

Evidence- Based Teen Pregnancy Prevention Programs at a Glance



This table provides a brief overview of the program models on the *HHS Teen Pregnancy Prevention Evidence Review* website that are implementation ready and is intended to be used in conjunction with other resources when selecting a program model for implementation. For additional information, please visit http://www.hhs.gov/ash/oah/oah-initiatives/tpp_program/db/.

Note: Grantees may propose to implement an evidence-based TPP program with a population or in a setting other than those identified in the program's original evaluation; however, as a reminder, proposed adaptations must be shared with OAH and may require approval.

Program Name	Program Type	Outcomes							Duration of Outcomes	Activities				Train-the-trainer	Train-the-facilitator	# of Sessions	Session Length	Program Duration	Setting	Target Population	Age	Languages
		Recent Sexual Activity	# Sexual Partners	Frequency of Sexual Activity	Contraceptive Use and or/Consistency	Sexual Initiation & Abstinence	Pregnancy or Birth	STDs (Including HIV)		Technology (audio-visual//internet)	Parent Engagement	Service Learning Project	Condom Demonstration									
Aban Aya Youth Project	SE	●							post-intervention	✓	✓					16-21	45 min	4 years	S*, Cm	♀/♂*, AA*	10-14*	En
Adult Identity Mentoring (Project AIM)	YD	●							3 mos					✓		12	50 min	6 weeks	S*, Cm	♀/♂*, All (AA)*, Lw	11-14 (12-14)*	En, Sp
AIM 4 Teen Moms	YD, P				●				12 mos.	✓		✓		✓	7 (+ 2 group sessions)	60-90 min	12 weeks	Cm*, Hm*	♀, All (AA, H)*	14-20 (15-19)*	En	
All4You!	YA			●	●				6 mos	✓		✓	✓	✓	14	70-140 min	7 weeks	Sp*	♀/♂*, All*	14-18 (14-17)*	En	
Be Proud! Be Responsible!	SE	●	●	●	●				3-12 mos	✓		✓	✓	✓	6	60 min	6 days	C, S, As*, Cm*	♀/♂*, All (AA)*	11-18 (11-13)*	En	
Be Proud! Be Responsible! Be Protective!	Pp		●						12 mos	✓		✓	✓	✓	8	60 min	8 days	S, Sp*, As, Cm	♀, All (H, AA)*	12-18 (14-20)*	En	
Children's Aid Society (CAS) Carrera Program	YD	●					●		3 yrs after program start for girls	✓	✓	✓			Daily	2-3 hours	7 years	S, As*, Cm	♀/♂*, All (H, AA)*	10-12 at program entry	En, Sp	
iCuidate!	SE	●	●	●					3-12 mos	✓		✓	✓	✓	6	60 min	2 days +	S, As*, Cm*	♀/♂*, H*	13-18*	En, Sp	
Draw the Line/Respect the Line	SE	●				●			12 mos post-intervention; boys only	✓	✓	✓	✓	✓	19	45 min	3 years	S*	♀/♂*, All*	11-14*	En, Sp	
Families Talking Together (FTT)	F			●	●				9 mos		✓			✓	11 modules	Varies	Varies	C*, As*, Cm*	♀/♂*, H*, AA*	10-14 (11-14)*	En, Sp	
FOCUS	SE		●						11 mos	✓		✓			4	120 min	8 hours	S, Sp*, Cm	♀, All*	16+ (17+)*	En	

Program Type

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 SD - Substance dependent
 RA - Runaway youth
 IY - Incarcerated youth
 Pp - Pregnant/parenting
 P - Parenting

Outcomes

● Evidence of effect

Settings

S - School
 C - Clinic
 As - After school program
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 Hm - Home
 Sp - Specialized setting
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Target Population

♀/♂ - Female/Male
 AA - African American
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Available Languages

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Generations	CB, P				●			12 mos	✓					✓	varies	varies	varies	C*	♀*, All (AA)*, Lw	13-19*	En	
Get Real	SE					●		post-intervention		✓	✓	✓	✓	✓	27	45 min	3 years	S*	(♀/♂)*, All*	11-14*	En	
Health Improvement Project for Teens (HIP Teens)	SE	●	●	●	●			6 mos	✓			✓			4	120 min	8 hours	C*, As*, Cm*	♀*, All	15-19*	En	
Heritage Keepers Abstinence Education	AE					●		12 mos	✓	✓				✓	5 or 10	45 or 90 min	5-10 days	S*	(♀/♂)*, All*	11-18 (12-15)*	En, Sp	
HORIZONS	SE				●		●	12 mos				✓			2	4 hours	8 hours	C*, Cm	♀*, AA*	15-21*	En	
It's Your Game: Keep it Real (IYG)	SE			●	●	●		12 mos	✓		✓	✓	✓	✓	24	50 min	2 years	S*, As	(♀/♂)*, All*	12-14 (12-13)*	En	
Love Notes	SE	●		●	●	●	●	6 mos	✓					✓	13	60 min	varies	Cm*, As*, Sp	(♂/♀)*, All (AA)*	15-24 (14-19)*	En, Sp	
Making a Difference!	AE	●						3 mos	✓					✓	✓	8	60 min	8 hours	S, As*, Cm*	(♀/♂)*, All (AA)*	11-18 (11-13)*	En
Making Proud Choices!	SE				●			12 mos	✓		✓	✓	✓	✓	8	60 min	8 hours	S, As*, Cm*	(♀/♂)*, All (AA)*	11-18 (11-13)*	En	
Nu-CULTURE (Healthy Futures)	SE					●		immediate post-intervention	✓	✓			✓	✓	24 (+ optional summer, optional 10 week afterschool)	50 min	3 years	S*	♂♀*, All (H)*	11-14	En	
Positive Potential Be The Exception	YD	●				●		12 mos						✓	5	45-50 min	5 days	S*	(♀/♂)*, All (W)*, R	11-12*	En	
Positive Prevention PLUS	SE	●			●	●		6 mos		✓		✓		✓	11	45 min.	11 days	Cm, S*	♀/♂)*, All, (H)*	14-18 (14-15)*	En, Sp	
Prime Time	YD	●						12 mos		✓	✓				Varies	Varies	18 mos	C*	♀*, All*	13-17*	En	

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Project IMAGE	STD							●	12 mos				✓			7-9	1-4 hours	2-5 weeks	C*	♀*, AA*, H*	14-18*	En
Project TALC	F, HIV							●	4 yrs after program start			✓	✓			24	2-3 hours	12 weeks to 4-6 years	Cm*	♀/♂*, All (H, AA)*	11-18*	En, O
Promoting Health Among Teens! Abstinence-Only Intervention	AE	●						●	3-24 mos	✓	✓			✓	✓	8	60 min	8 hours	S, As*, Cm*	♀/♂*, All (AA)*	11-18 (11-13)*	En
Promoting Health Among Teens! Comprehensive Abstinence and Safer Sex Intervention	SE		●						3-24 mos	✓				✓	✓	12	45-60 min	8-12 hours	S, As*, Cm*	♀/♂*, All (AA)*, Lw	11-18 (11-13)*	En
Raising Healthy Children (formerly known as the Seattle Social Development Project)	YD		●					●	Ranges from when participants were 18 yrs - 27 yrs old			✓		✓	✓	Varies	Varies	7 years	S*	♀/♂*, All*	5-12 (6-12)*	En
Reducing the Risk	SE				●				18 mos					✓	✓	16	45 min	5-8 weeks	S*	♀/♂*, All*	13-18 (14-18)*	En, Sp
Respeto/Proteger	P				●				3-6 mos	✓				✓	✓	6	120 min	12 hours	C*, Cm*	♀/♂*, H*	14-24*	En, Sp
Rikers Health Advocacy Program (RHAP)	IY				●				10 mos after program start						✓	4	60 min	2 weeks	S, Sp*, Cm	♂*, All*	16-19*	En
Safer Choices	SE				●				2 yrs after program start			✓		✓	✓	21	45 min	2 years	S*	♀/♂*, All*	14-16 (14-15)*	En
Safer Sex Intervention	CB, STD		●						6 mos	✓				✓		4	10-50 min	6 mos	C*, Cm	♀*, All*	13-23 (<24)*	En
Seventeen Days	CB	●						●	6 mos	✓				✓	✓	1+	45 min+	45 min+	C*, Cm	♀*, All (AA, W)*	14-18*	En

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Sexual Health and Adolescent Prevention (SHARP)	IY				●				12 mos	✓			✓			1	3.5-4 hours	1 day	Sp*	♀/♂)*, All*	15-19*	En
SiHLE	SE				●		●		12 mos				✓			4	4 hours	16 hours	C*, Cm	♀*, AA*	14-18*	En
Sisters Saving Sisters	SE		●		●			●	12 mos	✓			✓	✓	✓	1	4.5 hours	4.5 hours	C*, Cm	♀*, AA*, H*	11-18 (12-19)*	En, Sp
STRIVE	RA		●						12 mos		✓					5	90-120 min	5 weeks	Cm*	♀/♂)*, All (H, AA)*	12-17*	En
Teen Health Project	SE					●			12 mos	✓	✓	✓	✓			5	90-180 min	6 mos	Cm*	♀/♂)*, All*, Lw*	12-17*	En
Teen Outreach Program (TOP)	YD						●		immediate post-intervention			✓		✓	✓	25	varies	9 mos	S*, Sp, As, Cm	♀/♂)*, All*	12-19 (14-18)*	En, Sp, O
TOPP	CB, Pp				●				6 mos post-enrollment						✓	varies	varies	18 mos	Hm*	♀*, All (AA, W)*	10-19*	En

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