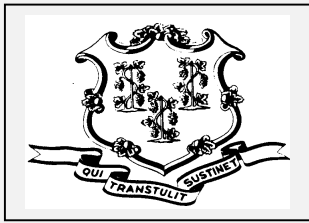


STATE OF CONNECTICUT
NURSING FACILITY REGISTRY

Issue Brief



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Number 2

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Nursing facilities in CT are licensed as either a "Chronic and Convalescent Nursing Home" or "Rest Home with Nursing Supervision."

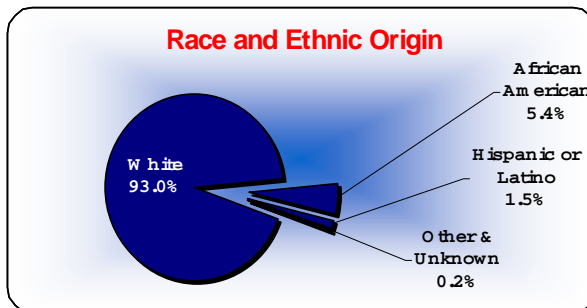
This series of *Issue Briefs* has been developed to inform nursing facilities, researchers, policy makers, and other interested parties about the information available from the Nursing Facility Registry.

Office of Policy and Management
450 Capitol Ave, MS #52LTC
Hartford, CT 06106-1308
(860) 418-6346
www.opm.state.ct.us/pdpd4/ltc/home.htm

The State of Connecticut Office of Policy and Management is pleased to provide the latest Nursing Facility Registry *Issue Brief*. This *Issue Brief* provides important information about Connecticut's nursing facility residents necessary to support long-term care planning.

Resident Demographics

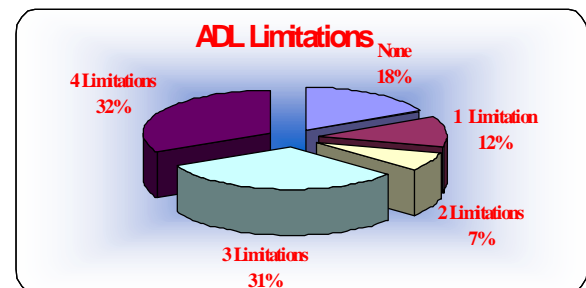
Residents in Connecticut nursing facilities were predominantly white (93%),



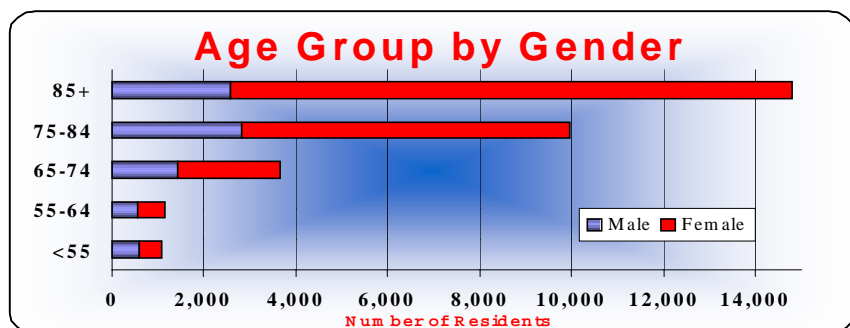
female (74%), and age 75 years and older (81%). 12% of the residents were age 65 to 74, 33% were age 75 to 84, and 48% were age 85 and older. Only 7% of residents were younger than 65.

Activities of Daily Living (ADL)

Almost two thirds (64%) of the residents needed help with 3 or 4 of the activities of daily living (ADL) included in the Registry --

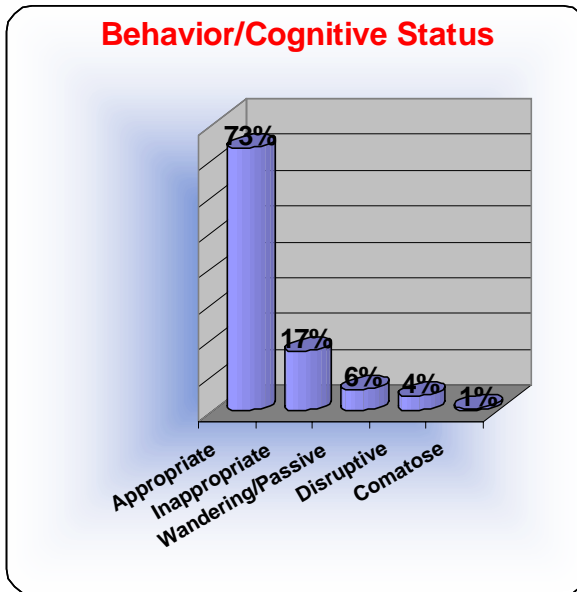


transferring, ambulating, dressing and feeding. Although 18% of the residents had no ADL limitations, 2% of these exhibited disruptive behavior, 5% exhibited wandering or passive behavior, and 12% exhibited other inappropriate behavior that may have contributed to the need for institutionalization. Furthermore, 6% of the residents with no ADL limitations were unable to control bowel function and 10% were unable to control bladder function.



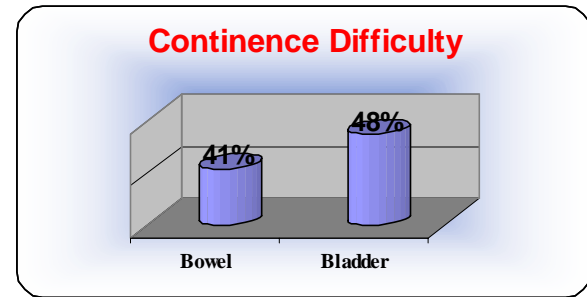
Behavior/Cognitive Status

Almost three quarters (73%) of the residents exhibited behavior that is considered appropriate in relation to a "normal" or non-disabled condition. The remaining residents (27%) exhibited various types of behavioral problems, with 1% of the group being comatose.



Bowel/Bladder Contenance

Less than half (41%) of the residents had difficulty controlling bowel function while 48% had difficulty controlling bladder function.



Information presented here is based on the latest available data, as of September 30, 1996 (the last day of the reporting year).

What is the State of Connecticut Nursing Facility Registry?

History

The Registry is a longitudinal database including demographic and health data for all Connecticut nursing facility resident stays since October 1, 1977. State of Connecticut Regulations require all nursing facility administrators to submit an annual resident roster (a chronological list of residents in a facility between October 1 of one year and September 30 of the next year) by October 31. Staff in the Policy Development and Planning Division of the Office of Policy and Management merges the annual roster data into the Registry.

Uses and Users

The Registry is used primarily by the Office of Policy and Management to:

- Examine Medicaid spend down patterns
- Track the role private insurance is playing in financing long term care
- Analyze nursing facility resident demographics

The Registry is also used by:

- The Connecticut Department of Social Services to study utilization, and to investigate the relationship between long term care expenditures and residents' functional status
- The Connecticut Department of Public Health for health planning and policy development
- Nursing facilities to compare their facility and resident characteristics with industry statistics
- Trade associations, non-profit organizations, colleges and universities to examine long-term care issues

For more information

Please contact:

Linda Burns, Associate Research Analyst
Connecticut Office of Policy and Management
450 Capitol Avenue, MS #52LTC
Hartford, CT 06106-1308

Voice: (860) 418-6346 ♦ FAX: (860) 418-6495

E-mail: linda.burns@po.state.ct.us

