

# Resources To: Support Exemplary Sexual Health Education Policy-Related Activities FOR CDC/DASH PS13-1308-FUNDED PARTNERS

Exemplary Sexual Health Education (ESHE) can be supported by policies at the state- and district-level that provide the guidance necessary for schools to implement ESHE effectively. But how can you know if supportive policies are in place? How can you ensure that the policies in place are being implemented? And what is needed to help educate stakeholders about potential policy solutions?

CDC/DASH has provided the *Guidance for Implementing the Policy-Related Activities of Promoting Adolescent Health through School-Based HIV/STD Prevention* (Policy Guidance) to help you get started with policy assessment, policy monitoring, and stakeholder education. Throughout the Policy Guidance, CDC/DASH outlines specific areas where the DASH-funded NGOs can help. We at Advocates for Youth (Advocates) and Healthy Teen Network have compiled this set of ESHE-focused resources related to policy. We are also here to provide more customized assistance upon request to DASH funded SEA grantees.



## RESOURCES FOR Policy Assessment

CDC

*ESHE State-Level Policy Database*

Lists ESHE-related policies by state for easy accessibility  
Contact CDC/DASH Policy Team

**GUTTMACHER INSTITUTE**

*State-based statistics*

[guttmacher.org/statecenter/spibs/spib\\_SE.pdf](http://guttmacher.org/statecenter/spibs/spib_SE.pdf)

*State Policies In Brief*

[guttmacher.org/statecenter/spibs/](http://guttmacher.org/statecenter/spibs/)

Relates to: Policy Guidance Page 6 Step 1 a, 3a (state)

**ADVOCATES FOR YOUTH**

*Addressing Sexual Health in Schools: Policy Considerations*

[advocatesforyouth.org/storage/advfy/documents/addressing\\_sexual\\_health\\_in\\_schools-policy\\_considerations.pdf](http://advocatesforyouth.org/storage/advfy/documents/addressing_sexual_health_in_schools-policy_considerations.pdf)

*Training: Advancing Policy in Every District*

Please contact Advocates for Youth School Health Equity Program Manager

Relates to: Policy Guidance Page 6 Step 1e (state) 1d (district)



## RESOURCES FOR Policy Monitoring

CDC

*School Health Profiles* and *PERS* are two systems in place to support policy monitoring at the state and district level

**HEALTHY TEEN NETWORK**

*Implementation Assessment Tipsheet and Tools*

[healthyteennetwork.org/sites/default/files/Tool%20for%20teacher%20interview%20\\_FINAL\\_0.pdf](http://healthyteennetwork.org/sites/default/files/Tool%20for%20teacher%20interview%20_FINAL_0.pdf)

Relates to: Policy Guidance Page 6 Step 2a (state and district)



## TOOLS DEVELOPED BY State Education Agencies & Local Education Agencies

*Connecticut's Program Assessment Tool for Sexual Health*

[advocatesforyouth.org/images/stories/Connecticut\\_Program\\_Assessment\\_Tool\\_Sexual\\_Health\\_Education\\_aligned\\_with\\_CDC.pdf](http://advocatesforyouth.org/images/stories/Connecticut_Program_Assessment_Tool_Sexual_Health_Education_aligned_with_CDC.pdf)

*Chicago Public Schools Sexual Health Education Toolkit*  
pgs. 12-13,15,19,23,43,48

[tafths.org/ourpages/auto/2012/5/16/52103927/Sexual%20Health%20Education%20Toolkit.pdf](http://tafths.org/ourpages/auto/2012/5/16/52103927/Sexual%20Health%20Education%20Toolkit.pdf)

Relates to: Policy Guidance Page 6 2b (state and district)



## EXAMPLES OF Language & Policy Options

*Procedures for Teaching Reproductive Health and Safety Education, in North Carolina Public Schools*

[appcnc.org/resources/for-schools/rhs-procedures-manual](http://appcnc.org/resources/for-schools/rhs-procedures-manual)

*Chicago Public Schools Sex Ed Policy Toolkit*

[tafths.org/ourpages/auto/2012/5/16/52103927/Sexual%20Health%20Education%20Toolkit.pdf](http://tafths.org/ourpages/auto/2012/5/16/52103927/Sexual%20Health%20Education%20Toolkit.pdf)

Relates to: Policy Guidance Page 6 Step 1d (state) and 1e (district)



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# Preparing Informational Materials



## RESOURCES FOR Stakeholder Communication

*Managing Controversy in Pressure Cooker Situations*  
■ [advocatesforyouth.org/storage/advfy/documents/managing\\_controversy\\_redesign.pdf](http://advocatesforyouth.org/storage/advfy/documents/managing_controversy_redesign.pdf)

*WISE Toolkit: Design Phase*  
■ [wisetoolkit.org/overview](http://wisetoolkit.org/overview)



## BENEFITS OF Exemplary Sexual Health Education

*Consequences of Sex Education on Teen and Young Adult Sexual Behaviors and Outcomes: Sexual Health Education Linked with Preventative Behaviors*  
■ [jahonline.org/article/S1054-139X\(11\)00717-8/abstract](http://jahonline.org/article/S1054-139X(11)00717-8/abstract)

*Abstinence-Only and Comprehensive Sex Education and the Initiation of Sexual Activity and Teen Pregnancy*  
■ [jahonline.org/article/S1054-139X%2807%2900426-0/pdf](http://jahonline.org/article/S1054-139X%2807%2900426-0/pdf)

*Effective Sex Education*  
■ [advocatesforyouth.org/storage/advfy/documents/school-health-equity/sexual-health-ed-and-academic-success.pdf](http://advocatesforyouth.org/storage/advfy/documents/school-health-equity/sexual-health-ed-and-academic-success.pdf)

■ [advocatesforyouth.org/storage/advfy/documents/school-health-equity/sexual-health-ed-research-and-results.pdf](http://advocatesforyouth.org/storage/advfy/documents/school-health-equity/sexual-health-ed-research-and-results.pdf)

*Sexual Risk Behaviors and Academic Achievement*  
■ [cdc.gov/healthyyouth/health\\_and\\_academics/pdf/sexual\\_risk\\_behaviors.pdf](http://cdc.gov/healthyyouth/health_and_academics/pdf/sexual_risk_behaviors.pdf)

*The Silent Epidemic: Perspectives of High School Dropouts*  
■ [ignitelearning.com/pdf/TheSilentEpidemic3-06FINAL.pdf](http://ignitelearning.com/pdf/TheSilentEpidemic3-06FINAL.pdf)

*The Effectiveness of Group-Based Comprehensive Risk-Reduction and Abstinence Education Interventions to Prevent or Reduce the Risk of Adolescent Pregnancy, Human Immunodeficiency Virus, and Sexually Transmitted Infections*  
■ [thecommunityguide.org/hiv/AE\\_CRR\\_Evidence\\_Review.pdf](http://thecommunityguide.org/hiv/AE_CRR_Evidence_Review.pdf)

*Emerging Answers 2007: Research findings on programs to reduce teen pregnancy and sexually transmitted diseases*  
■ [thenationalcampaign.org/sites/default/files/resource-primary-download/EA2007\\_full\\_0.pdf](http://thenationalcampaign.org/sites/default/files/resource-primary-download/EA2007_full_0.pdf)



## Data Sources

*2015 Sex Ed State Legislative Round-Up*  
■ [siecus.org/document/docWindow.cfm?fuseaction=document.viewDocument&documentid=491&documentFormatId=570](http://siecus.org/document/docWindow.cfm?fuseaction=document.viewDocument&documentid=491&documentFormatId=570)

*State-based data on adolescent sexual health*  
■ [hhs.gov/ash/oah/resources-and-publications/facts/](http://hhs.gov/ash/oah/resources-and-publications/facts/)

*YRBS Statewide data*  
■ [cdc.gov/healthyyouth/data/yrbs/results.htm](http://cdc.gov/healthyyouth/data/yrbs/results.htm)



## RESOURCES FOR Parental/Community Support

*Parent support for sexual health education*  
■ [kaiserfamilyfoundation.files.wordpress.com/2013/01/sex-education-in-america-general-public-parents-survey-toplines.pdf](http://kaiserfamilyfoundation.files.wordpress.com/2013/01/sex-education-in-america-general-public-parents-survey-toplines.pdf)

*Broad national support for sexual health education to be taught at ages consistent with National Sexuality Education Standards*  
■ [advocatesforyouth.org/images/stories/ParentSexEd\\_-\\_JoSH.pdf](http://advocatesforyouth.org/images/stories/ParentSexEd_-_JoSH.pdf)

*The Role of School Health Advisory Councils (SHACs) in Sexual Health Policies and Programs*  
■ [advocatesforyouth.org/school-health-equity/2202](http://advocatesforyouth.org/school-health-equity/2202)

*On Our Side: Public Support for Comprehensive Sexuality Education*  
■ [siecus.org/\\_data/global/images/Public%20Support%20Fact%20Sheet-SIECUS-10.07.pdf](http://siecus.org/_data/global/images/Public%20Support%20Fact%20Sheet-SIECUS-10.07.pdf)

*Relates to: Policy Guidance Page 6 Step 3c, 3d (state)*

## How else can NGOs support your policy work?

Advocates and Healthy Teen Network can help support with assessment by assisting with the review of your policies and working through the CDC Policy Guidance; brainstorm and strategize monitoring strategies and assist with customizing and identifying resources for preparing informational materials to educate stakeholders on sexual health education policy.

**HEALTHY TEEN NETWORK**  
Valerie Sedivy,  
Senior Program Manager  
[valerie@healthyteennetwork.org](mailto:valerie@healthyteennetwork.org)

**ADVOCATES FOR YOUTH**  
Mary Beth Szydowski,  
Program Manager School  
Health Equity  
[marybeth@advocatesforyouth.org](mailto:marybeth@advocatesforyouth.org)



## BENEFITS OF Addressing Teen Pregnancy

*Research links teen pregnancy with school dropout*  
■ [thenationalcampaign.org/resource/teen-pregnancy-and-high-school-dropout](http://thenationalcampaign.org/resource/teen-pregnancy-and-high-school-dropout)

*Reductions in teen pregnancy linked with improved attendance rates*  
■ [www.cde.ca.gov/ls/ai/cw/documents/schoolattendance.pdf](http://www.cde.ca.gov/ls/ai/cw/documents/schoolattendance.pdf)



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