

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: 211 Info Line**

*Description:*

This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is provided on the department's e-mail system. In addition, 211 CD ROMs were provided to staff who do not have e-mail and who work with offenders who are close to discharge.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: 40+ and Beautiful**

*Description:*

This group is to empower women by increasing their knowledge base, by knowing and understanding who they are physically, mentally, socially, financially & spiritually.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services, Safe Passage*

*Types:*

*Health Education*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

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**RT Program Code: N/A, Compendium Program: Adaptive Functioning**

*Description:*

This program is facilitated as a process type group in which offenders focus on the development of more adaptive behavior to the world around him. Discussion of current events and institutional topics are the primary context.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Addiction Services - Assessment & Orientation Program**

*Description:*

The Assessment and Orientation Program consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

*Facilities:*

*MANSON YI, WALKER BUILDING, YORK CI*

*Auspices:*

*Addiction Services*

*Types:*

*Addiction, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Addiction Services Integrated Care for Women with Co-Occurring Program**

*Description:*

This Integrated Care for Women/Co-Occurring Program provides treatment for inmates who have a psychiatric disorder in combination with a substance abuse disorder. This program is eight weeks in duration and covers motivational enhancement therapy , cognitive behavioral therapy and is supported by specially designed 12 step meeting.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Adjustment Disorders Group**

*Description:*

This 12 week cognitive behavioral therapy program is designed to address many of the difficulties inmate's experience when initially adjusting to incarceration. The program presents a pragmatic approach with an emphasis on development of appropriate coping skills.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

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**RT Program Code: N/A, Compendium Program: Adjustment to Prison**

*Description:*

The Adjustment Treatment Track is made up of two sections. The Adjustment to Prison section uses a psychoeducational cognitive-behavioral approach and consists of twelve sessions with topics such as "Setting Goals", "Anger Management", "Relationships", and "Exercise & Mental Health". The target populations for this group include individuals with an extended sentence and those for whom this is a first-time incarceration. The sessions are about one hour each and are typically given one to two times a week. <br>

*Facilities:*

GARNER CI

*Auspices:*

All Facility Staff

*Types:*

Mental Health, Self Improvement, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Administrative Segregation - A Better Way**

*Description:*

This discussion based video series looks at life changing behaviors. The ideas addressed include responsibility, decision making, changes, overcoming fear, and dealing with discouragement. In addition, a look at what behaviors can lead into and out of the incarceration cycle is delved into.

*Facilities:*

NORTHERN CI

*Auspices:*

All Facility Staff

*Types:*

Administrative Segregation, Self Improvement

*Program Status:*

Active Program Category Level:1

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Administrative Segregation Substance Abuse Treatment**

*Description:*

Offenders attend an educational group focusing on substance abuse, relapse prevention, stress and negative emotions. The group meets weekly for ten sessions.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services

*Types:*

Addiction, Administrative Segregation

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Administrative Segregation: Bridge Group**

*Description:*

This class is a component of the Administrative Segregation program. It is designed to (1) review all the concepts taught in the previous classes; (2) afford an opportunity for senior management in the facility to interact with inmates and evaluate program progress; (3) help inmates think about and plan the next step in the three-phase A.S. program.

*Facilities:*

NORTHERN CI

*Auspices:*

All Facility Staff

*Types:*

Administrative Segregation

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Administrative Segregation: Controlling your Anger**

*Description:*

This is the second in a series of groups used in the Administrative Segregation (A.S.) Program. An essential capacity these inmates need to develop is to be able to deal with angry feelings without resorting to violence. This class is designed to help change thinking and attitudes which promote violence and to develop skills to deal with anger without violence.

*Facilities:*

NORTHERN CI

*Auspices:*

All Facility Staff

*Types:*

Administrative Segregation, Anger Management

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Administrative Segregation: How to Deal With Your Problems and How to Do Your Bid**

*Description:*

This is a group designed for inmates on Administrative Segregation status. One of the problems which many inmates have in general, and A.S. inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape that shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

*Facilities:*

NORTHERN CI

*Auspices:*

All Facility Staff

*Types:*

Administrative Segregation

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Administrative Segregation: Orientation and Communication**

*Description:*

This is one in a series of classes offered to inmates in the Administrative Segregation Phase Program. Research into causes of violence among inmates reveals that frequently there is a breakdown in communication or poor communication skills. This group is designed to assist inmates in improving communication skills.

*Facilities:*

*NORTHERN CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Administrative Segregation*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Administrative Segregation: Relapse Prevention**

*Description:*

This is one of the classes in the Administrative Segregation (A.S.) program. Inmates are placed on A.S. status due to serious behavioral problems such as assaulting staff or other inmates. As the inmates' behavior improves in the program, they enter this class, Relapse Prevention. This class is designed to help inmates understand and avoid relapse.

*Facilities:*

*NORTHERN CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Administrative Segregation*

*Program Status:*

*Active Program Category Level:1*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

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**RT Program Code: N/A, Compendium Program: Adult Basic Education (ABE)**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Academic Education*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: AIDS Awareness Group**

*Description:*

This is a peer education program that allows inmates to discuss issues associated with HIV. Health Services staff who lead the program provide accurate information regarding all aspects of HIV.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Health Services*

*Types:*

*Health Education*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: AI-Anon**

*Description:*

This is a self-help support group for friends and family members of alcoholic or problem drinkers. Discussions primarily focus on problematic behaviors exhibited by the alcoholic, helping the attendees develop coping strategies. This on-going evening group is offered weekly.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services, Volunteer Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Alcoholics Anonymous**

*Description:*

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

*Facilities:*

BRIDGEPORT CC, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIANTIC ANNEX, WALKER BUILDING

*Auspices:*

Addiction Services, Volunteer Services

*Types:*

Addiction, Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Alcoholics Anonymous - Spanish**

*Description:*

This program is conducted in Spanish. Alcoholics Anonymous is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings are held on a weekly basis. Addiction Services staff coordinate the meetings and provide oversight for the program.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Alcoholics Anonymous , Conducted in English**

*Description:*

This program is conducted in English. Alcoholics Anonymous is a Fellowship self help group for women who provide mutual support in obtaining and maintaining alcohol free lifestyle while also helping others to recover from alcohol addiction. Meetings are held on weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services

*Types:*

Female, Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Alternatives to Violence (AVP):**

*Description:*

Certified AVP volunteers lead basic, intermediate and advanced workshops to teach inmates to understand and to control anger, and how to cope with violence in their lives. Inmates are provided certificates of completion for each workshop level. Those completing AVP workshops become eligible to serve as group facilitators.

*Facilities:*

MACDOUGALL CI, OSBORN CI, YORK CI

*Auspices:*

Volunteer Services

*Types:*

Anger Management, Self Improvement

*Program Status:*

Active Program Category Level:2

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**RT Program Code: 26, Compendium Program: Anger Management**

*Description:*

This program is designed to help offenders better manage their anger. Topics in this program include but are not limited to how to redirect anger to a less aggressive and more controlled response, cognitive skill building, and relaxation techniques.

*Facilities:*

MANSON YI, NIAANTIC ANNEX

*Auspices:*

Health Services

*Types:*

Anger Management, Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

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**RT Program Code: N/A, Compendium Program: Anger Management - Evidenced Based**

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program.

*Facilities:*

*BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI*

*Auspices:*

*Programs & Treatment Unit, All Facility Staff*

*Types:*

*Anger Management, Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Anger Management - Evidenced Based - Youth Specific**

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders. In addition, an assessment tool to ensure program fidelity audits this program.

*Facilities:*

*MANSON YI*

*Auspices:*

*All Facility Staff*

*Types:*

*Anger Management, Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:1*

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**PROGRAMS & TREATMENT UNIT**

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**RT Program Code: 0, Compendium Program: Anger Management-Mental Health**

*Description:*

Anger Management in the Mental Health Unit is a 15 session program developed for lower functioning inmates who cannot successfully participate in the facility based Anger Management Group. The Anger Management in Mental Health includes curriculum modules such as defining anger, facts about anger, causes of anger, techniques to cope with anger, the costs of anger, how to manage anger, problem solving and coping with feelings underneath anger.

*Facilities:*

OSBORN CI

*Auspices:*

Mental Health

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Arabic Language**

*Description:*

This is an introduction to the Arabic language. It is designed to teach the Arabic alphabet and basic everyday words. This will also include an introduction to Arabic writing.

*Facilities:*

BROOKLYN CI, CORRIGAN CI, ENFIELD CI, MACDOUGALL CI, RADGOWSKI CI

*Auspices:*

Religious Services

*Types:*

Religious, Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

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**RT Program Code: 0, Compendium Program: Armed Services Trauma Group**

*Description:*

This group is offered to confirmed armed service members who have experienced some trauma in their life. The traumatic event could be pre/post military as well as taking place during their military time. This group is a psycho-educational skill building group with a goal of having individuals explore how their trauma exposure can be impacting current life events.

*Facilities:*

OSBORN CI

*Auspices:*

Programming Unit - Facility Staff

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Art Therapy Group**

*Description:*

This group is designed to allow offenders the opportunity to express themselves through art in a therapeutic and structured environment. It allows offenders with no developed skills the opportunity to creatively express themselves by using basic art forms (drawing, painting, coloring & tracing).

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

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**RT Program Code: N/A, Compendium Program: Artists In Residence**

*Description:*

Accomplished artists provide inmates with an introduction to the basic principles of fine art. Volunteer Artists-In-Residence within correctional institutions bring art behind bars and serve to broaden inmates' abilities to express themselves by developing talents or skills in drawing, painting, music and creative writing. Inmate artwork is collected annually by a Prison Art Program Curator from Hartford's Community Partners in Action (CPA) which operates this service solely through the support of grants from local foundations, corporations and the Connecticut Commission on the Arts. This art collection is arranged for exhibition in community spaces across the state. The CPA also publishes an annual journal of arts in correction serving to bring creative writing, poetry and visual art produced by inmates to the broader community.

*Facilities:*

*CYBULSKI CI, MACDOUGALL CI, OSBORN CI, WILLARD CI, YORK CI*

*Auspices:*

*Contracted Program, Volunteer Services*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Arts & Crafts**

*Description:*

This group is provided to inmates assigned to mental health housing units. This program allows inmates to exhibit and/or develop artistic talent in a structured and therapeutic environment. It also allows inmates with no developed talents the opportunity to creatively express themselves utilizing basic art forms (drawing, coloring, and tracing).

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Arts & Spirituality**

*Description:*

These courses enable women to explore their spirituality through a variety of artistic media, encouraging a whole mind, body and spirit experience in the worship of God.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Assertiveness Group**

*Description:*

This program is designed to assist offenders with gaining the ability to express their feelings, opinions, beliefs and needs directly, openly and honestly while not violating the personal rights of others. Offenders that participate in this program will improve communication skills, social interaction skills and learn appropriate ways to stand up for their rights while respecting the rights of others. They will also focus on solutions rather than problems and how to be respectful to the views of others.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

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**RT Program Code: N/A, Compendium Program: Band Program**

*Description:*

This program provides inmates of different musical backgrounds an opportunity to learn and create different styles of music. There are currently four bands and each band plays twice a week for an hour session. These bands occasionally perform for the inmate population during various monthly activities.

*Facilities:*

*BROOKLYN CI, ENFIELD CI, OSBORN CI*

*Auspices:*

*All Facility Staff, Recreation Services*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Baptism Preparation - Protestant**

*Description:*

A course of studies to prepare inmates for Baptism into the Christian community.

*Facilities:*

*NEW HAVEN CC*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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Connecticut Department of Correction

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*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Beginners and Advanced Art Programs**

*Description:*

This is a program developed to enable inmates with different artistic abilities. Although primarily pen, watercolor, and painting, this activity may be multidisciplinary (i.e., sculpture, dance, creative writing, or poetry). Exhibits of this artwork are promoted periodically.

*Facilities:*

*BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, OSBORN CI, WILLARD CI, YORK CI*

*Auspices:*

*Recreation Services, Volunteer Services*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Better Men's Group**

*Description:*

This psycho educational group is designed to assist offenders in skill acquisition around responsible living for offenders with mental illness

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 48, Compendium Program: Beyond Fear (English)**

*Description:*

This is an AIDS education program utilizing a curriculum, printed materials, and an educational video developed by the Department of Public Health. The program is delivered by a contracted outside agency, and funded through the Department of Public Health.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, MACDOUGALL CI, MANSON YI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI*

*Auspices:*

*All Facility Staff, Charlene Perkins Center - Facility Staff, Contracted Program, Health Services, Volunteer Services*

*Types:*

*Health Education, Self Improvement*

*Program Status:*

*Active Program Category Level:2*

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**RT Program Code: 49, Compendium Program: Beyond Fear (Spanish)**

*Description:*

This is an AIDS education program utilizing a curriculum, printed materials, and an educational video developed by the Department of Public Health. The program is delivered by a contracted outside agency, and funded through the Department of Public Health.

*Facilities:*

*MACDOUGALL CI*

*Auspices:*

*Contracted Program, Health Services*

*Types:*

*Health Education, Self Improvement*

*Program Status:*

*Active Program Category Level:2*

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**RT Program Code: N/A, Compendium Program: Book Club**

*Description:*

The Book club is designed to incorporate 10-12 offenders in a small reading/discussion group that reads, reviews and discusses critically acclaimed and diverse literature - both fiction and non-fiction. Eligibility for the program includes an interest in reading and compeancy demonstrated by a high school diploma or GED.

*Facilities:*

ROBINSON CI

*Auspices:*

Volunteer Services

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Book Club**

*Description:*

This group meets once a month to discuss the chosen book they have read. Much of the discussion spawns introspection and comparisons with real life situations where consequences of actions can be clarified.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff, Volunteer Services

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Books for Babies**

*Description:*

Through Read to Grow Organization this program provides a literacy packet to families with babies born at one of five hospitals. The goal is to promote early literacy by ensuring that every newborn receives a book and by encouraging parents to share books with their baby from birth. The supplies are delivered and we assemble the supplies creating these packages.

*Facilities:*

*YORK CI*

*Auspices:*

*Charlene Perkins Center - Facility Staff, Volunteer Services*

*Types:*

*Community Service*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: BI, Compendium Program: Braille Program-Cheshire**

*Description:*

The Braille Program enables inmates in Protective Custody to learn a new skill and to use that skill to help the blind people of Connecticut. The objective of this program is to train and form a pool of qualified Braille writers to provide support in a voluntary manner to the Connecticut Braille Association, to certify those Braille writers that complete the required training and to maintain such skills once obtained in order to provide them with marketable skills for the future.

*Facilities:*

*CHESHIRE CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Career Technical Education, Community Service, Re-Entry*

*Program Status:*

*Active Program Category Level:0*

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Connecticut Department of Correction

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**RT Program Code: BI, Compendium Program: Braille Program-Enfield**

*Description:*

The Braille Program enables qualified inmates (must have a G.E.D. or H.S.D.) to learn a new skill and to use that skill to help the blind people of Connecticut. The objective of this program is to train and form a pool of qualified Braille writers to provide support in a voluntary manner to the Connecticut Braille Association to certify those Braille writers that complete the required training and to maintain such skills for future use in the workplace.

*Facilities:*

ENFIELD CI

*Auspices:*

All Facility Staff

*Types:*

Community Service

*Program Status:*

Active Program Category Level:0

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**RT Program Code: N/A, Compendium Program: Bridges to Freedom**

*Description:*

This eight-week program is designed for offenders to examine various job opportunities and prepare for job readiness skills. They develop a resume and practice interview skills that culminate in a formal video taped interview.

*Facilities:*

RADGOWSKI CI

*Auspices:*

USD#1

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Bridging the Gap**

*Description:*

Alcoholics Anonymous is one of the most important self-help resources for alcoholic men and women. A very important first step for inmates being released into the community is attending the first meeting as soon as possible following release. Addiction Services staff in the institution utilize a toll-free telephone number to get information about the nearest AA meeting location, along with the name of a contact person. An AA member then will contact the inmate upon release and even provide transportation to a meeting.

*Facilities:*

*BROOKLYN CI, ENFIELD CI*

*Auspices:*

*Addiction Services, Volunteer Services*

*Types:*

*Addiction, Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Building a Ladder-MYI**

*Description:*

This program is designed for the inmate to understand the ladder they are climbing from responsibility, through self-awareness, experiences in life and future planning, changing the future, and finally to their children. It is designed to help participants understand how their actions effect not only their lives but also others around them.

*Facilities:*

*MANSON YI*

*Auspices:*

*All Facility Staff*

*Types:*

*Youth SRG*

*Program Status:*

*Active Program Category Level:*

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**RT Program Code: 96, Compendium Program: Building Social Networks**

*Description:*

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. This program focuses on offenders learning to build and strengthen their supports for re-entry into society. It concentrates on how to choose supportive social networks. This includes both family and friend interactions to enhance their successes upon discharge to society.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:2

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**RT Program Code: N/A, Compendium Program: Cage Your Rage**

*Description:*

This program teaches inmates about anger, teaches inmates how anger is different from aggression, and teaches inmates how to manage their anger without becoming aggressive. The program uses both a workbook and accompanying videos.

*Facilities:*

Unknown

*Auspices:*

All Facility Staff

*Types:*

Anger Management, Self Improvement

*Program Status:*

Active Program Category Level:

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: CALM-Controlling Anger & Learning to Manage it**

*Description:*

This evidenced informed 24-session curriculum is a training in skills to identify distorted thinking and anger management issues. It is designed to help offenders identify areas for behavioral change.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Anger Management, Mental Health

*Program Status:*

Active Program Category Level:2

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**RT Program Code: N/A, Compendium Program: Care to be Creative**

*Description:*

This group pairs creative ideas with educational materials to foster learning. This fun, relaxing atmosphere harbors such activities as games, art, movies, theater, and often incorporates different cultural music to promote relaxation and opportunities for learning. this group is open to inmates housed in the mental health unit.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Career Exploration Day**

*Description:*

This program teaches inmates about different vocations. Designed as an "in-house" activity, facility Vocational Instructors present information and samples about their programs to academic students. The majority of students participating have sentences of three years or more and are able to learn about different vocations.

*Facilities:*

MACDOUGALL CI

*Auspices:*

USD#1

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Catholic - Alpha Program**

*Description:*

The Alpha Program is a course in basic Christianity based upon Biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

*Facilities:*

BROOKLYN CI, CHESHIRE CI, MANSON YI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Catholic Bible Study**

*Description:*

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

*Facilities:*

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, Niantic Annex, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Catholic Bible Study (Spanish)**

*Description:*

This is the Catholic Bible Study held in Spanish.

*Facilities:*

BROOKLYN CI, OSBORN CI, YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Catholic Charismatic Prayer Hour**

*Description:*

This is a program of prayer and songs that helps inmates to withdraw from weekly stress and empowers their desire to change and grow personally

*Facilities:*

BRIDGEPORT CC

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Catholic Choir**

*Description:*

This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

*Facilities:*

CYBULSKI CI, GARNER CI, MACDOUGALL CI, OSBORN CI, WILLARD CI, YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Catholic Choir (Spanish)**

*Description:*

This is the Catholic Choir in Spanish.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Catholic Discussion Group**

*Description:*

Using various methodologies (e.g. video, music, current events, etc.). Inmates are encouraged to discuss Catholic moral approaches to a virtuous lifestyle free of crime and recidivism.

*Facilities:*

CHESHIRE CI, ENFIELD CI, MACDOUGALL CI, OSBORN CI, ROBINSON CI, WALKER BUILDING

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Catholic Faith Sharing**

*Description:*

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

*Facilities:*

*CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Catholic History Program**

*Description:*

A review of Catholic history from the first century to the modern world and how the church developed is done in the program. The influence of secular history and events are also reviewed to see how they impacted church developments. The course is based on the book - What every Catholic wants to know.- By Diane Moczar ISBN# 978-1-59276-3-2-3.

*Facilities:*

*ROBINSON CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Catholic Meditation**

*Description:*

This is the instruction and practice in the various methods of deep prayer from the ancient, catholic wisdom traditions. The goal of this is spiritual growth and therapeutic response insofar as anxiety disorders respond well to meditation/relaxation techniques.

*Facilities:*

*CYBULSKI CI, MACDOUGALL CI, WALKER BUILDING, WILLARD CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Catholic Meditation**

*Description:*

This program involves the instruction and practice in the various methods of deep prayer from the ancient Catholic wisdom traditions. The goal of this spiritual growth and therapeutic response insofar as anxiety disorders respond well to meditation/relaxation thoughts.

*Facilities:*

*ROBINSON CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Catholic Personal Growth Group**

*Description:*

Participants in this program will be focusing on developing a healthy spirituality using personal disciplines to develop self-awareness and to let go of destructive behaviors, attitudes, beliefs, values, to help reduce recidivism.

*Facilities:*

MANSON YI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Catholic Prayer**

*Description:*

Catholic Prayer enhances the spiritual life of the inmates by utilizing traditional forms of prayer, art, music and poetry.

*Facilities:*

HARTFORD CC

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Catholic Prayer and Healing Program**

*Description:*

A program of music, scriptural teaching and prayer that leads the inmate to an inner healing through self-examination, confronting personal weakness, changing lifestyles and in turn making positive moral and spiritual decisions.

*Facilities:*

OSBORN CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Catholic Rap Group**

*Description:*

This is a weekly informal discussion group that is open to current issues pertaining to the Catholic faith and heir practical application. A volunteer conducts this group.

*Facilities:*

ROBINSON CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Catholic Retreats**

*Description:*

Retreats: (e.g. Kairos, Emmaus, Life in the Spirit). Withdrawal from daily activities for a period of time for a program devoted to prayer, meditation, self-examination and decision making for one's spiritual life. It is hoped that this larger time-block will assist inmates in confronting issues that are not readily accessed in shorter time periods.

*Facilities:*

BROOKLYN CI, CORRIGAN CI, GARNER CI, MACDOUGALL CI, RADGOWSKI CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Catholic Video**

*Description:*

A weekly instructional video focused on the historical background of Catholic Christian history, prayer,tradition, culture and customs.

*Facilities:*

ROBINSON CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Catholic Worship Service**

*Description:*

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Worship Services*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Catholic Worship Service (Spanish)**

*Description:*

The weekly Catholic service is the mass (or a communion service when mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

*HARTFORD CC, OSBORN CI, YORK CI*

*Auspices:*

*Religious Services*

*Types:*

*Worship Services*

*Program Status:*

*Active Program Category Level:3*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: CCAR- CT. Community for Addiction Recovery**

*Description:*

Representatives from CCAR located in Willimantic, CT. present monthly to the offender population to educate them about their facilities. They offer telephone support programs and recovery center programming. Applications are accepted for processing prior to offender's release.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff, Contracted Program, Volunteer Services

*Types:*

Addiction, Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Certified Nurse's Aide Program**

*Description:*

The purpose of the C.N.A. program is to prepare students for entry level employment in a long-term care facility servicing geriatric patients. The 190-hour course is designed to teach basic-nursing skills used in patient care. Upon successful completion of the CNA program, the student qualifies to take the state exam for certification.

*Facilities:*

MACDOUGALL CI, YORK CI

*Auspices:*

All Facility Staff

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:1

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Change Group**

*Description:*

This is a weekly group meeting for eight months. It is structured in three phases. Phase One is devoted to the TARGET program, teaching coping skills for people with Post-Traumatic Stress Disorder. Phase Two introduces TREM, a gender specific program for women with trauma histories. Phase Three is mindfulness, teaching meditation/relaxation skills and promoting healing through inner direction, self-esteem and life purpose.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Female, Gender Responsive, Trauma Informed

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Childbirth Education**

*Description:*

Childbirth Education classes are held weekly to every pregnant woman at York CI. It is taught by a community volunteer who is a childbirth educator. The classes include education about labor, breathing, and exercise during pregnancy, nutrition, breast feeding, and postpartum concerns

*Facilities:*

YORK CI

*Auspices:*

Health Services, Volunteer Services

*Types:*

Health Education

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: CHOICES**

*Description:*

This program is designed to encourage youth to explore their personal attitudes, choices, behaviors, and consequences through oral presentations, discussions, role play, and facility tours. Inmates are afforded the opportunity to give back to the community by sharing their behaviors that led to incarceration.

*Facilities:*

*CHESHIRE CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Community Service, Self Improvement*

*Program Status:*

*Active Program Category Level:*

---

**RT Program Code: N/A, Compendium Program: Christian Calendar Bible Study - Protestant**

*Description:*

The study of Christian holy days according to the Bible and how they relate to and meet the spiritual needs of man today.

*Facilities:*

*BROOKLYN CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Christian Musical Program - (Protestant or Catholic)**

*Description:*

Volunteers offer religious music and Christian testimony to encourage and uplift inmates in their spiritual journey.

*Facilities:*

*BROOKLYN CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Christian Stewardship (Protestant)**

*Description:*

A bible based approach to using the resources God provides for a family with an emphasis on finances. Offenders learn how to save money, budget & plan for the future from a Christian perspective.

*Facilities:*

*ROBINSON CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Chronic Disciplinary Unit: Controlling Your Anger**

*Description:*

This is the second in a series of groups used in the Chronic Discipline Unit (CDU) Program. An essential capacity these inmates need to develop is to be able to deal with angry feelings without resorting to violence. This class is designed to help change thinking and attitudes which promote violence and to develop skills to deal with anger without violence.

*Facilities:*

MANSON YI, NORTHERN CI

*Auspices:*

All Facility Staff

*Types:*

Anger Management, CDU, Youth CDU

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Chronic Disciplinary Unit: How to Deal with Your Problems and How to Do Your Bid**

*Description:*

This is a group designed for inmates in the DOC's Chronic Disciplinary Unit. One of the problems that many inmates have in general, and restrictive housing inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape which shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

*Facilities:*

MANSON YI, NORTHERN CI

*Auspices:*

All Facility Staff

*Types:*

CDU, Youth CDU

*Program Status:*

Active Program Category Level:1

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Chronic Disciplinary Unit: Relapse Prevention**

*Description:*

This is one of several groups in the Chronic Discipline Program. In order to reach this class in the program the inmate has had to be behaving himself and interacting appropriately with other inmates and staff. This group is designed to help inmates examine the issues that might result in a relapse of the problematic behavior which resulted in their placement in Chronic Discipline, a very restrictive special housing program.

*Facilities:*

*NORTHERN CI*

*Auspices:*

*All Facility Staff*

*Types:*

*CDU*

*Program Status:*

*Active Program Category Level:1*

---

**RT Program Code: N/A, Compendium Program: Chronic Disciplinary Unit: Orientation and Communication**

*Description:*

This class is the first offered to inmates in the Chronic Disciplinary Unit. Research into causes of violence among inmates reveals that frequently there is a breakdown in communication or poor communication skills. This group is designed to assist inmates in improving communication skills.

*Facilities:*

*NORTHERN CI*

*Auspices:*

*All Facility Staff*

*Types:*

*CDU*

*Program Status:*

*Active Program Category Level:1*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Chrysalis**

*Description:*

A faith based program designed to reduce recidivism by decreasing a propensity for addiction and criminal behavior. The program will provide ties to faith communities and assist inmates in developing positive life directions, personal growth and responsibility. This twenty-six (26) week daily program will serve up to thirty-two (32) women. Participants will be assisted in discovering a life-style that is positive, healing and productive. This program will be presented under the auspice of the Religious Services Department.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: B3, Compendium Program: Coaching/Referee Leadership Training**

*Description:*

Any offender without disciplinary exclusion will be introduced to the fundamentals of coaching & guidelines for referees.

*Facilities:*

CENTRAL OFFICE

*Auspices:*

Recreation Services

*Types:*

Recreation

*Program Status:*

Active Program Category Level:0

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**RT Program Code: N/A, Compendium Program: Codependency**

*Description:*

The purpose of this group is to help participants understand behavioral problems leading to and during incarceration that are associated with a tendency for codependent relationships, i.e. chaotic relationships in which they are trying to "fix" someone else at their own expense. The group focuses on helping participants understand this pattern and replace it with healthier interpersonal functioning.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Cognitive Behavior Therapy**

*Description:*

This program teaches the offender to identify thoughts and how thoughts are tied to behavior. The Goals of CBT are to teach individuals appropriate coping skills, stress management techniques, affect regulation and other management tools. At York CI this group is only open to offenders in the Social Rehabilitation Program.

*Facilities:*

GARNER CI

*Auspices:*

Health Services, The Social Rehabilitation Program

*Types:*

Female, Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:2

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*Connecticut Department of Correction*

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**RT Program Code: N/A, Compendium Program: College Credit Programs**

*Description:*

College Credit opportunities are available through correspondence courses, independent study, credit by exam (CLEP and DSST), and in some cases, college classes are offered by local community colleges.

*Facilities:*

*BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Academic Education, Career Technical Education*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Color Your Life**

*Description:*

This is an open group in the SRP program that takes place on Mondays from 1:30-2:20 in the multi-purpose room of building 2 north. This group is a creative expression group dealing in topics that range from emotional regulation, anger-management, coping skills, self acceptance and development. The group utilizes the creative arts of music, drawing, movement and open discussion with clinic support. This is an ongoing group.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services, The Social Rehabilitation Program*

*Types:*

*Self Improvement, Social Rehabilitation*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

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**RT Program Code: N/A, Compendium Program: Communication Skills**

*Description:*

This group helps participants develop effective communication skills. Topics include verbal and nonverbal communication, active listening and managing conflicts. This group meets weekly for eight sessions and is offered to inmates housed in the restrictive housing unit.

*Facilities:*

*YORK CI*

*Auspices:*

*All Facility Staff, Health Services*

*Types:*

*Anger Management, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Communion Program - Catholic**

*Description:*

Para-Liturgical catholic service, during which scriptures are proclaimed, prayers are offered and an extraordinary minister of the Eucharist distributes Holy Communion.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

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**RT Program Code: N/A, Compendium Program: Community Awareness Group**

*Description:*

The group is designed to assist offenders in a more constructive use of leisure time. It covers three components - community awareness, interaction skills and community resources. The community resources section assists offenders in how to locate and utilize resources in the community.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health, Re-Entry, Social Rehabilitation*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Community Details**

*Description:*

In this program minimum security inmates who are determined eligible and suitable, work for local towns, the Connecticut Department of Transportation, or eligible non-profit organizations providing various maintenance tasks. In addition to providing a community service, the experience assists inmates in developing good work habits. The inmates are supervised by trained employees from the jurisdiction where they work.

*Facilities:*

*CYBULSKI CI, WILLARD CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Community Service, Community Work Group, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:*

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**RT Program Code: N/A, Compendium Program: Community Enhancement Project**

*Description:*

This program is designed to foster a positive relationship between the facility and the community by placing sentenced level 2 inmates in the community for the purpose of completing various work details and community beautification projects. This program serves a dual-purpose - that of providing assistance to the community while allowing incarcerated individuals to make a small contribution back to society.

*Facilities:*

BRIDGEPORT CC

*Auspices:*

All Facility Staff

*Types:*

Community Service, Community Work Group, Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Community Meeting**

*Description:*

This program is open to those offenders housed on the mental health unit. The program serves to set the tone for the days therapeutic activities and to organize the offender's tasks, which might include anything from housekeeping duties to peer support.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Female, Mental Health

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

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**RT Program Code: N/A, Compendium Program: Community Outreach Program**

*Description:*

This program provides assistance with Public Service projects for the state, local governments and non-profit organizations. Projects include general cleaning, painting, stripping and waxing floors, office work and outside grounds work.

*Facilities:*

*YORK CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Community Service, Community Work Group, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:*

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**RT Program Code: N/A, Compendium Program: Community Outreach Program Support (COPS)**

*Description:*

This program was developed at Osborn Correctional Institution. Groups of youth from schools and other organizations come into the prison. While visiting the prison they meet with staff and inmates. The program is designed to encourage participants to make wise decisions, to act responsibly, and to establish and work on personal goals. Inmate testimonials are used to show youth the consequences that the inmates now face as a result of their personal failure in these areas.

*Facilities:*

*OSBORN CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Community Service, Self Improvement*

*Program Status:*

*Active Program Category Level:*

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**RT Program Code: N/A, Compendium Program: Community Services Detail**

*Description:*

The Community Services Detail provides inmate labor to various state and local non-profit organizations. Examples of work performed are basic carpentry, painting, refinishing floors, grounds landscaping and maintenance. A cornerstone of the restorative justice concept, the community services detail provides enormous benefit to the community and to the inmate participants.

*Facilities:*

ROBINSON CI

*Auspices:*

All Facility Staff

*Types:*

Community Service, Community Work Group, Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Computer Support Technology**

*Description:*

The class prepares students to support personal computers. This class includes the most current technology such as managing and maintaining notebook computers and Windows XP. This class takes students from the -just a user- level to the -I can fix it - level for common PC hardware and software concerns. The course was designed to be self paced to maximize learning potential, includes step by step instructions on installation, maintenance, optimizing system performance and troubleshooting. The course consists of 25 individualized modules and a Unified School District #1 (USD#1) certificate of achievement will be awarded after the completion of each module. Upon completion of all modules, the student will be awarded the USD#1 Certificate of Completion.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Connecticut Works**

*Description:*

This is a statewide program with 18 offices in Connecticut. CT WORKS is a partnership among the Connecticut Department of Labor, regional Workforce Development Boards, and a number of state and community organizations. Its mission is to enhance the economic development by addressing the special employment and training needs of both job seekers and employers.

*Facilities:*

*Unknown*

*Auspices:*

*All Facility Staff*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:*

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**RT Program Code: N/A, Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)**

*Description:*

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

*Facilities:*

*BROOKLYN CI, CYBULSKI CI, ENFIELD CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Controlling Your Anger-MYI**

*Description:*

In this class inmates are taught about stress: that it is what one feels when faced with change, pressure, and the unknown. They are also taught about anger: that it is an unavoidable and inevitable part of life. Then the inmates are helped to examine how they have handled stress and anger in the past. Finally, the class helps inmates develop more effective approaches to dealing with stress and anger in the future.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

Anger Management

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Conversation Skills Group**

*Description:*

This program provides the offender with a variety of communication skills and techniques that can be utilized during individual discussion or in a group setting. Offenders improve interaction skills, communication skills and learn to feel more confident at expressing and sharing thoughts during discussions.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: 23, Compendium Program: Co-Occurring Disorders Program**

*Description:*

The Co-occurring disorders program provides treatment for inmates who have a psychiatric disorder in combination with a substance use disorder. Inmates attend both a twelve-week educational group focusing on mental health and substance abuse issues and specially designed 12-step meeting.

*Facilities:*

*GARNER CI, MANSON YI, OSBORN CI, YORK CI*

*Auspices:*

*Addiction Services, Health Services*

*Types:*

*Addiction, Dual Diagnosis, Mental Health*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Coping skills**

*Description:*

This group is designed to help offenders to effectively deal with daily living issues and stressors while incarcerated.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:2*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Coping Skills- York CI**

*Description:*

This five-session group meets weekly. This group covers issues common to the York CI population; including adjustment, detoxification, difficulty sleeping, anxiety, depression and stress. Stress as a topic is highlighted insofar as it may relate to all of the common themes.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Female, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: 28, Compendium Program: CORP: Connecticut Offender Re-Entry Program**

*Description:*

This program provides services for offenders with mental illness returning to the community after an extended period of incarceration. The emphasis is on reducing recidivism by identifying and intervening in those areas most in need. Individuals eligible for the services must have at least one year left to serve before release, have a mental health score of 3 or higher and are returning to a catchment area where CORP services are provided. Catchment areas include Hartford, New Haven, Bridgeport, Norwich/New London and Waterbury areas.

*Facilities:*

*CYBULSKI CI, GARNER CI, OSBORN CI, WILLARD CI, YORK CI*

*Auspices:*

*Contracted Program, Health Services, Volunteer Services*

*Types:*

*Mental Health, Re-Entry*

*Program Status:*

*Active Program Category Level:2*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: 39, Compendium Program: CPC Charlene Perkins Center York CI**

*Description:*

The Charlene Perkins Center is a re-entry programming unit designed to prepare individuals for a successful re-integration into the community. This 98 bed housing unit offers a variety of programs, meetings, presentations and services all based around making connections and concrete plans prior to release.

*Facilities:*

*YORK CI*

*Auspices:*

*All Facility Staff, Charlene Perkins Center - Facility Staff*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:2*

---

**RT Program Code: N/A, Compendium Program: Crafts for Kids Program**

*Description:*

The Hobby/Crafts Program is designed to harness and develop inmate talents in the areas of arts and crafts using woodworking, painting, and hobby making skills to build projects. Inmates learn to design, plan and assemble projects using a variety of methods and materials with minimal tools. Products are donated to charitable organizations such as The Hole in the Wall Gang (Hospice), Boys & Girls Clubs, and the National Audubon Society. All shop/safety procedures are stressed and maintained.

*Facilities:*

*GARNER CI*

*Auspices:*

*All Facility Staff, Recreation Services*

*Types:*

*Community Service, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Creative Expression Group**

*Description:*

This group is designed to provide a structured environment for the expression of artwork, creative writings, drawings, paintings and poems. Offenders are given both an opportunity to create and discuss their creative endeavors.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Creative Group: Safe Passage Program**

*Description:*

In this group, creative arts activities allow participants to express emotional concerns and develop new tools for coping with these difficulties. The group also provides a chance to develop increased self-esteem, increased identification of emotions, and to enhance support.<br>

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Creative Therapy**

*Description:*

This group is available to inmates housed in the inpatient mental health unit. It focuses on the development of interpersonal skills. It encourages empathy and the recognition of common problems. It helps participants recognize feelings as a response to the environment and promotes interpersonal learning through sharing constructive responses to negative experiences.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Safe Passage

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Creative Writing - Writing my own Story**

*Description:*

This program is offered by volunteers for students to improve their writing techniques. The goal of the group is to help each student find their own voice to tell his own story in his own way. By doing this the program hopes to improve offenders self esteem and writing abilities to encourage better reintegration to society.

*Facilities:*

ENFIELD CI

*Auspices:*

Volunteer Services

*Types:*

Academic Education, Self Improvement

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Cultural Activities Program**

*Description:*

The program is designed to provide inmates with cultural enhancement, social skill development and opportunities for personal growth through the offering of art/essay contests, sports tournaments, educational videos and guest speakers.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services, Recreation Services, Volunteer Services*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Cultural Awareness-MYI**

*Description:*

This group is designed to help inmates practice the communication skills they have learned in previous segments of the Youth SRG program, establish an understanding of different cultures and begin to interact with different cultures and races without conflict.

*Facilities:*

*Unknown*

*Auspices:*

*All Facility Staff*

*Types:*

*Cultural Diversity, Youth SRG*

*Program Status:*

*Active Program Category Level:*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Cultural Awareness-Security Risk Group Program**

*Description:*

This program addresses topics of defining culture, stereotypes, prejudice and encouraging tolerance of cultural diversity. Participants are security risk group members. This group meets weekly for four sessions.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Types:*

Cultural Diversity, Female SRG

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Current Events Group**

*Description:*

This group provides offenders with current information on events occurring in society by utilizing different media sources, including but not limited to newspapers, magazines, articles, journals and radio/television reports.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Data-Con**

*Description:*

This program teaches inmates how to utilize computer equipment for data processing purposes. Data-Con provides data entry services for a large number of state agencies. This program prepares inmates for data-entry jobs that are available in the private business sector. Data-Con currently employs fifty inmates.

*Facilities:*

*YORK CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Dealing With Anger**

*Description:*

This class is offered to both general population inmates and those in the CDU. It is provided because this youthful population has poor impulse control and is often spontaneous in its inappropriate response to its need to have immediate gratification. This class provides participants with more appropriate skills to manage their anger and frustration.

*Facilities:*

*MANSON YI*

*Auspices:*

*All Facility Staff*

*Types:*

*Anger Management, Youth CDU*

*Program Status:*

*Active Program Category Level:*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Dealing With Your Anger**

*Description:*

This program is designed to help inmates learn to manage their anger without becoming assaultive. It is designed to help them learn concepts as well as learn skills.

*Facilities:*

Unknown

*Auspices:*

All Facility Staff

*Types:*

Anger Management, Self Improvement

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Delancey Street**

*Description:*

Representatives from Delancey Street located in NY present monthly to population to educate them about their facility. They are a non-profit self-help residential education center for former substance abusers and ex-inmates.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff, Volunteer Services

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Dental Education**

*Description:*

The program discusses dental hygiene and is part of an overall initiative to provide information on good dental care to the general population.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Female, Medical

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Dialectical Behavior Therapy (DBT) - Social Rehabilitation Program**

*Description:*

This highly structured treatment approach is designed to deal with individuals with a history of self-abuse, such as self-mutilation. It is a cognitive-behavioral modality with an additional element of relaxation/self-soothing.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Discharge Group**

*Description:*

The purpose of the group is to assist inmates with support in relation to their discharge back into the community. The group will focus on emotional readiness, resource sharing, information sharing, and discharge planning for inmates who have 6 months or less to end of sentence, have been approved for Transitional Supervision or Halfway House placement, or inmates who have been Voted to Parole.

*Facilities:*

GARNER CI

*Auspices:*

Mental Health

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Discharge Process Group**

*Description:*

This is a mutual aid group geared towards allowing the inmate population to generate support from their peers regarding discharge issues. These issues are discussed in an effort to promote success upon discharging into the community.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Discipleship Group**

*Description:*

Christian Discipleship Group is a structured, Biblical based activity to teach members self-discipline maturity in accordance to other faiths and to become a better member in our society. This class will be conducted by a chaplain and or volunteers.

*Facilities:*

ROBINSON CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Discussion Group**

*Description:*

This program allow inmates the opportunity to discuss and reflect on current life issues in an open forum. Meetings are weekly.

*Facilities:*

ENFIELD CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: 0, Compendium Program: DOC Re-entry Workbook**

*Description:*

This 21 day program prepares inmates for their transition back into society. The class provides a variety of interactive and personal activities to assist inmates with acquiring identification, building employment skills, encouraging sound educational and career goal setting, and taking responsibility. All inmates who complete the Re-entry Class will have developed an Individual Transition Plans of contacts, addresses, and phone numbers for the community area he/she will be returning to, based on his/her needs. In addition, the inmates receive a portfolio including DMV, DOL, Social Security, SAGA, continuing education, housing, clothing, and 211 Info-line information.

*Facilities:*

*CYBULSKI CI, ENFIELD CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:2*

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**RT Program Code: 44, Compendium Program: DOC Re-Entry Workbook Program**

*Description:*

This program is designed to do several things: 1) Review the most important things contained in DOC programs such as Anger Management, How to Deal with Your Problems, Thinking for a Change, Relapse Prevention, Domestic Violence, and the department's addiction programs, 2) Help each participant prepare a plan that will help him avoid committing future crimes and thereby helping him stay out of jail or prison, and 3) Use the plan with others that might be involved with assisting and supervising the participant when he leaves prison. This could include halfway house staff, parole staff, probation staff or community service providers.

*Facilities:*

*CYBULSKI CI, OSBORN CI, ROBINSON CI, WILLARD CI*

*Auspices:*

*Programs & Treatment Unit*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: DOC Reentry Workbook Program - Youth**

*Description:*

This program is designed to do several things: 1) Review the most important things contained in DOC programs such as Anger Management, How to Deal with Your Problems, Thinking for a Change, Relapse Prevention, Domestic Violence, and the department's addiction programs, 2) Help each participant prepare a plan that will help him avoid committing future crimes and thereby helping him stay out of jail or prison, and 3) Use the plan with others that might be involved with assisting and supervising the participant when he leaves prison. This could include halfway house staff, parole staff, probation staff or community service providers. This program has been written based on youth specific principles.

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: DOC Re-Entry Workbook Program for Women**

*Description:*

This program is designed to do several things: 1) Review the most important things contained in DOC programs such as Anger Management, How to Deal with Your Problems, Thinking for a Change, Relapse Prevention, Domestic Violence, and the department's addiction programs, 2) Help each participant prepare a plan that will help her avoid committing future crimes and thereby helping her stay out of jail or prison, and 3) Use the plan with others that might be involved with assisting and supervising the participant when she leaves prison. This could include halfway house staff, parole staff, probation staff or community service providers.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff

*Types:*

Gender Responsive, Re-Entry, Self Improvement, Trauma Informed

*Program Status:*

Active Program Category Level:1

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 90, Compendium Program: Dual Recovery Anonymous**

*Description:*

Dual Recovery Anonymous is a 12-step self-help program for individuals who are chemically dependent and affected by a psychiatric illness. The primary purpose of DRA is to help one another achieve dual recovery, prevent relapse and to carry the message of recovery to others who experience dual disorders.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Addiction, Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: 35, Compendium Program: DUI (Driving Under the Influence)**

*Description:*

This is a mandatory program for inmates incarcerated for driving a motor vehicle under the influence of alcohol or drugs and other related offenses. The program consists of a 14-session psycho-educational group using the Hazelden "Who's Driving" curriculum.

*Facilities:*

Unknown

*Auspices:*

Addiction Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:1

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: DUI Home Confinement Program: Track 4**

*Description:*

Offenders who are assessed as needing intensive treatment, having multiple risk factors, or otherwise assessed as inappropriate for DUI HC release.

*Facilities:*

*ROBINSON CI, YORK CI*

*Auspices:*

*Addiction Services*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: DUI Home Confinement Program: Track One**

*Description:*

This program comprises screening, assessment and brief treatment (3 program sessions) in the Community Correctional Centers. Offenders in Track 1 will be recommended for release to the DUI Home Confinement Program upon successful completion of the program and with approval of the Warden. Offenders in Track One may be assessed as needing a higher level of care, and may be referred to Track Two.

*Facilities:*

*BRIDGEPORT CC, HARTFORD CC, NEW HAVEN CC*

*Auspices:*

*Addiction Services*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:1*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: DUI Home Confinement Program: Track Three**

*Description:*

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

*Facilities:*

ROBINSON CI, YORK CI

*Auspices:*

Addiction Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: DUI Home Confinement Program: Track Two**

*Description:*

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

*Facilities:*

ROBINSON CI, YORK CI

*Auspices:*

Addiction Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:1

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Early Childhood Development**

*Description:*

This is an educational group that provides information on the stages of child development. Participants become aware of their child's age-appropriate behaviors and learn the importance of communicating effectively with their child. This group meets weekly for six sessions.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff, Parenting Unit- Facility Staff

*Types:*

Family

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Educational, Career Resources and Job Fairs**

*Description:*

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

*Facilities:*

CYBULSKI CI, MACDOUGALL CI, MANSON YI, OSBORN CI, WALKER BUILDING, WILLARD CI, YORK CI

*Auspices:*

Addiction Services, USD#1

*Types:*

Academic Education, Re-Entry

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 04, Compendium Program: Embracing Fatherhood**

*Description:*

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

*Facilities:*

*CHESHIRE CI, GARNER CI, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI*

*Auspices:*

*Programs & Treatment Unit, All Facility Staff*

*Types:*

*Family*

*Program Status:*

*Active Program Category Level:2*

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**RT Program Code: N/A, Compendium Program: Emotional Awareness/Emotional Healing**

*Description:*

This program utilizes a combination of therapeutic modalities including cognitive-behavioral therapy, mentalization-based therapy, psycho dynamic therapy, DBT, and mindfulness to promote emotional awareness and healing.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:3*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Empowerment Book Club**

*Description:*

This book club is designed to expose offenders to self improvement and inspirational books that will encourage, inspire, empower, motivate, educate, and uplift their spirits and reading habits.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Epiphany**

*Description:*

A mentoring program for female ex-offenders conducted by faith communities. The program is designed to reduce recidivism by creating a network of community support.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Evening Group**

*Description:*

This program open to those offenders housed in the Mental Health Unit, includes topics dealing with personal development, community issues, and specific mental health and/or medical issues. It is conducted by unit nursing staff.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Female, Medical, Mental Health

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Exegetical Bible Study - Protestant**

*Description:*

A group that meets monthly for a critical study, interpretation and discussion of selected scripture passages.

*Facilities:*

OSBORN CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Exercise Class**

*Description:*

This program run by the Recreation Department is designed to provide inmates with exercise instruction to improve overall health-fitness. Stretching, walking, jogging and calisthenics provide the basic format of these health skills. Classes are conducted in a low impact aerobic package.

*Facilities:*

GARNER CI, YORK CI

*Auspices:*

Recreation Services

*Types:*

Recreation

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Expressive Arts Therapy for Girls**

*Description:*

This program combines psychotherapy with the arts: including art therapy, music therapy, movement therapy, drama therapy and creative writing. It is designed to provide a positive way for girls to manage stress and respond to critical issues of incarceration. The goals of the program are to foster more positive behavior patterns, increase self-awareness, and encourage participants to become more productive and kindle new and profound ways to move through the world.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Types:*

Self Improvement, Youth

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Extended Family Visiting**

*Description:*

This program focuses on improving relationships between incarcerated women, their children and family members in order to strengthen and maintain relationships during the period of incarceration. It provides the inmate, an inmate's child and family members an extended period of visitation in a setting separate from regular social visits.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Types:*

Family

*Program Status:*

Active Program Category Level:

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: 02, Compendium Program: Facility Based Domestic Violence Program**

*Description:*

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI*

*Auspices:*

*Programs & Treatment Unit, All Facility Staff*

*Types:*

*Domestic Violence, Family*

*Program Status:*

*Active Program Category Level:0*

---

**RT Program Code: 43, Compendium Program: Families in Crisis: Family Time Program**

*Description:*

Families in Crisis, a contracted agency, provides this program. It is designed to instruct offenders on how to acquire the skills that will help them stay connected with their immediate family members. This 12-session program offers monthly support groups for those that complete the program, as well as, home based case management services for members of their families.

*Facilities:*

*Unknown*

*Auspices:*

*All Facility Staff, Contracted Program*

*Types:*

*Family, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Family Issues**

*Description:*

This group focuses on an inmate's relationship and functioning within the family unit and how the inmate views himself within that unit. Topics will include domestic violence, single-parent/step-parent households, substance use and recovery within the family unit, inmate and sibling roles (ie, 'good' child vs. 'bad').

Inmates will learn to recognize messages received which possibly formed a negative self-image and lead to continue acting out and self-sabotage. Strategies and self-management techniques will be reviewed to encourage improved functioning in the community and family household (i.e. preventing escalation of conflicts in the home, removing oneself from the room, taking a walk, exercising, maintaining focus on personal goals, etc...) Inmates will be encouraged to share stories and helpful suggestions to other members in a safe environment. The group is for Mental Health 3/4 's and closer to EOS.

*Facilities:*

MANSON YI

*Auspices:*

Health Services, Mental Health

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Family Re-Entry Program**

*Description:*

Family Re-entry program offers a comprehensive re-entry program to help individuals and their families make a successful transition from incarceration into the community. A re-entry plan is designed with each individual 3 months before the scheduled release date. Who qualifies? Bridgeport area residents with 3 to 6 months to discharge, firm parole or Transitional Supervision date. Family Re-entry coordinates youthful offender mentoring programs for young men and women aged 14-18. Services offered: Individual and family therapy, specialized domestic violence offender programs, substance abuse recovery counseling, life skills programs, parenting education, anger management, Fathers Helping Fathers groups, connections to service providers for housing, employment and job skills development, health care and financial aid and legal assistance.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CYBULSKI CI, OSBORN CI, WILLARD CI, YORK CI*

*Auspices:*

*Contracted Program, Volunteer Services*

*Types:*

*Family, Re-Entry*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Family Reentry: Bridgeport Community ReEntry Center**

*Description:*

A contracted program that provides integrated counseling, therapy, psycho-educational, evidence-based programs and case management services for offenders on parole, probation, transitional supervision and those who have completed their sentence. The goal is to empower individuals, strengthen families and assist with the successful transition to family and community. Specific programs include; Life Skills, Parenting Education, Mentoring, Anger Management, Domestic Violence Services, Substance Abuse Relapse Prevention, Reentry Support Group, and Individual, Couples and Family therapy.

*Facilities:*

*BRIDGEPORT CC*

*Auspices:*

*Contracted Program, Volunteer Services*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Fatherhood Re-entry Services New Haven**

*Description:*

This program provides pre-release assessments to offenders returning to the New Haven area. The program involves a "Better Man" support group that will be held while incarcerated. The program offers family re-unification support services as well as healthy relationship couples workshops. Also provided will be Mentoring services, fatherhood education workshops and case management supports.

*Facilities:*

NEW HAVEN CC

*Auspices:*

Contracted Program

*Types:*

Family

*Program Status:*

Active Program Category Level:1

---

**RT Program Code: N/A, Compendium Program: Fit for Life Group**

*Description:*

This group is designed to increase an offender's awareness of physical health and wellness, hygiene, and healthy lifestyle habits. The group also addresses nutrition, stress reduction and exercise.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Health Education, Mental Health

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Fitness Meditation Program**

*Description:*

This program of gentle exercises in conjunction with proper breathing techniques to develop proprioception awareness and kinesthetic sense within the body. Proprioception is the ability of muscle to respond to abnormal positions and situations. Kinesthetic sense or conscious appreciation of the body in three dimensional space. The breathing exercises are the most important aspect of this program.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff

*Types:*

Health Education, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Flexibility**

*Description:*

This is a comprehensive fitness program geared toward getting in shape. Offenders may participate at any age but must remain discipline free during participation. The program offers activities like step aerobics, calisthenics, stretching and yoga.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Recreation Services, Volunteer Services

*Types:*

Recreation

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Free to Be Me**

*Description:*

This is a twelve week program that explores and develops positive attitudes toward self, other people, the world and God as the foundation of the spiritual life. Group members participate in personal reflections, large and small group sharing and prayer centered on themes presented (via tape) by psychologist Fr. John Powell, S.J. following the process manual developed by Madeleine Gervais and Fr. Art Baranowski. The method's emphasis on reflection, listening and sharing models necessary behaviors and imparts life skills that will serve inmates in their efforts toward personal growth and developing healthy relationships.

*Facilities:*

Unknown

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Addiction, Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Friday Prayers**

*Description:*

A time for Islamic women to gather for collective prayers.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Gamblers Anonymous**

*Description:*

This program consists of addiction and its properties as it relates to gambling. A volunteer attends the facility once a week for an hour and a half with inmates with self-identified gambling addictions.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Addiction Services, Volunteer Services*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Gambling - The Better Choice Program**

*Description:*

Information regarding the Better Choices Gambling Program and a 4-Question Survey is available at every facility. The information explains what is available in the community regarding Better Choices and staff are encouraged to use it to assist offenders who may have a gambling problem. This program is funded by DMHAS.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, YORK CI*

*Auspices:*

*All Facility Staff, Volunteer Services*

*Types:*

*Addiction, Health Education, Mental Health*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Gambling Intervention Group ( G.I.G)**

*Description:*

An 8 week on going group defining gambling addition as well as addressing issues such as consequences of gambling, coping with guilt, shame and remorse. G.I.G. also provides resources which are available for continued help ( Better Choice Programs, G.A. & Gamanon )

*Facilities:*

YORK CI

*Auspices:*

Volunteer Services

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Games Group**

*Description:*

This group provides the opportunity for offenders to develop and improve their leisure time, to relieve stress and boredom, and to learn new leisure skills and interests.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Gang Awareness Program**

*Description:*

This is a mandatory 8-week program offered in the Close Monitoring Unit for Security Risk Group members. Inmates must complete this program before they are considered for release from the unit. The program focuses on inmate choices, values and how they have gotten to this point in their lives.

*Facilities:*

*CORRIGAN CI*

*Auspices:*

*Health Services*

*Types:*

*SRG*

*Program Status:*

*Active Program Category Level:1*

---

**RT Program Code: N/A, Compendium Program: Garden/Landscape**

*Description:*

This program teaches inmates how to grow and care for plants, tree seedlings, shrubs, and flowers. Inmates participating in this program experience a calming effect.

*Facilities:*

*GARNER CI*

*Auspices:*

*All Facility Staff, Recreation Services*

*Types:*

*Recreation, Self Improvement*

*Program Status:*

*Active Program Category Level:*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Garner Specific Special Management Program (SMP) - Phase 1**

*Description:*

This program is assigned to offenders who have a mental health classification score of a 4 or above and meet the criteria for admission (per administrative directive) to any of the following: Close Monitoring Program (SRG - Affiliate), Close Custody Program (SRG-Threat), Administrative Segregation Program, or Chronic Discipline Program. Phase one includes a range of programs offered by facility and mental health staff.

*Facilities:*

*GARNER CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:*

---

**RT Program Code: N/A, Compendium Program: Garner Specific Special Management Program (SMP) - Phase 2**

*Description:*

This program is assigned to offenders who have a mental health classification score of a 4 or above and meet the criteria for admission (per administrative directive) to any of the following: Close Monitoring Program (SRG - Affiliate), Close Custody Program (SRG-Threat), Administrative Segregation Program, or Chronic Discipline Program. Phase two includes a range of programs offered by facility and mental health staff.

*Facilities:*

*GARNER CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Garner Specific Special Management Program (SMP) - Phase 3**

*Description:*

This program is assigned to offenders who have a mental health classification score of a 4 or above and meet the criteria for admission (per administrative directive) to any of the following: Close Monitoring Program (SRG - Affiliate), Close Custody Program (SRG-Threat), Administrative Segregation Program, or Chronic Discipline Program. Phase three includes a range of programs offered by facility and mental health staff.

*Facilities:*

GARNER CI

*Auspices:*

All Facility Staff

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: GCI Anger Management**

*Description:*

This group is provided to inmates assigned to mental health housing units and general population. The program is designed to assist inmates to improve techniques for effective management of their anger without the use of aggressive behavior. The program focuses on stress reduction, adjustment to environmental change, improved communication skills and improved interpersonal relationship skills. The modalities used are: Relaxation technique, cognitive therapy, visualization and journal-keeping, and brief lectures on the nature of anger and factors sustaining it.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Anger Management, Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:1

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: GCI Farming/Gardening Program**

*Description:*

The GGCI Farming/Gardening Program will provide inmates with classroom instruction in gardening/farming skills and techniques. Inmates will also receive hands on experience in soil prep, sowing, planting, growing, hydration, fertilization, weeding, pest control, and harvesting techniques. A variety of fruits, vegetables, flowers, and edible plants will be grown within the interior courtyard. Harvested produce will be filtered into the kitchen for use in the food supply. Abundant and extra product may be donated to local food pantries or soup kitchens at the discretion of the Warden.

*Facilities:*

GARNER CI

*Auspices:*

Recreation Services

*Types:*

Community Service, Recreation

*Program Status:*

Active Program Category Level:2

---

**RT Program Code: N/A, Compendium Program: GCI Video Discussion Group**

*Description:*

This discussion group facilitated by the rehabilitation therapists provides an outlet for offenders to view and discuss educational, dramatic, comedic, political, cultural, artistic, and family-oriented videos. This group exists to provide a platform for offenders to express their thoughts, feelings, and opinions in a safe and tolerable environment.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: General Referral**

*Description:*

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference between what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

*Facilities:*

MACDOUGALL CI, MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:0

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**RT Program Code: 98, Compendium Program: Getting Motivated to Change**

*Description:*

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. This program helps offenders begin to think about aspects of motivation that govern decisions to change behavior. Participants are encouraged to discuss progress and challenges in working on their -target- behavior or attitude that they desire to change as part of this group. Also, this program encourages the exploration of strategies for strengthening the commitment to change. Finally, it explores maintaining gains and staying focused on goals once the change has started.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:0

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Getting Settled/Getting Going**

*Description:*

This is an in cell class that requires the offender to begin thinking about the choices they have made and how they can begin to make different choices to their situation.

*Facilities:*

MANSON YI, NORTHERN CI

*Auspices:*

All Facility Staff

*Types:*

Administrative Segregation, SRG , Youth CDU, Youth SRG

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Girl Scouts Beyond Bars**

*Description:*

This program is designed to enhance the relationship between mother and daughter. Volunteers from the Girl Scouts bring daughters of inmates to the facility to participate in creative activities. The group meets on a monthly basis.

*Facilities:*

YORK CI

*Auspices:*

Parenting Unit- Facility Staff, Volunteer Services

*Types:*

Family

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Girl's Circle**

*Description:*

The Girl's Circle Program is a strength based female responsive program that allows girls to create a safe space to address their risky behaviors. The Girl's Circle experience introduces gender relevant and culturally responsive themes and activities that build skills in a format that is interesting and engaging to the girls.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff, Programming Unit - Facility Staff

*Types:*

Female, Youth - York CI

*Program Status:*

Active Program Category Level:0

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**RT Program Code: N/A, Compendium Program: Good Works**

*Description:*

A non-profit mentoring program -New Beginnings- in which mentors help mentees transition from prison to successful re-entry in the community.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff, Volunteer Services

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Gospel Meditation (Catholic)**

*Description:*

Instruction and practice of Christian meditation based on the gospels

*Facilities:*

Unknown

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Graphic & Printing Technology**

*Description:*

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding. Students concentrate on proper shop safety procedures, and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color presses, paper cutters and bindery equipment. Class theory work includes learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

*Facilities:*

*ENFIELD CI, MACDOUGALL CI, MANSON YI, YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Career Technical Education, Community Service, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Greenhouse Program**

*Description:*

This program reduces offender idleness and exposes them to socially acceptable leisure time and activities by teaching through hands on experience, plant identification, irrigation, propagation, fertilization, garden layout, greenhouse organization, weeding and general garden maintenance. Along with hands on experience, this program may develop patience, a respect for nature, and a sense of pride in one's accomplishments. On the practical side of things, this program will be used to grow vegetables that will be utilized by the food service department for the purpose of subsidizing the menu and realizing monetary savings. The program will also grow flowers to beautify the exterior of the institution and donate the seedlings to local non-profit organizations.

*Facilities:*

*BROOKLYN CI*

*Auspices:*

*Recreation Services*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:2*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Grief & Adjustment**

*Description:*

This program is designed to assist offenders in learning that grief is a healthy, human response to situations such as death, loss of freedom, and divorce. The main content of the program is the grief process and the 5 steps of grieving.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Grief & Loss Recovery**

*Description:*

This group focuses on providing a supportive setting to guide participants through the process of understanding and working through the grieving process.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Safe Passage

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Grief and Loss**

*Description:*

This group is open to women who have suffered significant loss in their lives and who continue to suffer. It is a facilitated support group with a psychoeducational component.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Grief Guides**

*Description:*

A program of trained peer grief counselors. Offenders provide a listening ear and a comforting presence for any offender who has experienced a loss.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Volunteer Services

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Gym Recreation**

*Description:*

This group is provided to inmates assigned to mental health housing units. This program, which includes aerobics, basketball, football and baseball, provides the opportunity for inmates to explore how a regularly scheduled aerobic activity can help them improve their cardiovascular system, functional range of motion, gross motor skills and enhancement of mental and emotional well being.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Recreation

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Habitat for Humanity**

*Description:*

This program provides opportunities for home ownership to families in need by partnering with public, private, and faith based organizations and community volunteers in the building of decent affordable homes.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff, Charlene Perkins Center - Facility Staff

*Types:*

Community Service

*Program Status:*

Active Program Category Level:

---

**RT Program Code: N/A, Compendium Program: Hadith**

*Description:*

This is a weekly instructional group that focuses on the statements of The Prophet (PBUH) i.e. his sayings, deeds and approvals, etc.

*Facilities:*

BROOKLYN CI, OSBORN CI, ROBINSON CI, YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Handling a Crisis**

*Description:*

This is the second in the series of in cell classes occurs after the program Getting Settled & Getting Going. This program offers the offender techniques that can be used when dealing with stressful situations. <br>

*Facilities:*

NORTHERN CI

*Auspices:*

All Facility Staff

*Types:*

Administrative Segregation

*Program Status:*

Active Program Category Level:1

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Healing Arts Program**

*Description:*

The programs include meditation, yoga, t'aichi, and labyrinth walks. They enable inmates to turn inward and find the peace and strength God provides. This program helps to improve attitudes, reduce stress and promote personal self-care for lasting spiritual transformation.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Recreation, Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Health & Wellness**

*Description:*

This program is designed to assist offenders in basic medication information and compliance, improving communication skills, using effective coping and problem solving skills and improving personal hygiene and Advanced Daily Living Skills (ADL's).

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Health and Hygiene**

*Description:*

To teach daily living activities to include proper hygiene procedures and the importance of such to specialized housing-level 3 and level 4 inmates.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff

*Types:*

Youth

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Health Issues Group**

*Description:*

This program covers 12 weeks of topics related to essential health matters. Topics include but are not limited to eating, physical fitness, tobacco and alcohol use and infectious illness. The goal of this program is to raise awareness and promote changes in health habits.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Medical, Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Health Services Support Group**

*Description:*

An open ended program designed around group discussion of dealing with the diagnosis of HIV/Aids and substance abuse. The group explores recovery issues on a broad range of HIV related issues together in one support group.

*Facilities:*

Unknown

*Auspices:*

Health Services

*Types:*

Medical, Mental Health

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Healthy Relationships**

*Description:*

This group examines relationship issues with particular attention to domestic violence. The trauma often inherent in unhealthy relationships is discussed. Coping skills are taught. Offenders are encouraged to examine past destructive relationships and are given guidance in making healthy relationship decisions in the future. This program is open to offenders in the Social Rehabilitation Program.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services, The Social Rehabilitation Program*

*Types:*

*Domestic Violence, Female, Self Improvement, Trauma Informed*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Hebrew Reading Class (Jewish)**

*Description:*

Class in reading Hebrew. Primarily for the purpose of participation in Jewish prayer services.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Hepatitis B Vaccination Program**

*Description:*

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

*Facilities:*

*MANSON YI, YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Health Education, Medical, Mental Health*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: High Risk Infant Program**

*Description:*

This program is an interagency collaborative between the Department of Children & Families, DOC, and Lawrence & Memorial Hospital. The program provides services for pregnant and post partum offenders at York CI. A social worker and other staff from Lawrence & Memorial Hospital provide case management, identification of infant/guardian care plans and adoption planning assistance. They also provide weekly prenatal education and post partum support groups along with other related services.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Family, Health Education*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: High School Diploma Programs**

*Description:*

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CENTRAL OFFICE , CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, PAROLE & COMMUNITY SERVICES, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Academic Education*

*Program Status:*

*Active Program Category Level:1*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: HIV Counseling, Testing & Risk Reduction Education**

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Health Education, Medical*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: HIV Support Group**

*Description:*

The Medical and Mental Health staff conduct this weekly support group for inmates infected with HIV. The purposes of the group include providing a safe and confidential forum to talk about their disease, to provide accurate and current information, and to encourage medication adherence.

*Facilities:*

*NEW HAVEN CC, OSBORN CI*

*Auspices:*

*Health Services*

*Types:*

*Health Education, Medical, Mental Health*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: HIV Support Services**

*Description:*

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, WILLARD CI, YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Health Education, Medical, Mental Health*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: HIV Volunteer Support Services**

*Description:*

In this program volunteers work with individuals and community-based HIV organizations to provide support services to offenders experiencing HIV related issues.

*Facilities:*

*ENFIELD CI, OSBORN CI, ROBINSON CI*

*Auspices:*

*Health Services, Volunteer Services*

*Types:*

*Addiction, Health Education, Medical, Mental Health*

*Program Status:*

*Active Program Category Level:3*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Hospice Program**

*Description:*

This program is provided through an interdisciplinary team approach, to provide twenty-four (24) hour compassionate, quality end-of-life care to terminally ill inmates and to visit their families and/or those emotionally connected to them as part of the "unit of care". Specially trained inmate volunteers are assigned to provide on-going care and support. This program is also available to all terminally ill male inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at MacDougall-CI. This program is also available to all terminally and chronically ill female inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at York-CI.

*Facilities:*

MACDOUGALL CI, OSBORN CI, YORK CI

*Auspices:*

Health Services

*Types:*

Medical

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Houses of Healing**

*Description:*

A 12-session program that helps inmates to identify, express and manage their feelings. It fosters self-understanding, emotional and spiritual growth along with encouraging responsibility and accountability towards one's self and others.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff, Volunteer Services

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: How to Deal With Your Problems & How to do Your Bid-MYI**

*Description:*

This segment of the Youth SRG program helps inmates to embrace a basic understanding of problem solving skills, associating situations and thinking and meaning to feelings, and acceptance of the fact that there is an easier way to complete their time within the Department of Correction.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff

*Types:*

Youth SRG

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: How to Study the Bible (Spanish or English)**

*Description:*

Topical instruction in the introductory methods for individual and group bible study. Course length: 4-6 weeks, offered at least twice a year.

*Facilities:*

RADGOWSKI CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: 97, Compendium Program: Ideas for Better Communication**

*Description:*

This four-session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. This intervention that is derived from evidenced-based foundations focuses on solution-focused and strength-based discussions that deal with perceptions that interfere with communication. This program works on repairing past relationships and includes listing and reflecting on specific issues. Participants use mapping worksheets to consider various cognitive aspects of how we communicate and manage problems with others.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:0

---

**RT Program Code: N/A, Compendium Program: Impulse Control Group**

*Description:*

This group is open ended and held in C-Cottage. The focus of this group is increasing effect awareness and modulation by using events that offenders bring to group. Dominance and relational issues are explored in context of anger.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Incarcerated Veterans Program**

*Description:*

A collaborative effort between DOC, and the Departments of Labor, and Veterans Affairs - State and Federal this program assists incarcerated veterans with reentry. Some of the programs objectives include reducing the time between release and employment, assisting veteran ex-offenders in becoming self-supportive and more productive citizens, increasing the number of employers that hire ex-offenders, and identifying, creating, and/or coordinate resources. Issues from benefits to homelessness are addressed in this comprehensive re-entry program.

*Facilities:*

*BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, OSBORN CI, RADGOWSKI CI, WILLARD CI*

*Auspices:*

*All Facility Staff, Volunteer Services*

*Types:*

*Family, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: In-Cell and Interactive Technology Program**

*Description:*

Through the use of integrated technologies, this program provides state of the art interactive In-cell programming to promote safety, reduce inmate idleness and to enhance existing programs, services and training. Programming is broadcast to each cell covering numerous topics such as substance abuse, life skills, educational and religious programs as well as others.

*Facilities:*

*BROOKLYN CI, CORRIGAN CI, GARNER CI, RADGOWSKI CI*

*Auspices:*

*All Facility Staff, Health Services, Religious Services*

*Types:*

*Addiction, Health Education, Religious, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Industry Janitors (CEC)**

*Description:*

One of the services that Correctional Enterprises of Connecticut provides for inmates is the provision of institutional employment by training and supervising a group of industry janitors to insure that the industry area is clean at all times. There are twelve to fifteen janitors employed in various shop locations.

*Facilities:*

*CHESHIRE CI, MACDOUGALL CI, OSBORN CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Industry Warehouse**

*Description:*

This program trains inmates to learn how to work in a warehouse setting. This involves training them to store, pick, pack, and ship industry orders and supplies. These skills are easily transferred to the outside job market.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Inmate Bereavement Volunteer Program**

*Description:*

This program trains inmates to provide support for fellow inmates who are experiencing loss or grief. This is in addition to the opportunity to talk to Mental Health, Religious Services, and/or correctional staff. Inmate volunteers are important as they share the experience of being incarcerated and can relate to its challenge.

*Facilities:*

*MACDOUGALL CI, YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Female, Gender Responsive, Mental Health, Self Improvement, Trauma Informed*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Inmate Photo Program**

*Description:*

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

*Facilities:*

*CHESHIRE CI, GARNER CI, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, WALKER BUILDING*

*Auspices:*

*All Facility Staff*

*Types:*

*Community Service*

*Program Status:*

*Active Program Category Level:*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Inner-Circle Mothers' Group**

*Description:*

This a group for women who have graduated from the Mothers' Support Group. Participants continue to work on issues they have identified from the Mothers' Support Group.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Types:*

Family

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Intensive Spiritual Introspection (Protestant)**

*Description:*

Offenders meet with the chaplain in small groups for intensive examination of personal history, values, behaviors and beliefs. Spiritual principles are applied to each inmates situation leading to attitude and behavior change.

*Facilities:*

BROOKLYN CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Intentional Skills Development**

*Description:*

This course examines values clarification, healthy choice making, conflict resolution, problem solving and action planning. It is open to anyone who wants to change a course of negative thinking and behavior and learn new skills to help prevent reincarceration.

*Facilities:*

BROOKLYN CI

*Auspices:*

Volunteer Services

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: 84, Compendium Program: Interactive Skill Building**

*Description:*

This program is designed to challenge an offender to think and respond with purpose. The program incorporates interactive activities that combine physical challenges with problem solving group techniques.

*Facilities:*

NORTHERN CI

*Auspices:*

All Facility Staff

*Types:*

Administrative Segregation, SRG

*Program Status:*

Active Program Category Level:2

---

**RT Program Code: N/A, Compendium Program: Intercessory Prayer - Protestant**

*Description:*

A time of intercessory prayer that is held weekly.

*Facilities:*

GARNER CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Interpersonal Effectiveness**

*Description:*

This is the third in the series of in cell classes occurs after the program - Handling a Crisis. This program combines the techniques used in Getting Settled Getting Going and Handling a Crisis to help improve three skills, 1) How to deal with people, 2) problems and 3) different environments.

*Facilities:*

*NORTHERN CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Administrative Segregation*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Intramural Sports**

*Description:*

Unit tryouts are held for interested inmates. Participants must be ticket free. League and games are held for qualifying members and games are held on off days for non-qualifying inmates.

*Facilities:*

*Unknown*

*Auspices:*

*Recreation Services*

*Types:*

*Recreation*

*Program Status:*

*Active Program Category Level:*

---

**RT Program Code: N/A, Compendium Program: Islamic Discussion**

*Description:*

This is a weekly group that focuses on the history of traditions, practices and customs of Islam.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, NEW HAVEN CC, RADGOWSKI CI, ROBINSON CI, YORK CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Islamic Studies**

*Description:*

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

*Facilities:*

BRIDGEPORT CC, BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Islamic Taleem**

*Description:*

A study of text and themes from the Quran. This program seeks to develop and acquire self-awareness.

*Facilities:*

ENFIELD CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Islamic Video**

*Description:*

This is a weekly instructional video focused on the historical background of Islam, prayer, customs, and traditions.

*Facilities:*

BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, MACDOUGALL CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Jehovah' s Witness Bible Study**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

*Facilities:*

MANSON YI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Jehovah's Witness Bible Study**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

*Facilities:*

CYBULSKI CI, ENFIELD CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Jehovah's Witness Collective Service**

*Description:*

This is the weekly Jehovah's Witness worship service.

*Facilities:*

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Jewish History Class**

*Description:*

Overview of Jewish history from biblical times to the present.

*Facilities:*

OSBORN CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Jewish Holy Day Observances**

*Description:*

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

*Facilities:*

CHESHIRE CI, CORRIGAN CI, HARTFORD CC, MACDOUGALL CI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Jewish Prayer & Studies**

*Description:*

A prayer is led by the Rabbi and a period of study of Hebrew texts follows.

*Facilities:*

ROBINSON CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Jewish Prayer with T'Fillin**

*Description:*

A small group gathers daily (except Saturday) to pray and tie on phylacteries (small boxes with scrolls of Torah passages inside).

*Facilities:*

OSBORN CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Jewish Sabbath Worship**

*Description:*

Sabbath afternoon prayer and reading of weekly Torah position, followed by study & discussion.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Jewish Sabbath Worship and Torah Study**

*Description:*

Sabbath afternoon prayer and reading of weekly Torah portion, followed by study and discussion.

*Facilities:*

BROOKLYN CI, HARTFORD CC, MACDOUGALL CI, OSBORN CI, WALKER BUILDING

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious, Worship Services

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Jewish Worship and Study**

*Description:*

Jewish worship followed by study of the Hebrew Bible or Jewish history.

*Facilities:*

*CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, WILLARD CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Job Center**

*Description:*

The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.

*Facilities:*

*CYBULSKI CI, MANSON YI, NIAN TIC ANNEX, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI*

*Auspices:*

*Programs & Treatment Unit, All Facility Staff, Charlene Perkins Center - Facility Staff, Employment Services*

*Types:*

*Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:2*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Jobs for Life**

*Description:*

This program teaches biblical principles concerning work and the ways those principles are applied in the marketplace. Through this training offenders develop character and become connected to a community of support to help them obtain a job and life experience. Training includes confidence, self control, coaching, learning and faith.

*Facilities:*

MANSON YI

*Auspices:*

Employment Services, Religious Services , Volunteer Services

*Types:*

Re-Entry, Religious, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Jumah**

*Description:*

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

*Facilities:*

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

*Auspices:*

Religious Services

*Types:*

Worship Services

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Kairos**

*Description:*

This is a 40-hour faith retreat that is held once a year with monthly reunions.

*Facilities:*

GARNER CI, OSBORN CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Labor Coaches**

*Description:*

This program is a collaborative effort between York CI volunteers and Health Services staff in conjunction with Lawrence & Memorial Hospital's High Risk Infant Program. Community volunteers are trained as labor coaches to work specifically with inmate patients delivering babies at L&M Hospital.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Volunteer Services

*Types:*

Family, Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Laugh Out Loud**

*Description:*

This eight session group meets weekly. This group deals with issues common to the female population: adjustment, anxiety, depression, stress and the effects on the individual of a trauma history presented through use of theatre.<br>

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Laundry - Correctional Enterprises of Connecticut**

*Description:*

The laundry processes over 55,000 pounds of laundry each month. Correctional Enterprises of Connecticut provides institutional employment to inmates in commercial laundry operations. Correctional Enterprises of Connecticut teaches inmates how to operate industrial laundry equipment.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Learning How to Live**

*Description:*

This is a five-week program that meets for an hour and a half each week. The program is based on the video "Learning How to Live by Thomas "Hollywood" Henderson". The main focus is for participants to identify dysfunctional behavior and beliefs in their own lives so they can change the dysfunction in their lives. Self-worth is also examined because it contributes to many of the dysfunctional beliefs and attitudes. Homework is given at each group, and participants must attend all 5 groups to receive a certificate.

*Facilities:*

*Unknown*

*Auspices:*

*All Facility Staff*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Legion of Mary**

*Description:*

This is a program which inmates become members of the largest Catholic lay group in the world. The Legion's goals are to form active, educated and charitable Catholics. This is done through a regular program of prayer that emphasizes the rosary and acts of charity. Inmates also do research and presentations on various aspects of the catholic tradition.

*Facilities:*

*BROOKLYN CI, CHESHIRE CI, MACDOUGALL CI, OSBORN CI, ROBINSON CI, YORK CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Library**

*Description:*

This program is open to those offenders housed on the mental health unit. This program takes place in the institution library where offenders are guided toward reading that promotes personal growth and development.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Female, Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Library Group**

*Description:*

This program allows the mental health inmate the opportunity to enhance their cognitive capabilities through reading, writing and library resource material. Access to law books, periodicals and newspapers are also available.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Life Plan**

*Description:*

This Protestant program prepares inmates for re-entry into the community by teaching life skills that are consistent with Christian principles.

*Facilities:*

*BROOKLYN CI, CORRIGAN CI, RADGOWSKI CI, YORK CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Re-Entry, Religious*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Life Plan Pre-Release and Aftercare Mentoring**

*Description:*

This program provides one to one meetings with selected mentors to help an offender become prepared spiritually and practically for the challenges leading up to and immediately following his re-entry into life outside of prison.

*Facilities:*

*CORRIGAN CI, RADGOWSKI CI*

*Auspices:*

*Religious Services*

*Types:*

*Re-Entry, Religious*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Life Skills**

*Description:*

Life skills is a cognitive Behavioral Therapy Program that helps inmates diagnosed with psychotic spectrum disorders learn to cope with every day stressors while they may or may not be experiencing positive symptoms. An example of a positive symptom would be auditory hallucinations. The goal of the group is to help improve quality of life.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services, Mental Health*

*Types:*

*Health Education*

*Program Status:*

*Active Program Category Level:2*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Life Skills**

*Description:*

This weekly group encourages offenders to develop good social skills that are appropriate to living in both a therapeutic community (The Social Rehabilitation Program) and the world. Therapeutic games, readings, role-play, and sharing of life experience are used.<br>

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services, The Social Rehabilitation Program*

*Types:*

*Female, Social Rehabilitation*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: B1, Compendium Program: Lifer's Group**

*Description:*

This program is a one hour; weekly group in an open format. Designed to create a supportive setting where offenders doing more than 25 years can help each other develop and maintain coping skills in the areas of anger, relationships, anxiety, families, loss etc. It is also a place in which the more seasoned lifers can help their younger peers learn to adapt and survive.

*Facilities:*

*MACDOUGALL CI*

*Auspices:*

*All Facility Staff, Health Services*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Literacy Assistance**

*Description:*

An active group of community volunteers who teach and/or tutor reading skills to inmates. Basic reading, vocabulary and comprehension skills are stressed.

*Facilities:*

GARNER CI

*Auspices:*

All Facility Staff, Volunteer Services

*Types:*

Academic Education, Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Living Sober**

*Description:*

A group of mem who attend voluntarily to develop and enhance their recovery while working on personal issues that may affect their recovery process.

*Facilities:*

BROOKLYN CI

*Auspices:*

Addiction Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Low Impact Exercise**

*Description:*

This group provides the opportunity for offenders to explore how regularly scheduled low impact exercise can help improve their cardiovascular system, functional range of motion, gross motor skills, aide in controlling weight, and enhance their mental and emotional well being.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Health Education, Mental Health

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Mailing Services**

*Description:*

This program utilizes bulk mail machinery. The machinery is the same as operated in the community for bulk mailing. Inmates with such experience are well positioned to get a job in the community. Four inmates are employed in Mailing Services.

*Facilities:*

*CHESHIRE CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Managing Emotions**

*Description:*

This program is offered to assist offenders in understanding their anger, learning skills to control and redirect their anger and learning to live in a less aggressive and healthy manner

*Facilities:*

*YORK CI*

*Auspices:*

*Charlene Perkins Center - Facility Staff*

*Types:*

*Anger Management, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Marker Plate Manufacturing**

*Description:*

This manufacturing shop is the sole producer of vehicle plates to the Department of Motor Vehicles (DMV). This program provides inmates with an opportunity to work in a setting with all the demands of a private industry job, thus preparing them for a "real world" job. Inmates are required to learn to use hydraulic presses, stamping machines, and painting equipment.

*Facilities:*

*CHESHIRE CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Marriage/Family Relationships**

*Description:*

These weekly classes will give an inmate an opportunity to examine the family as an institution; the dynamics of interpersonal relationships within a family; society's expectations; personal expectations; personal growth issues that are common barriers to effective communication; and the inmate's role within his family. Rotating units of study will include an eight-session series on marital issues which will fulfill pre-marital counseling requirements; parenting via Christian principles; exercising Godly leadership in the home; and more.

*Facilities:*

*CYBULSKI CI, OSBORN CI, ROBINSON CI, WILLARD CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Medication Compliance Group**

*Description:*

This group is provided to inmates assigned to mental health housing units. It focuses on knowledge of the purpose of medication including actions, dose and side effects and the role of medication in the maintenance of health. The purpose of the group is to encourage medication compliance.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Medication Group**

*Description:*

This program is open to those offenders housed on the mental health unit. The program serves to guide and educate the offenders about psychotropic medication and its role in their recovery. It is facilitated by nursing personnel on the unit.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Female, Medical, Mental Health

*Program Status:*

Active Program Category Level:

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Meditation Group**

*Description:*

This group is led by a volunteer with extensive experience in teaching meditation. Basic techniques are introduced, as well as more advanced practice. This program is offered to inmates in York CI's Social Rehabilitation program only. The group is ongoing and meets weekly.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Health Services, The Social Rehabilitation Program

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:0

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**RT Program Code: N/A, Compendium Program: Men's Corner**

*Description:*

This program provides an opportunity for offenders to discuss various topics and world events that effect men. It also helps to build social skills and a sense of community among peers, and to engage in various leisure activities.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Mental Health Peer Mentoring Program: Sisters Standing Strong**

*Description:*

This mentor program is comprised of offender mentors/helpers who demonstrate pro-social, adaptive coping skills, as well as, offenders who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program, with staff present supervising, provides an outlet for the female offenders to receive peer-support and insight into common adjustment issues. The following topics are addressed: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.<br>

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:*

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**RT Program Code: N/A, Compendium Program: Mental Health Support Group**

*Description:*

This group is co-lead by mental health and community volunteers and focuses on self-help for dealing with depression or bipolar illness.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Addiction, Mental Health*

*Program Status:*

*Active Program Category Level:*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Mentoring Program**

*Description:*

The volunteer mentor program has established one - on - one matches between community volunteers and inmates to develop positive and supportive relationships. A mentor serves as a positive role model and meets with an inmate on a regular basis to provide constructive suggestions and concrete tools to assist in leading a positive life style upon release to the community.

*Facilities:*

YORK CI

*Auspices:*

Volunteer Services

*Types:*

Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Metal Working Shop**

*Description:*

This program teaches offenders how to utilize all types of metal working equipment. This including welding equipment; mig & tig, CNC equipment; shears and brakes and various other machinery; grinders, punching machines, notchers, plasma cutting, etc. The shop fabricates many types of metal and sheet metal products; institutional beds, lockers writing tables, vehicle caging & much more, etc. This provides offenders an opportunity to design, layout and fabricate a variety of metal products.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Correctional Enterprises of Connecticut

*Types:*

Career Technical Education, Institutional Employment, Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Money Smart**

*Description:*

The Money Smart Program consists of 11 modules on different aspects of banking and money matters.

*Facilities:*

GARNER CI

*Auspices:*

Volunteer Services

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Mood Disorders Group**

*Description:*

This 12-week specialized program is a cognitive-behavioral program designed to address the needs of offenders diagnosed with a depressive disorder. The program addresses the common cognitive errors associated with depression and facilitates the development of a more rational self statement within a supportive context of group therapy.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Mother Read**

*Description:*

Through the Read To Grow organization this program allows mothers to read selected childrens books and translate the book's themes into conversations about establishing independence, setting limits, setting goals, and other issues that touch all parents.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff, Volunteer Services

*Types:*

Family

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Mothers' Support Group**

*Description:*

This group assists incarcerated women to identify and understand their own emotions and their children's needs. It focuses on responsible and effective parenting, as well as mother-child relationships. The group meets weekly for six sessions.

*Facilities:*

YORK CI

*Auspices:*

Parenting Unit- Facility Staff

*Types:*

Family

*Program Status:*

Active Program Category Level:

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Motivation & Self Mastery**

*Description:*

A program designed to enhance offender's ability set goals, take action and become self masters. The program operates under the premise that the -limitations we have are created by the limits we have placed upon ourselves.-

*Facilities:*

*YORK CI*

*Auspices:*

*Charlene Perkins Center - Facility Staff, Contracted Program, Volunteer Services*

*Types:*

*Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Motivational Enhancement for Women**

*Description:*

This program is used to create awareness and self mastery of 1) how beliefs shape our lives and how we can re-shape our belief systems, 2) how negative patterns can be overcome, 3) possibility thinking and intelligent optimism, 4) risk analysis and overcoming fear of taking chances, 5) the nature of personal freedom and the opportunity to express the highest version of ourselves to the world and 6) the honorable path of the motivated and self directed woman.

*Facilities:*

*YORK CI*

*Auspices:*

*All Facility Staff, Contracted Program*

*Types:*

*Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Narcotics Anonymous**

*Description:*

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

*Facilities:*

BRIDGEPORT CC, BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NIAN TIC ANNEX, YORK CI

*Auspices:*

Addiction Services, Volunteer Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Narcotics Anonymous - Spanish**

*Description:*

This Narcotics Anonymous Meeting is conducted in Spanish. Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings are held on weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services staff coordinate the meetings and provide oversight for the program.

*Facilities:*

BROOKLYN CI

*Auspices:*

Addiction Services, Volunteer Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Native American Harvest Festival**

*Description:*

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

*Facilities:*

*BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Native American Strawberry Festival**

*Description:*

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

*Facilities:*

*BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Native American Studies**

*Description:*

It would be a bi-monthly study on Native American stories, music and history. Documentaries will be shown such as 500 Nations or We Shall Remain subject to Central Office approval.

*Facilities:*

*GARNER CI, MACDOUGALL CI, WALKER BUILDING*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:0*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Native American Video and Discussion**

*Description:*

This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.

*Facilities:*

*BROOKLYN CI, CYBULSKI CI, MACDOUGALL CI, OSBORN CI, WILLARD CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Native American Worship**

*Description:*

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

*Facilities:*

*BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious, Worship Services*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Native American Worship-Sweat Lodge**

*Description:*

Sweat lodge is a purification ceremony, which includes smudging. It is celebrated monthly.

*Facilities:*

*CHESHIRE CI, ENFIELD CI, MACDOUGALL CI, OSBORN CI*

*Auspices:*

*Religious Services*

*Types:*

*Worship Services*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: New Haven Family Alliance**

*Description:*

This Fatherhood initiative program will provide pre-release assessments for offenders from the New Haven area. The program will facilitate "Be A Better Man" support group while incarcerated and will provide follow up services once released. Services will include Healthy Couples Workshops, Mentoring, Fatherhood Education workshops and case management and support groups upon discharge.

*Facilities:*

*OSBORN CI, ROBINSON CI*

*Auspices:*

*Volunteer Services*

*Types:*

*Family, Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: New Life Ministries**

*Description:*

A mentoring program for offenders discharging to the New London area, conducted by a faith community. Mentors establish a relationship with offenders six months prior to release. They provide housing, clothing, transportation and a network of support to help the individual build a successful life in society.

*Facilities:*

*YORK CI*

*Auspices:*

*Charlene Perkins Center - Facility Staff, Volunteer Services*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Non-credit Certificate Programs**

*Description:*

Non-credit certificate programs provide opportunities for acquiring skills and credentials in various trades and/or subject areas. Activities may take the form of correspondence courses, self-study, and/or active class participation. Some examples include The Connecticut Career Certificate, Automotive Service Excellence Certification, and the national ServSafe Certification.

*Facilities:*

*BROOKLYN CI, MANSON YI, RADGOWSKI CI*

*Auspices:*

*USD#1*

*Types:*

*Academic Education, Career Technical Education*

*Program Status:*

*Active Program Category Level:1*

---

**RT Program Code: N/A, Compendium Program: Officiating/Umpire Class**

*Description:*

Instructional class given for inmates interested in working as officials and umpires. Participants must be ticket free. Classroom study of the correct interpretation of the rules and hands on practice. Participants must pass a written and practical test.

*Facilities:*

*Unknown*

*Auspices:*

*Recreation Services*

*Types:*

*Re-Entry, Recreation, Self Improvement*

*Program Status:*

*Active Program Category Level:*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Overeater's Anonymous**

*Description:*

This program is conducted in English. Overeater's Anonymous is a Fellowship self-help group for women who provide mutual support in obtaining and maintaining a healthy lifestyle while also helping others to recover from overeating addiction. Volunteers chair the meetings on a weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services

*Types:*

Addiction, Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: PACE: Post Abortion Care & Education**

*Description:*

This is a bible study program designed to assist women with post abortion(s) healing and closure. The offenders work on acknowledging feelings of grief and loss in a safe, supportive environment provided by volunteers who have successfully worked through these issues themselves.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Religious Services , Volunteer Services

*Types:*

Mental Health, Religious, Self Improvement

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Parent - Child Topics Group**

*Description:*

This is a volunteer facilitated group that focuses on different areas specific to parenting. Topics include the effects of violence in the home on children, understanding childrens' feelings as related to their behaviors, child self-esteem and positive methods of discipline.

*Facilities:*

YORK CI

*Auspices:*

Parenting Unit- Facility Staff, Volunteer Services

*Types:*

Family

*Program Status:*

Active Program Category Level:2

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**RT Program Code: N/A, Compendium Program: Parent Education Group**

*Description:*

This program teaches parenting skills and is facilitated by contracted staff from the Families in Crisis Agency. It addresses issues of family systems, communication, human development, child development and discipline. The group meets weekly for six sessions.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program, Parenting Unit- Facility Staff, Volunteer Services

*Types:*

Family

*Program Status:*

Active Program Category Level:2

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: 38, Compendium Program: Parenting**

*Description:*

This is a support group for inmates with children that helps inmates identify and explore the special problems they face due to separation from their children. This group meets weekly for six sessions.

*Facilities:*

YORK CI

*Auspices:*

Parenting Unit- Facility Staff

*Types:*

Family

*Program Status:*

Active Program Category Level:2

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**RT Program Code: N/A, Compendium Program: Parenting Class**

*Description:*

The parenting program explores parenting skills, touching on a variety of subjects. It utilizes guest speakers, videos, classroom activities and written assignments. It is designed to address positive parenting approaches and increase the offender's knowledge of parenting issues. One goal is to help them develop the skills that are needed to be effective and responsible parents.

*Facilities:*

ENFIELD CI

*Auspices:*

All Facility Staff, Health Services, Volunteer Services

*Types:*

Family, Self Improvement

*Program Status:*

Active Program Category Level:2

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Parents Anonymous**

*Description:*

This is a self-help group for current or prospective fathers that primarily focuses on strategies to help inmates gain the ability to deal more effectively with their children.

*Facilities:*

OSBORN CI

*Auspices:*

Volunteer Services

*Types:*

Family, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Peer Interaction**

*Description:*

Peer Interaction meets once a week, rolling admissions. There are approximately 15 individuals. The purpose of this group is to foster social skills, assertive communication and team building. A variety of games and tools are utilized to encourage participation. Twice a month peer mentors from Sisters Standing Strong, conduct this program to help the safe passage individuals adjust to incarceration.

*Facilities:*

YORK CI

*Auspices:*

Safe Passage

*Types:*

Community Service, Cultural Diversity, Female, Recreation, Self Improvement, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Peer Mentor Program**

*Description:*

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

*Facilities:*

*BROOKLYN CI, CYBULSKI CI, ENFIELD CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI*

*Auspices:*

*Addiction Services*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: 93, Compendium Program: PEP - People Empowering People**

*Description:*

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

*Facilities:*

*CHESHIRE CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI, YORK CI*

*Auspices:*

*Volunteer Services*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Perceptions Inc: Intentional Life Skills Programs**

*Description:*

This program provides chemical-free rehabilitation treatment, education, information, referral and other supportive services to offenders, their families and friends at Bergin CI and Brooklyn CI to make the community healthier and safer by reducing the incidence of substance abuse and crime.

*Facilities:*

BROOKLYN CI

*Auspices:*

Contracted Program, Volunteer Services

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Phase III - Security Risk Group Awareness**

*Description:*

Participants examine their involvement in security risk groups and the consequences of that involvement. Unhealthy relationships and addictive behavior are discussed.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Types:*

Female SRG, Self Improvement

*Program Status:*

Active Program Category Level:

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Physical Fitness Education**

*Description:*

Interested inmates sign up in their housing units. Participants must be ticket free. Class meets twice a week for 8 weeks. Certificates are awarded for those passing a written exam.

*Facilities:*

Unknown

*Auspices:*

Recreation Services

*Types:*

Recreation

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Plant Science**

*Description:*

This course explores the "green industry" and the occupations associated with this field. A variety of skills will be instructed and practiced in preparation for students to enter the trade. Subject areas include the botany of plants and their identification; the design and construction of landscapes; the study of insect pests, pest control and safe use of pesticides; the practice of landscape maintenance and turf management; bedding plant production and greenhouse operations and safe work practices and workplace safety techniques. These skills are easily transferred to the outside job market.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Community Service, Re-Entry

*Program Status:*

Active Program Category Level:1

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Poetry- Inspirational speaker -motivating a change for the better.**

*Description:*

Poetry used as a form of expression to guide the offenders to change for the better.

*Facilities:*

MANSON YI

*Auspices:*

Volunteer Services

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Poetry- Inspirational speaker -motivating a change for the better.**

*Description:*

Poetry used as a form of expression to guide the offenders to change for the better.

*Facilities:*

Unknown

*Auspices:*

Unknown

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Poetry Therapy**

*Description:*

Poetry therapy will use the expressive arts to help offenders identify and verbalize their feelings through metaphors. This method has been helpful in allowing patients to manage their feelings through artistic and appropriate expression.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Prayer Class - Islamic Faith**

*Description:*

This is a seminar that teaches inmates how to make prayers according to the Prophet Muhammad (peace be upon him).

*Facilities:*

BRIDGEPORT CC, BROOKLYN CI, CORRIGAN CI, GARNER CI, MACDOUGALL CI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Pre-Chronic Discipline-Split second Group**

*Description:*

This group is designed to decrease impulsive behavior particularly impulse aggressive behavior resulting in critical incident. It is also designed to decrease disciplinary reports and decrease referrals to the Chronic Discipline Program. This group has 3 levels and progression is based on mastering skills not number of sessions.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

CDU, Youth CDU

*Program Status:*

Active Program Category Level:1

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Pre-Release Program**

*Description:*

This ongoing group offers information on community support groups and resources to assist offenders in successfully reintegrating into the community.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Types:*

Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Pre-Release Seminar**

*Description:*

This is a ten-session program that prepares inmates for release into the community.

*Facilities:*

RADGOWSKI CI

*Auspices:*

All Facility Staff

*Types:*

Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:

---

**RT Program Code: N/A, Compendium Program: Pre-Release Training**

*Description:*

This program presents Information about community resources to help participants successfully re-enter the community after release. The group meets weekly on an ongoing basis.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Preventing Sexual Assault**

*Description:*

This video-based program is designed to help inmates avoid being sexually assaulted during their incarceration. It is integrated into the department's assessment process for newly admitted inmates.

*Facilities:*

WALKER BUILDING

*Auspices:*

All Facility Staff, Offender Class & Pop Mgt. Assess Unit

*Types:*

Domestic Violence, Victim

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Print Shop**

*Description:*

This shop operates a variety of printing equipment including two-color and four-color printing presses, desktop publishing computers and high-speed bindery equipment. Inmates assigned to this shop learn a skill that is easily transferred to the outside job market.

*Facilities:*

OSBORN CI

*Auspices:*

Correctional Enterprises of Connecticut

*Types:*

Career Technical Education, Institutional Employment, Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Prison Fellowship Group**

*Description:*

This group uses material from the Prison Fellowship Weekly Lesson Plan Guide and the Bible. It meets weekly.

*Facilities:*

BROOKLYN CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Prison PUP Partnership Program**

*Description:*

This program trains puppies to assist the disabled in their home and community settings. While trained dogs are extraordinarily helpful to disabled individuals, the training is extremely labor-intensive and averages 18 months. This program, using inmate-trainers, is able to intensify and significantly shorten the training period, thereby increasing the amount of time these dogs will serve. In addition to providing an invaluable community service, involved inmates learn skills such as decision-making, responsibility, and care-giving.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff, Volunteer Services

*Types:*

Community Service, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Prisoner Outreach Program (POP)**

*Description:*

The program consists of inmates being transported to community settings where they share their experiences with at-risk youth. This program is designed to reach out and change the direction of the lives of at-risk youths in communities and schools before they end up in prison. The Prisoner Outreach Program meets with at-risk youths and provides them with a unique opportunity to obtain a realistic view of prison life and the reality of serving time. The youths learn how drug and alcohol abuse and criminal behavior ruined the lives of men incarcerated in Connecticut. They also learn how to change their lives in a positive way to avoid being sentenced to prison.

*Facilities:*

ENFIELD CI

*Auspices:*

All Facility Staff

*Types:*

Community Service, Community Work Group, Self Improvement

*Program Status:*

Active Program Category Level:

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Private Industries**

*Description:*

Correctional Enterprises of Connecticut oversees this private sector company engaged in the manufacturing of quilts. Inmates assigned to this area earn prevailing wage and generally work forty hours per week. Inmates selected for this assignment must first spend at least one year in the textile shop and have better than average sewing machine skills. Approximately 50% of wages earned is deducted from inmate pay for room and board, victim fund, child support and taxes.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Problem Solving**

*Description:*

This program is designed to assist offenders in the use of a structured problem-solving model. This is conducted in a group setting to improve problem-solving skills within an institutional environment.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Anger Management, Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Project Rap/Youth at Risk**

*Description:*

This is an educational community service provided by the community outreach staff and inmates addressing the results of poor decision-making. It reaches middle schools and high schools and addresses issues such as drugs, alcohol, HIV, peer pressure, gangs and violence, incarcerated life and life goals. Inmates are brought into the community middle schools and high school to speak about their experiences. Community youth are also brought into the facility for tours and inmate presentations. This is a diversion program for "at risk" youths in which these youths are shown the reality of prison incarceration. The youths tour the facility and see the negative consequences of poor choices.

*Facilities:*

*BROOKLYN CI, RADGOWSKI CI, YORK CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Community Service, Community Work Group*

*Program Status:*

*Active Program Category Level:*

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**RT Program Code: N/A, Compendium Program: Project Reach**

*Description:*

Project Reach is a facility based community outreach program designed to challenge young people in our communities to make positive choices in their lives. Through the use of oral presentations by inmate participants, the audience is invited to explore their own behaviors and the likely consequences of poor choices. This program is conducted by correctional counselors and correctional officers and approximately fifteen inmates. These inmates are carefully screened and trained in order that presentations are appropriate and conducive to the purpose of the programs.

*Facilities:*

*Unknown*

*Auspices:*

*All Facility Staff*

*Types:*

*Community Service*

*Program Status:*

*Active Program Category Level:*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Pro-Literacy Worldwide**

*Description:*

An active group of community volunteers, as well as inmate volunteers, contribute hundreds of hours to combat illiteracy for inmates in all of the facilities. Basic reading, vocabulary and comprehension skills are stressed.

*Facilities:*

MACDOUGALL CI

*Auspices:*

USD#1, Volunteer Services

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Prospective Apprenticeship**

*Description:*

The Prospective Apprenticeship program offers students an opportunity to apply successful Career Technical Educational completions in approved programs toward apprenticeship hours once they leave the Department of Correction. Students who successfully complete the Unified School District #1 Career Technical Education programs (Curriculum approved by the state of CT Department of Labor) and enter a similar apprenticeship program with a recognized CT Apprenticeship Sponsor (employer) may be eligible to receive 1,000 hours of "on-the-job" credit towards completion of an apprenticeship program. NOTE: Apprenticeship credit is contingent upon acceptance by the apprenticeship sponsor.

*Facilities:*

CHESHIRE CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Protestant - Alpha Program**

*Description:*

The Alpha program is a course in basic Christianity based upon biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

*Facilities:*

*CHESHIRE CI, CYBULSKI CI, ENFIELD CI, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Protestant - Christian Twelve Step**

*Description:*

Based on the Twelve Step program, this group meets weekly to examine personal issues and to "work the steps" from a Christian perspective. Inmates utilize a workbook to help them gain personal and biblical insights into overcoming chemical dependency.

*Facilities:*

*CORRIGAN CI, ROBINSON CI, WALKER BUILDING*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Protestant Alpha Group**

*Description:*

Alpha 1 is a fourteen week DVD series that presents the basis of the Christian Faith. It provides the principles for Christian living and a foundation for the spiritual and emotional growth. Group discussion follows the DVD presentation.

*Facilities:*

*MANSON YI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Protestant and Catholic Choir**

*Description:*

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

*Facilities:*

*BROOKLYN CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, NEW HAVEN CC, OSBORN CI, ROBINSON CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Protestant Bible Study**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NIAN TIC ANNEX, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Protestant Bible Study (Spanish)**

*Description:*

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIAN TIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Protestant Choir**

*Description:*

This choir both enhances the religious liturgies and adds a level of veneration to services.

*Facilities:*

CYBULSKI CI, WILLARD CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Protestant Communion Service**

*Description:*

This is a sacramental service that offers the administration of the -Lord's Supper-.

*Facilities:*

HARTFORD CC

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Protestant Devotional Service**

*Description:*

This is a gathering for inner reflection on prayers and bible reference that assist in calming the spirit of each participant.

*Facilities:*

HARTFORD CC

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Protestant Discipleship Group**

*Description:*

This group is a structured biblical based activity to teach members self-discipline maturity in accordance to other faiths and to become a better member in our society. This group is conducted by a chaplain and/or volunteers.

*Facilities:*

BROOKLYN CI, ENFIELD CI, ROBINSON CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Protestant Praise (including Spanish)**

*Description:*

A service that is less structured and less formal than a worship service in its manner of extolling the christian deity.

*Facilities:*

HARTFORD CC

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Protestant Prison Fellowship Seminar**

*Description:*

This is a weekend faith development seminar held twice yearly.

*Facilities:*

BROOKLYN CI, CORRIGAN CI, MACDOUGALL CI, RADGOWSKI CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Protestant Retreat**

*Description:*

Retreat: Withdrawal from daily activities for a period of time. The retreat is devoted to prayer, meditation, self-examination and decision making for participant's spiritual life.

*Facilities:*

NIANTIC ANNEX

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Protestant Service**

*Description:*

This is the weekly Protestant worship service.

*Facilities:*

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NIAN TIC ANNEX, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Worship Services

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Protestant Service (Spanish)**

*Description:*

This is the weekly Protestant worship service conducted in Spanish.

*Facilities:*

BROOKLYN CI, CHESHIRE CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIAN TIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Worship Services

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Protestant Service-Spanish**

*Description:*

This is a weekly Protestant Worship service conducted in Spanish for Spanish speaking inmates.

*Facilities:*

MANSON YI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:1

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Protestant Spanish Prayer**

*Description:*

This program of prayer, scripture and songs that helps inmates to withdraw from weekly stress and empowers their desire to change and grow personally.

*Facilities:*

ENFIELD CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Protestant Support Group**

*Description:*

A developmental supervised group discussion based on Protestant Christian principles, intended to provide opportunities for inmates to develop role models, gaining insights into Christian living so that they may more fully integrate beliefs and behaviors. Program meets weekly and is led by volunteers and/or staff.

*Facilities:*

CYBULSKI CI, WILLARD CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Protestant Video and Musical**

*Description:*

A topical supervised group discussion based upon chaplain selected videos or music intended to provide opportunities for inmates to gain insights into other's life experiences and world views. This group meets weekly and led by chaplains and volunteers. It is open to all Protestants.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CYBULSKI CI, NEW HAVEN CC, OSBORN CI, WILLARD CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Quranic Studies**

*Description:*

Qu'ran readings are reviewed with inmates. It is an informal group that is open to current issues pertaining to the Islamic faith and their application.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CORRIGAN CI, GARNER CI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha**

*Description:*

Religiously Required Observations (Annual)

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Rational Behavior Therapy**

*Description:*

This program helps offenders learn the symptoms of mood disorders and how to identify their own symptoms and negative self-talk. Offenders also learn what behavior helps to stabilize their moods to increase their own positive self-talk.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Read to Your Children**

*Description:*

This program is designed to foster a bond between a child and his/her incarcerated parent. USD#1 creates and maintains a collection of children's books. Inmates can select from a book and read to their child during regular visiting hours.

*Facilities:*

MACDOUGALL CI

*Auspices:*

USD#1

*Types:*

Family

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Ready 4 Life**

*Description:*

Ready 4 life is a Protestant class that helps youthful offenders to "look inside" in order to develop healthy thinking from a Christian perspective. Through teaching and discussion of Biblical principles, it seeks to change negative attitudes and destructive behavioral patterns. Some topics include overcoming anger, forgiveness, honesty, strongholds, victim mentality and responsibility. Volunteers will lead the program.

*Facilities:*

MANSON YI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Re-Entry, Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Recovery Group**

*Description:*

This program is a 12-step program that is run by the women in the program themselves. A staff facilitator is present during the meetings. It is open to offenders in the Social Rehabilitation Program.

*Facilities:*

YORK CI

*Auspices:*

Health Services, The Social Rehabilitation Program

*Types:*

Female, Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Recovery Group: Safe Passage Program**

*Description:*

This group discusses recovery issues and the challenges faced with addiction. It provides a safe environment to share personal stories and provide feedback in a positive, empowering way. It educates participants on drugs, the side effects, triggers, addiction, and utilizes the group with helping each other to problem solve using role plays and discussion.<br>

*Facilities:*

YORK CI

*Auspices:*

Addiction Services, Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Recovery Group: Safe Passage Program: Co-Occurring**

*Description:*

This group is offered to offenders housed in the Mental Health Unit, participants of the Safe Passage Program. The purpose of this group is to support program participants in their recovery from co-occurring mental health and substance abuse disorders. The two primary elements of this group are to develop increased motivation for abstinence from abused substances, and to develop increased coping skills for recovery.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services, Health Services

*Types:*

Dual Diagnosis, Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Recovery via fitness and healthy habits**

*Description:*

This psycho-educational and discussion group focuses on helping participants enhance their physical and emotional wellness. Some specific topics include nutrition, exercise, accepting and coping with psychiatric illness, and reducing risk of illness. This group is part of the Safe Passage Program.<br>

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Recreation**

*Description:*

This program is open to those offenders housed on the mental health unit. The offenders are accompanied by mental health staff to the gymnasium, where they engage in physical activities designed to build self-esteem and group cohesion.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Recreation Services

*Types:*

Female, Mental Health, Recreation, Self Improvement

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: 94, Compendium Program: Recreation Worker Program**

*Description:*

Offenders are supervised by Recreation Supervisors& introduced to sports, fitness, health& wellness activities. Some are certified as referees, assistant coaches, and umpires. Assists offenders in developing a healthy life style.

*Facilities:*

CENTRAL OFFICE

*Auspices:*

Recreation Services, Volunteer Services

*Types:*

Career Technical Education, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Re-Entry Services: Transition Library Program**

*Description:*

The Transition Library (under USD#1's auspices) offers a comprehensive selection of self-help publications and forms geared at fostering greater autonomy over pre-release strategies. Offenders contact the library, via transition checklist, to obtain materials tailored for an inmates individual need upon release. Inmate Transition Tutors (TT's), assigned to each housing unit, assist inmates in selecting appropriate resources, deciphering publication language and completing necessary documents from the Transition Library. Under facility staff auspices each TT makes himself available to answer questions and offer assistance to those who request it within the dormitory setting. TT's complete a monthly log sheet of individual contacts made and services requested assessing program features, immediate needs and user comments. USD#1 and facility staff each review the sheets respectively to monitor the program's outcomes and determine need areas.

*Facilities:*

BROOKLYN CI

*Auspices:*

All Facility Staff

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Relapse Prevention Substance Abuse - York**

*Description:*

This program for community release eligible inmates is designed to prepare them for the challenges of re-entry into the community. This program focuses on strategies to prevent relapse from mood-altering substances. Topics include coping skills and transition to the community. This weekly group meets for ten sessions.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Addiction, Re-Entry

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Relapse Prevention/Discharge Group**

*Description:*

This program is designed to prepare the offender to return to the general prison population, prevent relapses, and to help the offender monitor their mental state while on discharge status.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Medical, Mental Health, Re-Entry

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Relapse Prevention-MYI**

*Description:*

This group will only be offered to inmates repeating the Close Monitoring Program. It is designed to help inmates understand the concepts related to relapse into gang behavior.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff

*Types:*

Youth SRG

*Program Status:*

Active Program Category Level:

---

**RT Program Code: N/A, Compendium Program: Relationship Issues Group**

*Description:*

This program assists participants in developing healthy relationships. Belief systems are challenged in order to help participants make healthy choices and practice positive behaviors. This group meets weekly for ten sessions.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Relationship Issues: Parenting**

*Description:*

This group is designed to improve mothers' ability to develop and maintain a positive relationship with their sons and daughters while incarcerated. Further, the goal is that this increased positive maternal role will help participants develop enhanced motivation for personal recovery. This group is part of the Safe Passage Program.<br>

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Relationship Skills Group**

*Description:*

This group meets once per week and is available to inmates housed in the inpatient Mental Health Unit. This group explores interpersonal relationship and communication styles to gain a greater understanding of relationships and effective communication. This group also explores how self-esteem and self-image affect our relationship choices. The group provides psychoeducation about healthy and abusive relationships.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Relaxation Group**

*Description:*

This group is designed to teach offenders the appropriate relaxation skills, how to reduce stress, increase coping skills, and how to keep their mental faculties strong and active.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Religious Library**

*Description:*

A church guided individual session using written religious material such as periodicals, daily reflections and books.

*Facilities:*

BROOKLYN CI, CYBULSKI CI, OSBORN CI, ROBINSON CI, WILLARD CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Religious Studies**

*Description:*

This program is only offered to women on the Mental Health Unit. A member of the Chaplain's staff conducts it. Various topics relative to religious and spiritual development are introduced. Discussion is encouraged.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Religious Services

*Types:*

Female

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Resource Center**

*Description:*

This center provides inmates with the resources for their reintegration into the community.

*Facilities:*

Unknown

*Auspices:*

All Facility Staff

*Types:*

Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:

---

**RT Program Code: N/A, Compendium Program: Resume Builder-Computer Skills**

*Description:*

This group is designed to teach offenders computer skills, basic typing, the function of keyboards, and the basics of computer hard drives.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Sacramental Preparation (Spanish)**

*Description:*

This is a course of studies conducted in Spanish.

*Facilities:*

NEW HAVEN CC, YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Sacramental Preparation- Catholic**

*Description:*

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

*Facilities:*

*CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NIAN TIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Safe Passage - Stress Less**

*Description:*

The purpose of this group is to support the development and practice of healthy coping skills to address the daily stresses of the program participants. This group meets in the afternoon/eve, so that may accommodate safe passage day program. Participates who have multiple daytime commitments and allow for group members to receive continuing mental health care.

*Facilities:*

*YORK CI*

*Auspices:*

*Safe Passage*

*Types:*

*Health Education, Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Safe Passage Community Meeting**

*Description:*

This group meets once a month-rolling admissions. The purpose of this group is to support the development of positive interpersonal communication skills, problem solving, conflict resolution and enhance self-esteem. All safe passage program participants meet once a month to discuss and address community issues and recognize the accomplishments of program participants.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Safe Passage

*Types:*

Community Work Group, Gender Responsive, Mental Health

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Safe Passage: Walk it out**

*Description:*

Meets once a week-15 participants limit. The purpose of this group is to develop healthy lifestyles which includes physical exercise and regular positive interaction of peers. This group includes health education, physical exercise and peer socialization and conversation especially with the Spanish population.

*Facilities:*

YORK CI

*Auspices:*

Safe Passage

*Types:*

Cultural Diversity, Mental Health, Recreation

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Salvation: Beginning with Christ (Spanish)**

*Description:*

An examination of the core beliefs of Protestant Christians regarding the role and work of Christ in offering restoration of humanity's relationship with God. Course length: 9-11 weeks, offered at least twice a year.

*Facilities:*

*CORRIGAN CI, RADGOWSKI CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Members (SRGT) - Building the Ladder**

*Description:*

This class is a component of the Security Risk Group Threat and Affiliate programs. In this class inmates are encouraged to formulate and build a realistic and achievable plan for their future. This is achieved through exercises in responsibility and group communication.

*Facilities:*

*CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI*

*Auspices:*

*All Facility Staff*

*Types:*

*SRG , SRG - Close Monitoring, Youth SRG*

*Program Status:*

*Active Program Category Level:1*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Relapse Prevention**

*Description:*

This class is a component of the SRGT and SRG programs. It is designed to help inmates understand and avoid relapse. In order to reach this class in the program the inmate has had to be behaving himself and interacting appropriately with other inmates and staff. This group is designed to help inmates examine the issues that might result in a relapse of the problematic behavior which resulted in their placement in the SRGT program.

*Facilities:*

*CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI*

*Auspices:*

*All Facility Staff*

*Types:*

*SRG , SRG - Close Monitoring, Youth SRG*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Bridge Group**

*Description:*

This class is one component of the SRGT and SRG programs. It is designed to (1) review all the concepts taught in the previous classes; (2) afford an opportunity for senior management in the facility to interact with inmates and evaluate program progress; (3) to help inmates think about and plan the next step in the three-phase SRGT program.

*Facilities:*

*CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI*

*Auspices:*

*All Facility Staff*

*Types:*

*SRG , SRG - Close Monitoring, Youth SRG*

*Program Status:*

*Active Program Category Level:1*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Controlling your Anger**

*Description:*

This is one of the classes used in both the Security Risk Group Threat Program and the Security Risk Group Affiliate Program. An essential capacity these inmates need to develop is to be able to deal with angry feelings without resorting to violence. This class is designed to help change thinking and attitudes which promote violence and to develop skills to deal with anger without violence.

*Facilities:*

*CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Anger Management, SRG , SRG - Close Monitoring, Youth SRG*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Orientation and Communication**

*Description:*

This is a component of the SRGT and SRG programs. Research into causes of violence among inmates reveals that frequently there is a breakdown in communication or poor communication skills. This group is designed to assist inmates in improving communication skills.

*Facilities:*

*CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI*

*Auspices:*

*All Facility Staff*

*Types:*

*SRG , SRG - Close Monitoring, Youth SRG*

*Program Status:*

*Active Program Category Level:1*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT)-How to Deal with Your Problems and How to Do Your**

*Description:*

This is a group designed for inmates in the SRGT and SRG programs. One of the problems which many inmates have in general and restrictive housing inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape which shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

*Facilities:*

*CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI*

*Auspices:*

*All Facility Staff*

*Types:*

*SRG , SRG - Close Monitoring, Youth SRG*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Self Awareness Group**

*Description:*

This program is designed to help offenders clear away self defeating behaviors. Offenders who attend this group are introduced to self-awareness group activities that allow them to safely express themselves and release any repressed feelings (eg. anger, sadness, fear) and heal the damage of past trauma.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Self-Esteem**

*Description:*

This group employs psycho-education, cognitive behavioral intervention, and expressive modalities to help participants address self-esteem deficits, and develop improved self-esteem. It is part of the Safe Passage Program.<br>

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Female, Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Sesame Street**

*Description:*

This is a weekend program offered to inmates' children from 3 to 11 years of age. Inmate caregivers work with these children under the supervision of staff from a contracted provider, Families in Crisis. When families visit inmates their children are given the opportunity to play games or engage in other age-appropriate and fun activities. In order for the inmates to become caretakers they are carefully screened by DOC staff. In addition, they receive a 16-week training session.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Volunteer Services*

*Types:*

*Family*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: 36, Compendium Program: Sex Treatment Program**

*Description:*

The Sex Offender Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is to decrease sexual violence. The program teaches inmates about the nature of sexual assault, helping them develop an individualized relapse prevention strategy for themselves, helping them improve the quality of normal interpersonal relationships, helping them better manage their anger, and helping them develop victim empathy.

*Facilities:*

*BROOKLYN CI, CHESHIRE CI, GARNER CI, MANSON YI, OSBORN CI, YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Anger Management, Self Improvement, Sex Offender*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Sex Treatment Program - EXHIBITIONISM WITHIN CORRECTIONS**

*Description:*

This 16 week group focuses on offenders who have a documented history of exhibitionistic behaviors within the correctional environment. The group focuses on breaking denial and fostering awareness of the behaviors as problematic. Motivations for behaviors are addressed, as is development of empathy, and relapse prevention planning.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Sex Offender*

*Program Status:*

*Active Program Category Level:1*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Sex Treatment Program - York CI**

*Description:*

The Sex Treatment Program is a specialized program open only to offenders with sex-offender charges. The program is provided by mental health staff with specialized training in the treatment of sex offenders. It deals with both specific behavioral issues typical of the offense and the likely underlying individual issues. This is both a supportive group and a highly structured psychoeducational group. It is an integral part of the state wide Sex Treatment Program.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Self Improvement, Sex Offender

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Sisters Helping Sisters**

*Description:*

This is a weekly support group designed to facilitate women in need of achieving their highest possible level of functioning. Supportive group therapy is the guiding modality. Psychoeducational themes are introduced regularly as well.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Sisters Standing Strong**

*Description:*

The York CI Mentor Program is comprised of inmate mentors who demonstrate pro-social, adaptive coping skills as well as inmates who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program also provides an outlet for the female offenders to receive peer support and insight into common adjustment issues. Topics addressed include: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Skill Building**

*Description:*

In this program the youthful offenders attend the gymnasium with a rehabilitation therapist. Physical exercises are integrated with cognitive challenges to build self-confidence, self-esteem, and a sense of community.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Recreation Services

*Types:*

Female, Recreation, Youth, Youth - York CI

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Skills Training**

*Description:*

This program covers a wide variety of topics, including communication skills, coping skills, being in recovery and mental illness in general. It is open to offenders in the Social Rehabilitation Program.

*Facilities:*

YORK CI

*Auspices:*

Health Services, The Social Rehabilitation Program

*Types:*

Female, Health Education, Mental Health

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: SMARTS: Stress Management & Relaxation Techniques**

*Description:*

A 3 session program offered 1 time a week where offenders will learn various techniques to decrease their stress level and increase their awareness of healthy relaxation techniques. Offenders may be educated in the use of deep breathing exercises, guided imagery, meditation, progressive muscle relaxation and a simplified form of cognitive behavioral therapy to enhance their ability to cope with incarceration.

*Facilities:*

BRIDGEPORT CC, CYBULSKI CI, WILLARD CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Social & Leisure Skills**

*Description:*

These activities are employed to aid the mentally ill inmate. The development of new leisure skills promote emotional and social well-being. Appropriate group interaction skills are also taught.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: D2, Compendium Program: Social Rehabilitation Program**

*Description:*

The Social Rehabilitation Program (SRP) is a residential program housed in 2-North. There is a weekly schedule of groups and each participant is expected to attend five of these. In addition, the women are encouraged to be active in other forms of programming, including religious services. Recovery is emphasized, whether that is recovery from addiction, mental illness or trauma. In particular treatment is emphasized, as the vast majority of the participants are trauma survivors.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff, Charlene Perkins Center - Facility Staff, Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Social Skills**

*Description:*

This program is designed for offenders whom the acquisition of ordinary daily social skills would be valuable for their mental health treatment and rehabilitation. Topics include but are not limited to assertiveness, skills for living in prison, conversation, and telephone protocols.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement, Social Rehabilitation

*Program Status:*

Active Program Category Level:2

---

**RT Program Code: N/A, Compendium Program: Social Skills Improvement with Recreation**

*Description:*

This program is designed to provide the opportunity for offenders to develop and improve their social skills through recreational activities.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Spanish Protestant Rap Group**

*Description:*

This is a weekly informal discussion group that is open to current issues pertaining to the protestant faith and their practical application. A volunteer conducts this program.

*Facilities:*

ROBINSON CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Spanish Speaking Mental Health Support Group**

*Description:*

A therapy mental health support group for the Spanish speaking inmates.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Special Education and Pupil Services**

*Description:*

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

*Facilities:*

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

*Auspices:*

USD#1

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Spiritual Writing Group**

*Description:*

Utilizing Scripture and spiritual writings as basic texts, inmates write their own stories in Poetry and Prose. This self-expression helps them grow spiritually and emotionally and offers a release from the stress of prison life.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Spirituality**

*Description:*

This program is designed to raise awareness and grasp the definition of spirituality.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Spirituality & Recovery**

*Description:*

This 13 session program uses spiritual principles, meditation and journaling to gain strength in recovery from addiction. The program utilizes power point presentations, reflection and independent assignments to help offenders understand themselves better and gain insight into their addiction and their progress in recovery

*Facilities:*

ROBINSON CI, YORK CI

*Auspices:*

Religious Services

*Types:*

Addiction, Religious

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Sponsorship Behind the Walls**

*Description:*

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

*Facilities:*

*BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI*

*Auspices:*

*Addiction Services, Volunteer Services*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Start Now: Unit 3**

*Description:*

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

*Facilities:*

*NORTHERN CI, WILLARD CI*

*Auspices:*

*Mental Health*

*Types:*

*Medical, Mental Health*

*Program Status:*

*Active Program Category Level:2*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Start Now: Unit 1**

*Description:*

Start Now is a 32 session program broken down into 4 sections. Start Now is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self-talk, acceptance, positive coping skills , understanding grief/loss/anger/worry and anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

*Facilities:*

*NORTHERN CI, WILLARD CI*

*Auspices:*

*Mental Health*

*Types:*

*Medical, Mental Health*

*Program Status:*

*Active Program Category Level:2*

---

**RT Program Code: N/A, Compendium Program: Start Now: Unit 2**

*Description:*

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry, anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

*Facilities:*

*NORTHERN CI, WILLARD CI*

*Auspices:*

*Mental Health*

*Types:*

*Medical, Mental Health*

*Program Status:*

*Active Program Category Level:2*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Start Now: Unit 4**

*Description:*

Start Now is a 32 Session program that is broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/angry/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

*Facilities:*

*NORTHERN CI, WILLARD CI*

*Auspices:*

*Mental Health*

*Types:*

*Medical, Mental Health*

*Program Status:*

*Active Program Category Level:2*

---

**RT Program Code: N/A, Compendium Program: Stations of the Cross**

*Description:*

Prayers and meditations on the Passion, death and resurrection of Jesus Christ. This program leads the participants to a deeper understanding and appreciation for the gift of salvation through Christ's selfless act of redemption.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Steps to Christian Maturity**

*Description:*

A scripture study based upon Protestant Christian principles intended to provide opportunities for inmates to gain insights and learn necessary tools to develop a deeper relationship with God.

*Facilities:*

*ROBINSON CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: 41, Compendium Program: Stop the Violence**

*Description:*

This program is designed to help individuals change their belief system and violent behavior. Participants are encouraged to understand how they have confused their sense of self-worth, character and personality with aggressive stereotypes. They are also encouraged to assume responsibility for their violence and examine the consequences of their behavior.

*Facilities:*

*RADGOWSKI CI*

*Auspices:*

*Volunteer Services*

*Types:*

*Anger Management, Domestic Violence, Family, Self Improvement*

*Program Status:*

*Active Program Category Level:2*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Storybook Project**

*Description:*

The Storybook Project is a program available for inmates with children 10 years of age or younger. Volunteers assist the women in selecting a new, age-appropriate book to read and record on an audio cassette. The books and audio cassettes are sent to the children. An inmate may participate one time only and DCF approval is required, as necessary.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff, Volunteer Services

*Types:*

Family

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Street Smart - RESPECT Program**

*Description:*

This is 2 session HIV prevention intervention.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

Medical

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Strengths Group**

*Description:*

The Strengths Group program focuses on positive aspects of the patient's lives, helping them build on a foundation of strength that already exists. This method is effective in building self-esteem and a positive identity in a negative environment.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Stress Management**

*Description:*

This is an 8 week group that will meet once a week for an hour. The purpose of the group is to teach the group members what causes stress and the effect stress has on the body, mind, emotions and spirit. They will learn the importance of time management, exercise, sleep, diet and relaxation in reducing stress. They will learn positive & healthy ways to decrease stressful behaviors.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Stress and Anger Management**

*Description:*

This restrictive housing program assists participants in identifying physical changes, feelings and behaviors in which they engage when they become stressed or angry. The program is offered to inmates who exhibit problematic behavior within the facility, including gang threat members.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Types:*

Anger Management, Female SRG, Self Improvement

*Program Status:*

Active Program Category Level:

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Stress Management - Garner CI**

*Description:*

This program is designed to help offenders learn to manage their stress and anger issues both in an institutional setting and on the outside. Some techniques taught include relaxation techniques and facing fear of change.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Anger Management, Health Education, Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Stride Program**

*Description:*

Provides services to those who are non-custodial parents of children who are in receipt of temporary family assistance benefits with the occupational and job search skills as well as resources to enter competitive employment positions.

*Facilities:*

*YORK CI*

*Auspices:*

*Charlene Perkins Center - Facility Staff, Contracted Program, Volunteer Services*

*Types:*

*Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Strive Program**

*Description:*

STRIVE is a program operated by a number not-for-profit affiliates. Its main goal is to help people get and keep jobs. STRIVE emphasizes developing the kinds of attitudes that are necessary to get and keep a job. It actively assists in job placement for graduates and offers two -year long-term post placement support to help its graduates with whatever problem that threatens their continued success. In this collaborative effort, STRIVE and the Department of Correction staff enrolls the inmates in an intensive three-week program, to begin upon discharge from the facility. The objective of this collaborative program is to keep the participants from returning to the Department of Correction by helping them change their attitude, get a job, and keep the job.

*Facilities:*

BRIDGEPORT CC

*Auspices:*

All Facility Staff, Volunteer Services

*Types:*

Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Structured Process - ADL Group**

*Description:*

This program is designed to assist offenders who have problems with activities of daily living. Topics addressed include but are not limited to personal hygiene, diet, sanitation, housing, and recognizing colors, numbers and addresses.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Health Education, Medical, Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 0, Compendium Program: Substance Abuse Group-Mental Health**

*Description:*

This group is designed for a lower functioning population of inmates who cannot participate in the facility based Tier programs due to existing mental health issues. This group is 8 sessions and is 45 minutes long. The length of the group is tailored for the functioning level of the inmates. Sessions include information on effects of drugs and alcohol on the body and brain, use vs. abuse, effects on family and friends, ABC approach to recovery, relapse prevention and role playing.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Mental Health*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Success Stories**

*Description:*

This is a four-session group that examines how former offenders have found their way to becoming law-abiding productive members of society.

*Facilities:*

*CORRIGAN CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:*

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**RT Program Code: N/A, Compendium Program: Success Stories**

*Description:*

This program is for those offenders who have successfully completed the Commitment to Change program. It prepares offenders for release and assists in making a plan to be successful after incarceration. This program is geared towards offenders who are preparing for discharge.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Health Services

*Types:*

Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Super Skills**

*Description:*

This group is a psycho-educational group that teaches positive coping skills such as anger management, stress management, proper hygiene, self-esteem, recovery, and healthy relationships.<br>

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Supportive Process Group**

*Description:*

This program is designed to provide supportive therapy, & psychoeducation while addressing process and group dynamics in a group setting.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Supportive Therapy**

*Description:*

This program is open to all who sign up. It is intended to serve as an outlet for inmates who often express concerns for the future as they approach discharge.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

**RT Program Code: N/A, Compendium Program: Survivors of Sexual Abuse/Trauma & Empowerment**

*Description:*

This group provides a safe environment where victims of sexual abuse can share their experience, beliefs about abuse and begin the healing process. The group helps participants gain insight into how abuse has influenced their lives and how to increase their self-esteem.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Symptom Recognition**

*Description:*

This program addresses specific symptoms and coping techniques related to them. Educational information is also provided regarding the nature of the offender's disorder, treatment modalities and medication.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Medical, Mental Health

*Program Status:*

Active Program Category Level:2

---

**RT Program Code: N/A, Compendium Program: Taking Control**

*Description:*

A group designed to assist offenders in dealing with and managing diabetes.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Medical

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Taking Control - ACE Program**

*Description:*

This is an anger and impulse management group for offenders with a mental health level of 3 or 4 and house in C-Cottage. Group topics include stress, anger, triggers, body alarms, controlling impulses, defining and coping with emotions, understanding cognitive distortions and improving communication. This group meets for 10 one hour sessions.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Taleem**

*Description:*

A study of text and themes from the Quran with life application.

*Facilities:*

MACDOUGALL CI, ROBINSON CI, WALKER BUILDING

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Talk it Out**

*Description:*

This group which is part of the Safe Passage Program meets once a week with rolling admissions of 15 participants (limit 15). This groups purpose is to foster interpersonal peer support. Individuals come with an agenda and express their issues, concerns and ideas in the group and then receive support and feedback.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Safe Passage

*Types:*

Dual Diagnosis, Health Education, Mental Health, Self Improvement, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Target - Trauma Affect Regulation Guide for Education & Therapy**

*Description:*

This program provides strength based present centered approach to teaching trauma survivors self-regulation skills. The skill sequence attempts to refocus the inmate's attention on ways to regain a sense of control when triggered/dysregulated.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: TARGET Group**

*Description:*

Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psychoeducation is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects women with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

*Facilities:*

GARNER CI, YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:2

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Tarweeh**

*Description:*

This is a nightly prayer that is conducted during the month of Ramadan.

*Facilities:*

CHESHIRE CI, MACDOUGALL CI, WALKER BUILDING

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Teaching English to Speakers of Other Languages (TESOL) Language Acquisition Skills (LAS)**

*Description:*

Teaching English to Speakers of Other Languages (TESOL)/Language Acquisition Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

*Facilities:*

CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, RADGOWSKI CI, ROBINSON CI, YORK CI

*Auspices:*

USD#1

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: D4, Compendium Program: Technical Violators Program (ASU-TOP)**

*Description:*

The Addiction Services Unit - Time Out Program (ASU-TOP) provides Substance Abuse Treatment for offenders returned to custody for non-compliance with the stipulations and/or conditions of their release from a DOC facility. ASU-TOP programming serves to reinforce the offender's foundation of substance abuse information, personal identification with recovery, and to motivate their continued use of formal and informal recovery support services upon their return to the community. The ASU-TOP uses two evidence-based; psycho-educational curriculum driven programs designed to help the offender identify the mechanisms which triggered their relapse into the use of Alcohol or other Drugs; enhance their recovery skills, and develop a plan for an on-going drug and crime free lifestyle. The ASU-TOP program will be delivered 5 times per week over the course of 3 weeks The Brief Substance Abuse Treatment Program shall be 15 sessions in length; the Intensive Relapse Prevention Program shall be 10 sessions in length. Participants will also complete the Job Center Program and the Reentry Workbook Program. Upon successful completion of TOP, inmates may attend Aftercare.

*Facilities:*

*ROBINSON CI, YORK CI*

*Auspices:*

*Addiction Services, Charlene Perkins Center - Facility Staff*

*Types:*

*Addiction, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Textile Shop**

*Description:*

This is the largest of the shops of Correctional Enterprises of Connecticut (CEC). Inmates first assigned to this program spend several months in a training program learning how to operate sewing machines and other equipment used in the manufacture of garments and mattresses. The shop manufactures over 400,000 items annually. Inmates learn to work in a high production environment providing quality products in a timely manner.

*Facilities:*

*OSBORN CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: The Best Year of Your Life**

*Description:*

This 7-session group is open to the general population. The emphasis is on self understanding and building self-esteem. Acceptance and looking ahead to a productive and positive life, in spite of the difficulties the individual may encounter, is the essence of this future oriented group.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Female, Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: The Bridge**

*Description:*

This psychotherapy group includes a fixed membership group (closed admission) inviting participants to focus on how they can develop a -bridge- from where they are currently in their lives to where they would like to be in the near and distant future. The focus is on addressing internal and external barriers to positive change, employing constructive problem solving and developing a positive support system for change.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Mental Health, Self Improvement, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: The Intensive Mental Health Unit (IMHU)**

*Description:*

The Intensive Mental Health Unit (IMHU) is a three-phase intensive behavior modification program designed to treat and safely manage those inmates with severe mental illness or mental retardation. These inmates also exhibit assaultive behavior and/or chronic disciplinary problems. The goal of this program is to reduce the number and severity of episodes of behavioral dyscontrol as well as increase compliance to his individual treatment plan. The program utilizes a collaborative approach with health services, (i.e., mental health and custody staff). A gradual increase in inmate privileges based on demonstrated positive compliance with unit protocol is the primary goal.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: The Resettlement Program**

*Description:*

*Facilities:*

*YORK CI*

*Auspices:*

*All Facility Staff, Charlene Perkins Center - Facility Staff, Contracted Program, Volunteer Services*

*Types:*

*Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: The Visual Bible**

*Description:*

This program consists of a video presentation and discussion of the gospel according to Matthew and the Acts of the Apostles. The only dramatization using the actual scriptures word for word.

*Facilities:*

Unknown

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Therapeutic Community Meeting**

*Description:*

This group is provided to inmates assigned to mental health housing. The inmates discuss issues of concern using problem solving skills and conflict resolution.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Therapeutic Recreation Class**

*Description:*

This program run by the Recreation Department is designed to provide inmates with positive social interaction skills via recreation group dynamic techniques. A variety of group games are analyzed. Participants learn how to play, score, referee and run games and tournaments.

*Facilities:*

GARNER CI

*Auspices:*

Recreation Services

*Types:*

Recreation, Self Improvement

*Program Status:*

Active Program Category Level:

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 01, Compendium Program: Thinking for a Change**

*Description:*

This cognitive behavior program was developed by the National Institute of Corrections. It is designed to help inmates change the way they think, help inmates develop improved social skills, and help inmates learn problem-solving skills. Research links successful completion of such programs to reduced recidivism.

*Facilities:*

*BROOKLYN CI, ENFIELD CI, GARNER CI*

*Auspices:*

*All Facility Staff*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: 95, Compendium Program: Thresholds**

*Description:*

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

*Facilities:*

*CHESHIRE CI, GARNER CI, MANSON YI, YORK CI*

*Auspices:*

*All Facility Staff, Contracted Program, Volunteer Services*

*Types:*

*Anger Management, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Tier 2 Addiction Services Spanish Intensive Outpatient Program**

*Description:*

The Spanish Tier 2 Program will serve to lay a foundation of basic information, promote a personal identification with recovery, and motivate inmates to seek further treatment involvement. It is an evidenced based curriculum program that is provided three times a week, for 10 weeks, in a non-residential setting. This program will help offenders who have difficulty reading, writing and speaking English, to develop an understanding of addiction, the substances of abuse, and relapse prevention. The program will also help the offender understand how addiction has effected the cognitive, physical, social and familial aspects of their lives. The inmate will also receive instruction on how to identify and plan for the educational, vocational and consumer based issues they may face upon release.<br>

*Facilities:*

ENFIELD CI

*Auspices:*

Addiction Services

*Types:*

Addiction, Re-Entry

*Program Status:*

Active Program Category Level:1

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**RT Program Code: 16, Compendium Program: Tier Four Addiction Services Residential Treatment Program**

*Description:*

The Tier 4 Addiction Services program is a modified therapeutic community. The program provides inmates the opportunity to be involved in full-time substance treatment in a separate housing unit. Tier 4 treatment is intensive and includes curriculum, skill building and process groups, as well as community building and individual counseling. These residential programs are six-twelve months in length.

*Facilities:*

MANSON YI, OSBORN CI, ROBINSON CI, YORK CI

*Auspices:*

Addiction Services

*Types:*

Addiction, Re-Entry

*Program Status:*

Active Program Category Level:1

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Tier Meeting Social Rehabilitation Program (SRP)**

*Description:*

The Social rehabilitation Program's Tier meetings meet weekly to discuss issues relative to matters touching life on the individual tier (24 beds/12 rooms). Offenders are encouraged to deal in an appropriate manner with local concerns that may well be causing friction within the group.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services, The Social Rehabilitation Program*

*Types:*

*Female, Mental Health, Social Rehabilitation*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: 13, Compendium Program: Tier One Addiction Services Brief Substance Abuse Education Program**

*Description:*

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

*Facilities:*

*CORRIGAN CI, MANSON YI, NIANTIC ANNEX, WALKER BUILDING, YORK CI*

*Auspices:*

*Addiction Services, Charlene Perkins Center - Facility Staff*

*Types:*

*Addiction, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 14, Compendium Program: Tier Two Addiction Services Intensive Outpatient Program**

*Description:*

The Tier 2 Program is an intensive outpatient Addiction Services program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement.

*Facilities:*

*BROOKLYN CI, MANSON YI, NIAN TIC ANNEX, ROBINSON CI, WALKER BUILDING*

*Auspices:*

*Addiction Services*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: N/A, Compendium Program: Time of Prayer**

*Description:*

This is a prayer group that is held once per month.

*Facilities:*

*YORK CI*

*Auspices:*

*Religious Services , Volunteer Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Training In Prayer (Spanish)**

*Description:*

Topical instruction in the importance of prayer in spiritual development, and in various methods and practices of prayer in light of the Bible and historic protestant practice.

*Facilities:*

*CORRIGAN CI, RADGOWSKI CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Transition Group**

*Description:*

This group will prepare the offender population to transition from the mental housing to general population.

*Facilities:*

GARNER CI

*Auspices:*

All Facility Staff, Health Services

*Types:*

Mental Health, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Transitional Linkage into the Community (TLC)**

*Description:*

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

*Facilities:*

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

*Auspices:*

Health Services

*Types:*

Health Education, Re-Entry

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Transitional Services**

*Description:*

This program is offered to assist offenders in returning to the community. Information and contacts are given related to the area the offender is returning to.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Turning Point Program**

*Description:*

In this program specially screened long and short sentenced inmates speak to students (normally juvenile delinquent referrals) about "if they knew then what they know now." Students tour the facility and engage in a group discussion with inmates surrounding the topics of problems, consequences, effects and solutions. The purpose is to deter students in the community from criminal activity in a respectful, non-threatening forum.

*Facilities:*

GARNER CI

*Auspices:*

All Facility Staff, Volunteer Services

*Types:*

Community Service, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Tutoring**

*Description:*

Yale students come in on the weekends to help tutor the young men with their GED studies.

*Facilities:*

MANSON YI

*Auspices:*

Volunteer Services

*Types:*

Self Improvement, Youth

*Program Status:*

Active Program Category Level:3

---

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Twelve-Step Fellowship**

*Description:*

This is a self-help group for men who provide mutual support in obtaining and maintaining sobriety and freedom from chemical dependency. Discussions are based on readings from the Twelve Steps and Traditions of Alcoholics Anonymous.

*Facilities:*

MANSON YI

*Auspices:*

Addiction Services

*Types:*

Addiction

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Understanding & Reducing Angry Feelings**

*Description:*

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. This group provides the basic principles of anger management, including helping participants become more aware of physical signs and emotional outbursts. Participants will use past experiences to learn how to manage angry feelings and to think about how to build on those successes. Using mapping worksheets participants will focus on anger and emotional regulation. Finally, participants will explore how building feelings of anger and resentment can spiral into a cycle of explosive and destructive behavior.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Understanding Me**

*Description:*

This is a self awareness program designed to assist offenders in reentry to the community.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services, Volunteer Services*

*Types:*

*Mental Health, Re-Entry*

*Program Status:*

*Active Program Category Level:3*

---

**RT Program Code: N/A, Compendium Program: Upholstery Shop**

*Description:*

This shop produces new seating; ergonomic chairs, lounge chairs, sofas etc- and re-upholsters used furniture. Offenders receive on the job training in the upholstery trade. These services have been provided to many public libraries and other community based operations.

*Facilities:*

*MACDOUGALL CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 74, Compendium Program: USD # 1 Voc. Ed: Electronics**

*Description:*

The electronic/repair & service course is designed to provide students with the tools and skills needed for employment in the electronics field. Students study AC/DC theory, solid state theory, digital logic, microprocessor theory and application, networking, fiber optics and communication lasers, interfacing, bus structures and other applicable courses of study. The course includes the use of higher-level math skills needed to perform diagnostic testing and repair of all types of electronic equipment. Students learn how to use various testing equipment currently in use in the field. Technicians repair inmates' television sets and radios. Students who have finished and completed the course can become technicians.

*Facilities:*

MACDOUGALL CI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: USD # 1 Voc. Ed: Graphics Arts Center**

*Description:*

This shop produces all types of signage and engraving. Using technologies such as silk-screening and laser engraving, the shop has been able to produce highly technical, complex products. This training and "real world" work experience prepares inmates for obtaining and maintaining a job in the private business sector. Offenders are employed in this center.

*Facilities:*

CHESHIRE CI

*Auspices:*

Correctional Enterprises of Connecticut

*Types:*

Career Technical Education, Institutional Employment

*Program Status:*

Active Program Category Level:3

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**RT Program Code: 79, Compendium Program: USD # 1 Voc. Ed: Hospitality Operations Technology**

*Description:*

This program prepares students to work in the field of hospitality. Skill based training for 12 of the major positions of employment within the hospitality industry is available. During this 6 month course, students learn about guest service professionalism, safety and effective communication. The lodging and hospitality industry is a diverse, rapidly growing field. Many opportunities are available for entry level staff who are dedicated to a career in this field.

*Facilities:*

YORK CI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:1

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**RT Program Code: 78, Compendium Program: USD # 1 Voc. Ed: Machine Tool**

*Description:*

This course provides students with a basic understanding and training in the fundamentals and principles of machine tooling. Students study units in machine shop safety, math, blueprint reading, physical properties and identification of metals, measuring instruments, hand tools and machinery. A major area of concentration is machine shop measurement. Tools that are included in this areas are: rulers, squares, calipers, dividers, protractors, indicators, and micrometers. Hands-on training for the following machinery is also introduced: engine lathe, band saw drill press, surface grinder, Bridgeport milling machine, and vertical miller. Training includes both set-up and operation of these machines.

*Facilities:*

ROBINSON CI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:1

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 82, Compendium Program: USD # 1 Voc. Ed: Small Engine Technology**

*Description:*

This program instructs students in the repair of two-cycle, four cycle and marine engines. It uses both hands-on training and theory classes. Group/individual instruction is offered by a qualified supervisor and periodic tests in theory and practice are administered. This program is very useful to inmates seeking employment in the community.

*Facilities:*

ROBINSON CI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:1

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**RT Program Code: 37, Compendium Program: USD #1 Family Education & Parenting**

*Description:*

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

*Facilities:*

CHESHIRE CI, CYBULSKI CI, ENFIELD CI, MACDOUGALL CI, MANSON YI, OSBORN CI, WILLARD CI, YORK CI

*Auspices:*

All Facility Staff, USD#1

*Types:*

Family, Self Improvement

*Program Status:*

Active Program Category Level:2

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 63, Compendium Program: USD #1 Voc. Ed: Business Education**

*Description:*

This program prepares students for entry-level employment requiring basic business skills.

*Facilities:*

*CHESHIRE CI, CYBULSKI CI, YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Career Technical Education, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: 65, Compendium Program: USD #1 Voc. Ed: Carpentry**

*Description:*

In this program students learn shop safety, the proper use of tools, and terminology related to carpentry. The student drafts a blueprint of a house using basic math skills and calculations used in the construction field. With these skills the student builds a model house to scale following applicable building codes.

*Facilities:*

*CHESHIRE CI, ENFIELD CI, OSBORN CI*

*Auspices:*

*USD#1*

*Types:*

*Career Technical Education, Community Service, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: 66, Compendium Program: USD #1 Voc. Ed: Commercial Cleaning**

*Description:*

This thirty-week program focuses on basic and advanced commercial cleaning procedures. The program covers the chemistry of cleaning, handling of hazardous and infectious waste, and the basic cleaning procedures for floor, tile, carpeted areas and restrooms. In phase two, the student is taught advanced procedures for maintaining all types of surfaces, as well as the necessary skills to recognize and operate various types of equipment. Graduation from this program can assist inmates in obtaining a job in the community.

*Facilities:*

CHESHIRE CI, YORK CI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: USD #1 Voc. Ed: Computer Aided Drafting and Design**

*Description:*

The curriculum includes mechanical/architectural drafting and blueprint reading and is broken-up into two sections: Hands-on and CAD. The hands-on portion of the course takes approximately 6 months to complete and includes the drawing of plans in 2D and 3D. Orthographic, sectional auxiliary, perspective, dimensioning and isometric drawings are a few of the areas covered in this area. The second portion of the course covers Computer Aided Drafting. Drawing fundamentals, rendering, plotting and mesh are some of the units that will be covered. Mathematical computations and problem solving abilities are some key areas that you will develop when working in CAD. Researching part and building specs is necessary when working on assignments. The course takes approximately 1 year to complete and is designed for entry level employment.

*Facilities:*

ROBINSON CI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:1

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 67, Compendium Program: USD #1 Voc. Ed: Computer Education**

*Description:*

The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

*Facilities:*

*CYBULSKI CI, ENFIELD CI, MACDOUGALL CI, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Career Technical Education, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: 68, Compendium Program: USD #1 Voc. Ed: Computer Repair**

*Description:*

A+ Certification in Computer Repair means that students will possess the skills, knowledge, and customer relations skills essential to be a successful computer service technician, as defined by experts from companies across the industry. The Computer Repair Course covers a broad range of hardware and software technologies. It trains student to satisfy the standards of the computer industry and readies them to later become A+ Certified.

*Facilities:*

*CHESHIRE CI*

*Auspices:*

*USD#1*

*Types:*

*Career Technical Education, Community Service, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 69, Compendium Program: USD #1 Voc. Ed: Cosmetology/Barbering**

*Description:*

This program prepares students to become licensed barbers and cosmetologists. Course requirements are 1500 hours of theory and practical experience to qualify for licensure. A rigorous set of criteria is required for entrance into the program. The classroom is set up to simulate an actual salon environment including appropriate business behavior. Upon completion students receive information about receiving a grant from the Department of Labor to take the state examination when they discharge from the facility. Approval for licensure is determined through the State Board of Health and Addiction Services.

*Facilities:*

*YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Career Technical Education, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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**RT Program Code: 70, Compendium Program: USD #1 Voc. Ed: Culinary Arts**

*Description:*

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

*Facilities:*

*GARNER CI, MANSON YI, RADGOWSKI CI, ROBINSON CI, YORK CI*

*Auspices:*

*USD#1*

*Types:*

*Career Technical Education, Re-Entry*

*Program Status:*

*Active Program Category Level:1*

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 71, Compendium Program: USD #1 Voc. Ed: Dental Technology**

*Description:*

Students learn all phases of dental replacement work in the dental program. Specifics include the fabrication of full and partial acrylic, removal, prosthetics and the casting of partial dentures. Also covered is the theory of crown and bridge, ceramic, and implant dental prosthetics.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Correctional Enterprises of Connecticut, USD#1

*Types:*

Career Technical Education, Institutional Employment, Re-Entry

*Program Status:*

Active Program Category Level:1

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**RT Program Code: 73, Compendium Program: USD #1 Voc. Ed: Electro-mechanical Technology**

*Description:*

This program provides students with theory-based instruction and hands-on experience in the areas of electronics, electrical circuits, mechanics, pneumatics, hydraulics and computer programming. It also includes repair of equipment to include washing machines, dish washers, electrical hand and bench tools such as lathes, drills, saws, grinders and polishers. Technicians apply their knowledge of programming and installation to repair robots, and related equipment such as programmable controllers, end of arm tools, conveyors and parts orientators. Students use power tools, hand tools, testing instruments and follow manuals' schematic diagrams and blueprints. The Electro-Mechanical program involves working closely with other on-site vocational programs. Buffers are repaired for MacDougall CI, Walker RSMU and Hartford CC. Graduation from this program can assist inmates in obtaining a job in the community.

*Facilities:*

MACDOUGALL CI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:1

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 76, Compendium Program: USD #1 Voc. Ed: Horticulture/Landscaping Technology**

*Description:*

This vocational program is used to prepare offenders for entry level jobs in the field of agriculture/horticulture. Participants complete both classroom and hands on components.

*Facilities:*

Unknown

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:1

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**RT Program Code: 59, Compendium Program: USD #1 -Voc. Ed: Auto Body Technology**

*Description:*

This program emphasizes the fundamentals of safety, welding, straightening, refinishing, mechanical principles, manual skills, framework and good work habits. Students complete 300 hours of theory and 600 hours of shop practice. The program includes safety, metalworking, surface preparation, painting, glass and estimating. This vocational training prepares inmates to acquire a skilled, well-paying job in the community.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Community Service, Re-Entry

*Program Status:*

Active Program Category Level:1

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: 60, Compendium Program: USD #1 Voc. Ed: Automotive Technology**

*Description:*

This is a technical program designed for students that wish to make a career as an automotive technician. Theory and practical applications of automotive systems and components are studied in detail. Instruction in diagnostic testing, precision measuring tools, and troubleshooting of the automobile are emphasized. This vocational training positions inmates to acquire a skilled, high-paying job in the community.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Community Service, Re-Entry

*Program Status:*

Active Program Category Level:1

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**RT Program Code: 62, Compendium Program: USD #1 Voc. Ed: Building Maintenance**

*Description:*

The Building Maintenance program teaches the skills and techniques used in many building trades including electrical, plumbing, carpentry, masonry and more. The students learn how to repair and maintain residential and commercial structures and their systems. The knowledge and skills taught will provide the basics needed for related career paths.

*Facilities:*

MACDOUGALL CI, OSBORN CI

*Auspices:*

USD#1

*Types:*

Career Technical Education, Re-Entry

*Program Status:*

Active Program Category Level:1

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**RT Program Code: N/A, Compendium Program: Victim-Offender Dialogue**

*Description:*

For a variety of reasons, it is sometimes helpful for victims to meet with offenders. The department's Victim Services Unit evaluates and when appropriate facilitates this dialogue. The process is designed to achieve the objectives of restorative justice, healing the victim, and confronting and holding the offender accountable. Although this process can often be very helpful to the inmate, all such dialogues are initiated at the request of victims.

*Facilities:*

*BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Types:*

*Domestic Violence, Victim*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Video Production Group**

*Description:*

This group provides offenders with an overview of production of a video program. The participants detail the entire process of the development, production, scriptwriting and completion of a video product. This group provides videos for in-cell programming. The videos address issues related to offenders.

*Facilities:*

*GARNER CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: 03, Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

*Description:*

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

*Facilities:*

*BROOKLYN CI, GARNER CI, MANSON YI, PAROLE & COMMUNITY SERVICES, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI*

*Auspices:*

*Programs & Treatment Unit, All Facility Staff, Contracted Program, Safe Passage, Volunteer Services*

*Types:*

*Anger Management, Family, Victim*

*Program Status:*

*Active Program Category Level:2*

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**RT Program Code: N/A, Compendium Program: Voices of Joy Choir**

*Description:*

This is a group that meets to practice gospel music and participates in Protestant Worship services and community functions.

*Facilities:*

*YORK CI*

*Auspices:*

*Religious Services*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Warm the Baby/ Warm the Ederly**

*Description:*

This program promotes community service through donation of completed crocheted blankets. The offenders make these items specifically for babies born at local hospitals, as well as for residents in local nursing homes.

*Facilities:*

*YORK CI*

*Auspices:*

*All Facility Staff, Safe Passage, Volunteer Services*

*Types:*

*Community Service, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Warm Up to the Day (community Meeting)**

*Description:*

This group fosters, open communication on the unit between staff and inmates as it provides a safe supportive environment to vocalize one's issues with the unit, tier, roommates, etc. Walk/Stretch follows, providing valuable exercise in the morning, teaching new stretch/exercises, promoting leadership as offenders lead the stretching/exercise, and educates them on correct form and alternatives to do in their rooms during lock time.<br>

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Wellness Group**

*Description:*

This is an open & on-going psycho-educational group. Participants tend to be the lower functioning MHI 3's & 4's, whom have difficulty effectively managing ADLs. Topics include hygiene issues, physical illness, mental health disorders, healthy lifestyle choices and negative and damaging effects of substance abuse. Medication and medication compliance are important issues as well as overall effective strategies to maintain a healthy wellbeing.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Types:*

Medical

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Wellness/Health Awareness**

*Description:*

Any offender without disciplinary exclusion introduced to healthy lifestyle exercises. May include Yoga, Expressive Arts Therapy, Stress Management, Nutritional Guidance, etc-

*Facilities:*

CENTRAL OFFICE

*Auspices:*

Recreation Services

*Types:*

Recreation

*Program Status:*

Active Program Category Level:

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

---

**RT Program Code: N/A, Compendium Program: Willow Community**

*Description:*

This is a spiritual development program for long term offenders. This year long program encourages 24 participants to develop a hopeful and resilient lifestyle.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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**RT Program Code: 0, Compendium Program: Wise Guys**

*Description:*

This program is designed to prevent adolescent pregnancy by reaching adolescent males. The program acknowledges young males as "whole" individuals with a variety of needs and desires. Participatory lessons and activities focus on assisting them to ask themselves the questions: Who am I?; Where am I going?; and How do I get there? Discussion will include talking openly with adolescent males about issues concerning self, values, future goals and sexuality.

*Facilities:*

MANSON YI

*Auspices:*

Volunteer Services

*Types:*

Health Education

*Program Status:*

Active Program Category Level:3

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Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Women of Change-The Center for Women and Families**

*Description:*

This contracted agency provides individual and group counseling to female inmates who are preparing to return to the community. The program assists them to prepare a plan to establish a non-criminal means of support, to locate adequate housing, and to enroll in educational or vocational training when appropriate. The agency continues to provide services to the inmate if she is released to the Bridgeport area. The Women of Change Group is run by the center - This on going group focuses on helping participants develop more positive attitudes and skills around CHANGE-Commitment to Healing Activates New Growth Experiences.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Types:*

Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Women of Praise**

*Description:*

This is a discussion group that focuses on Women's Faith issues.

*Facilities:*

YORK CI

*Auspices:*

Religious Services , Volunteer Services

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Women's Health**

*Description:*

Topics specific to women's health are covered, in this program, as well as topics of general interest. This program is conducted by an OB-GYN specialist and is open to women in the Mental Health Unit, the Youthful Offenders and offenders in the Social Rehabilitation Program.<br>

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services, The Social Rehabilitation Program*

*Types:*

*Female, Health Education, Medical, Social Rehabilitation, Youth*

*Program Status:*

*Active Program Category Level:3*

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**RT Program Code: N/A, Compendium Program: Woodworking Shop**

*Description:*

This shop currently performs repairs to refinishing on all types of wood furniture. This repair work provides offenders with an opportunity to apply basic woodworking skills that will benefit them upon re-entry to the work force.

*Facilities:*

*MACDOUGALL CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Types:*

*Career Technical Education, Institutional Employment, Re-Entry, Self Improvement*

*Program Status:*

*Active Program Category Level:3*

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: WOW - Weight Off Women**

*Description:*

WOW is a monthly program for women, who choose to join, designed to help motivate them to lose weight, educate them about nutrition, and the value of exercise. In addition, a special twice weekly exercise class is available to members of this group only. During each class weights and waists are measured. The participants are responsible for tracking their results on a form designed for this purpose.

*Facilities:*

YORK CI

*Auspices:*

Health Services, Recreation Services

*Types:*

Health Education

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Writing Class**

*Description:*

This program is divided into 6 weeks cycles, one hour per week. Each cycle covers one of the following topics: Creative writing, journal writing, letter writing, and poetry. The student is required to complete the homework assignment or is not permitted to come to class. The instructor corrects all homework assignments and returns it to the student. Class discussion is focused on the homework assignment.

*Facilities:*

GARNER CI

*Auspices:*

All Facility Staff

*Types:*

Academic Education, Self Improvement

*Program Status:*

Active Program Category Level:

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Yoga Class**

*Description:*

This class provides offenders with a broad understanding of the principles of yoga. Offenders learn low impact cardiovascular and meditation techniques. This class is designed to decrease stress and increase self-assessments.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff, Health Services, The Social Rehabilitation Program, Volunteer Services

*Types:*

Mental Health, Recreation, Self Improvement

*Program Status:*

Active Program Category Level:3

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**RT Program Code: N/A, Compendium Program: Young Adults Group**

*Description:*

This is a supportive therapy group for young women ages, 18 and 19, most of whom recently transitioned out of the Youthful offenders unit. The focus is on allowing members to receive and provide support for each other as they work through the unique challenges related to both incarceration and their developmental transitions to young adulthood.<br>

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Types:*

Female, Mental Health, Self Improvement, Social Rehabilitation

*Program Status:*

Active Program Category Level:3

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**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Young Women's Lives Program**

*Description:*

This is an evidenced-based program designed to assist young women in recognizing their ability to make positive choices and change in their lives. In both group and individual settings the program uses a strength-based model to promote the development of positive self-esteem, personal growth and health relationships.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services

*Types:*

Addiction, Self Improvement, Youth - York CI

*Program Status:*

Active Program Category Level:0

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**RT Program Code: N/A, Compendium Program: Youth Specific Facility Based Domestic Violence Program**

*Description:*

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff

*Types:*

Domestic Violence

*Program Status:*

Active Program Category Level:

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**RT Program Code: N/A, Compendium Program: Youthful & Juvenile Offender Recovery Activity Group**

*Description:*

The Recovery Activity Group provides weekly group discussion and activities for female offenders in the 2 North Youthful Offender & Juvenile Offender Program. The program provides participants with an opportunity to learn recovery concepts and share their feelings using experiential activities. The group is offered as a complement to the Young Women's Lives Program.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services

*Types:*

Addiction, Self Improvement

*Program Status:*

Active Program Category Level:1

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**RT Program Code: 24, Compendium Program: Youthful Offender Mentoring Program**

*Description:*

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

*Facilities:*

MANSON YI, YORK CI

*Auspices:*

All Facility Staff, Contracted Program

*Types:*

Family, Re-Entry, Self Improvement

*Program Status:*

Active Program Category Level:2

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*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for All Facilities, All Auspices, All Types*

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**RT Program Code: N/A, Compendium Program: Youthful Offenders Community Meeting**

*Description:*

This weekly group is held on the youthful offender unit. It deals with -community- issues and emphasizes collaborative problem solving. Socialization is a prominent feature of this group, which is designed to serve as a flexible tool for supporting harmony in the group and the growth of these young people.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Types:*

*Female, Self Improvement, Youth, Youth - York CI*

*Program Status:*

*Active Program Category Level:3*

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