



**STATE OF CONNECTICUT
DEPARTMENT OF EMERGENCY SERVICES AND PUBLIC PROTECTION**

**Police Officer Standards and Training Council
Connecticut Police Academy**

GENERAL NOTICE 12-02

To: Chief Law Enforcement Officers
Training Officers
Protective Services
Resident Troopers

From: Thomas E. Flaherty
Police Academy Administrator

Date: January 24, 2012

Subject: **Council Action – Adoption of Adjusted Cooper Standards Time for the 1.5 mile Run at the 40th and 50th Percentile**

At the regular January meeting of the Police Officer Standards and Training Council on January 5, 2012, the Council voted to adopt and immediately implement adjusted times for the Cooper Standards one and one half mile run at the 40th and 50th percentile. The Cooper Institute has modified their standards for the one and one half mile run and the times that are now in effect as a result of the Council’s action are under the column titled “Adjusted Times”.

If you have any questions, please feel free to contact Fitness Coordinator Gary Fredericks at 203-427-2613.

40% Requirement 1.5 mile run time for:

<u>Age</u>	<u>Presently Utilized Times</u>	<u>Adjusted Times</u>
<u>Male</u>		
20-29	12:25	12:38
30-39	12:51	12:58
40-49	13:46	13:50
50-59	14:54	15:06

CALEA Internationally Accredited Public Safety Training Academy

285 Preston Avenue • Meriden, Connecticut 06450-4891

An Affirmative Action/Equal Opportunity Employer

