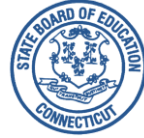




STATE OF CONNECTICUT
DEPARTMENT OF EDUCATION



TO: Child and Adult Care Food Program (CACFP) Child Care Centers
and Family Day Care Home Sponsors

FROM: John Frassinelli, Chief
Bureau of Health/Nutrition, Family Services and Adult Education

DATE: July 26, 2016

SUBJECT: Operational Memorandum No. 8C-16 and 8H-16
Revised Guide for Meal Pattern Requirements for CACFP Child Care Centers
and Family Day Care Homes

The Connecticut State Department of Education (CSDE) recently updated its guide on meal pattern requirements for children in the CACFP. *Meal Pattern Requirements for CACFP Child Care Programs* provides important information to help CACFP child care centers, family day care homes, emergency shelters, and at-risk afterschool care centers comply with the U.S. Department of Agriculture (USDA) meal pattern requirements for children in the CACFP. This guide is part of the CSDE's [Nutrition Policies and Guidance for the CACFP](#).

The revised guide is dated July 2016, and replaces the previous version dated September 2011. Please discard any old versions.

Meal Pattern Requirements for CACFP Child Care Programs is available in the [Meal Pattern](#) section of the CSDE's Nutrition Policies and Guidance for the CACFP Web page. The direct link to the PDF is www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/cacfp/mp/NPGmp.pdf.

The handouts below are also updated, and are available in the [Meal Pattern](#) section of the CSDE's Nutrition Policies and Guidance for the CACFP Web page. Please discard any old versions, and replace with the updated versions dated July 2016.

- CACFP Meal Pattern for Children
- Menu Forms
 - 1 – Breakfast, Lunch and Snack (Ages 3-5)
 - 2 – AM Snack, Lunch and PM Snack (Ages 3-5)
 - 3 – Breakfast, AM Snack and PM Snack (Ages 3-5)
 - 4 – AM and PM Snack (Ages 3-5)
 - 5 – Breakfast and PM Snack (Ages 3-5)
 - 6 – Two-week AM or PM Snack (Ages 3-5)
 - 7 – Breakfast, Lunch and AM or PM Snack (Ages 1-2)
 - 8 – Breakfast and PM Snack for School Age
 - 9 – At-risk Snack for School Age
 - 10 – Breakfast, Lunch and Supper for Emergency Shelters (Ages 6-12)
 - 11 – AM, PM and Evening Snack for Emergency Shelters (Ages 6-12)
 - 12 – Two-week At-risk Supper (Ages 6-12)
 - 13 – At-risk Snack and Supper (Ages 6-12)

- Sample Menus
 - 1 – Cold Breakfast Menus for the CACFP
 - 2 – Hot Breakfast Menus for the CACFP
 - 3 – Cold Lunch/Supper Menus for the CACFP
 - 4 – Hot Lunch/Supper Menus for the CACFP
 - 5 – Snack Menus for the CACFP

In addition, the following new sample production records are available in the [Meal Pattern](#) section of the CSDE’s Nutrition Policies and Guidance for the CACFP Web page:

- Production Records
 - 1 – Any Meal
 - 2 – Breakfast, Lunch and Snack (AM or PM)
 - 3 – AM Snack, Lunch and PM Snack
 - 4 – Breakfast, AM Snack and PM Snack
 - 5 – AM and PM Snack
 - 6 – Breakfast and PM Snack
 - 7 – Breakfast, Lunch and Supper for Emergency Shelters
 - 8 – AM, PM and Evening Snack for Emergency Shelters
 - 9 – At-Risk Snack and Supper

Production records are not required in the CACFP, except for CACFP facilities that follow the National School Lunch Program (NLSP) meal pattern. However, the USDA regulations require that CACFP facilities must document compliance with the CACFP meal pattern, and maintain records of food purchases. Using a production record enables CACFP facilities to provide the appropriate documentation for daily meals and snacks.

Questions may be directed to the CSDE’s CACFP staff.

Day Care Center Sponsors	Day Care Home Sponsors
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JF:sff

Important: This is a numbered Connecticut State Department of Education (CSDE) operational memorandum that contains important program information. Please read carefully and retain in a binder for future reference. All CSDE operational memoranda are posted on the CSDE’s [Operational Memoranda for the CACFP](#) Web page.