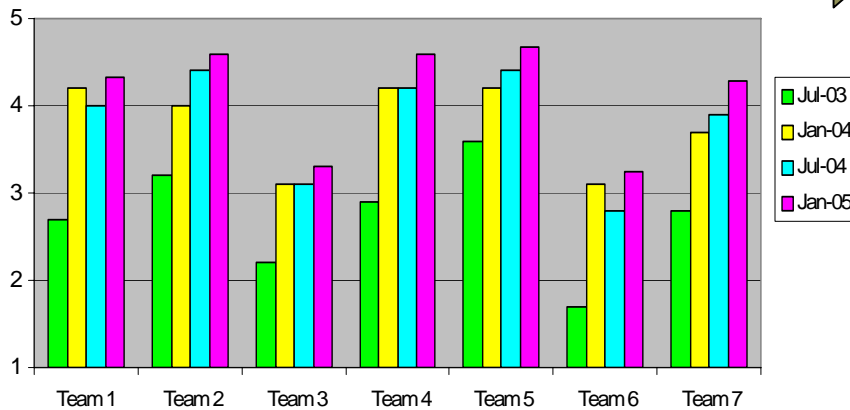


Integrated Dual Disorder Treatment (IDDT)

“Dual disorders” denotes the co-occurrence of substance use disorders and severe mental illness and occurs in about 50% of individuals with severe mental illness. It is associated with a variety of negative outcomes including higher rates of relapse, violence, hospitalizations, homelessness, and incarcerations. In 2002, the DMHAS Southeastern Mental Health Authority (SMHA) began implementation of an evidence-based practice, the New Hampshire-Dartmouth Integrated Dual Disorder Treatment (IDDT) Model, in an effort to assist people to learn to manage both disorders more successfully and enable them to pursue a more meaningful, quality life.

**Southeastern Mental Health Authority
 Overall Program Fidelity Ratings**



Four (4) Fidelity Assessments have been conducted across SMHA programs and the teams are demonstrating improved fidelity to the IDDT model. Base-line fidelity measures have been completed at several of the Southeastern Mental Health Network contract agencies.



NEXT STEP



An IDDT Outcome Collection Tool and a database for data collection have been developed.

★ How are results being achieved? ★

- ✓ Work plan implementation monitored by IDDT Steering Committee.
- ✓ Significant training: Orientation to the Model for 140 staff, Intensive IDDT training for 61 staff, Psychopharmacology Interventions in the Treatment of Dual Disorders, Introduction to Motivational Interviewing, Intensive Motivational Interviewing, Introduction to Harm Reduction.
- ✓ Peer consultation/supervision group with a facilitator from the West Institute, New Hampshire-Dartmouth Psychiatric Research Center sustains the practice.
- ✓ Standardized tools better assess drug/alcohol use of individuals served (Clinician Rating Scale) and provide improved treatment matching (Substance Abuse Treatment Scale).
- ✓ Assertive Community Treatment (ACT) team development includes addition of substance abuse counselors and enhances multi-disciplinary integrated, multi-disciplinary approach.
- ✓ Time unlimited, stage-specific groups address dual disorders include Persuasion, Active Treatment and Relapse Prevention groups.
- ✓ Pre-engagement and engagement work with people who have active substance use disorders.
- ✓ Increased family involvement in recovery planning.

For more information on the IDDT model and its implementation at SMHA, please contact Rick Callahan at **860 859-4526** or Rick.Callahan@po.state.ct.us

To view previous issues visit <http://www.dmhas.state.ct.us/infobriefs/index.htm>