.com">www.CTrides.com</a> or 1-877-CTRIDES (1-877-287-4337).	860-594-2000	<a href="https://www.ct.gov/dot/cwp/view.asp?a=1386&amp;q=259356&amp;dotPNavCtr= #40587">https://www.ct.gov/dot/cwp/view.asp?a=1386&amp;q=259356&amp;dotPNavCtr= #40587</a>

<b>The Arc</b>	public transportation	Article titled "Using Public Transportation"	1-855-828-8476	<a href="https://autismnow.org/in-the-community/transportation/">https://autismnow.org/in-the-community/transportation/</a>
<b>The Kennedy Center</b>	Independent travel	A curriculum developed by The Kennedy Center to teach young adults on the spectrum to travel independently. The curriculum is titled "A Chance to Ride: Introducing Young Adults w/ Autism to Independent Travel"	203-365-8522	<a href="https://www.thekennedycenterinc.org/what-we-do/programs-services/mobility-services/publications-resources.html">https://www.thekennedycenterinc.org/what-we-do/programs-services/mobility-services/publications-resources.html</a>
<b>The Kennedy Center</b>	Travel Training	Offers a travel training program which is individualized to meet the needs of individuals with cognitive, sensory, and physical disabilities	203-365-8522	<a href="https://www.thekennedycenterinc.org/what-we-do/programs-services/mobility-services/travel-training.html">https://www.thekennedycenterinc.org/what-we-do/programs-services/mobility-services/travel-training.html</a>

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