

# OFFICE OF WORKFORCE DEVELOPMENT

We will be offering the following health education trainings on site at your facility. These classes will be available by appointment.

## **CLINICAL PROVIDER EDUCATION ON HYPERTENSION: LEADING CLIENTS TO BETTER OUTCOMES**

This class will present an overview of HTN in relation to our client population. We will explore strategies for client counseling and education to achieve positive outcomes. Participants will be provided the tools needed to recognize and refer patients for needed care related to hypertension. Staff will learn proper blood pressure monitoring techniques and its significance, leading to better patient care.

## **PREVENTING SEXUALLY TRANSMITTED INFECTIONS IN CLIENTS WITH MENTAL HEALTH CONDITIONS**

People with mental health conditions are at an increased risk of contracting an STI. Research shows that client education and counseling promote a dramatic decrease in infection and reinfection rates. Direct care staff will be presented an overview of the most common STI's. We will discuss how to inform and counsel clients on safe sexual practices and to make appropriate referrals.

***These classes have been approved for 2 CEC hrs in social work and psychology.***

FOR SCHEDULING PLEASE CONTACT ANTHONY CRETELLA AT  
[ANTHONY.CRETELLA@CT.GOV](mailto:ANTHONY.CRETELLA@CT.GOV) OR BY PHONE AT (860) 262-5065