This document summarizes the state and federal requirements for selling and giving competitive foods to students in Connecticut public schools that participate in the U.S. Department of Agriculture's (USDA) National School Lunch Program (NSLP) and choose **not** to implement the healthy food option of Healthy Food Certification (HFC) under Section 10-215f of the Connecticut General Statutes (C.G.S.). "Competitive foods" are all foods and beverages available for sale to students on school premises, separately from reimbursable meals and snacks served through the USDA's Child Nutrition Programs (CNPs). Under Section 10-215b-1 of the Regulations of Connecticut State Agencies, competitive foods also include certain foods and beverages that are given to students while CNPs are operating.

For guidance on how the state and federal requirements apply to different sources of foods and beverages in non-HFC public schools, see the Connecticut State Department of Education's (CSDE) handout *Summary Chart: State and Federal Requirements for Competitive Foods in Non-HFC Public Schools.* For detailed guidance on the requirements for competitive foods in non-HFC public schools, see the CSDE's *Guide to Competitive Foods in Non-HFC Public Schools.* 

#### **Summary of State and Federal Requirements**

All foods and beverages available for sale to students separately from reimbursable meals in non-HFC public schools must comply with the USDA's Smart Snacks nutrition standards (81 FR 50131). Beverages must also comply with any stricter requirements of the state beverage statute (C.G.S. Section 10-221q). In addition to these nutrition standards, non-HFC public schools must comply with the following state and federal state requirements:

- Connecticut's statute requiring the sale of nutritious and low-fat foods (C.G.S. Section 10-221p);
- Connecticut's state competitive foods regulations (Sections 10-215b-1 and 10-215b-23 of Regulations of Connecticut State Agencies);
- the local educational agency's (LEA) school wellness policy, as required by the USDA's school wellness policy legislation (Section 4 of Public Law 108-265 and the Healthy, Hunger-Free Kids Act of 2010); and
- the USDA's regulation for revenue from nonprogram foods (7 CFR 210.14 (f)).

These state and federal requirements determine what and when foods and beverages may be sold or given to students in non-HFC public schools. They also regulate the accrual of income from sales of foods and beverages to students.

• "Sales" means the exchange of a determined amount of money or its equivalent (such as coupons, tickets, tokens, and similar items) for foods and beverages. Sales also include programs and activities that charge a fee that includes the cost of foods and beverages provided to students, and activities that suggest a student donation in exchange for foods

and beverages. Under Connecticut's statutes and regulations for competitive foods, sales include coupons and similar items that are given to students (such as food rewards), and can be exchanged for certain foods and beverages. However, Smart Snacks does not apply when coupons and similar items are given to students.

- "Giving" means that foods and beverages are provided free of any charge, contribution, or suggested donations; and without the exchange of tickets, coupons, tokens, and similar items to obtain foods and beverages.
- "School premises" include all areas of the property under the jurisdiction of the local or regional board of education, the regional vocational-technical school system (Connecticut Technical Education and Career System (CTECS)), or the governing authority district or school.

#### When the Requirements Apply

Some of the federal requirements are stricter than the state requirements, and some of the state requirements are stricter than the federal requirements. Some requirements apply during the school day, while others apply at all times or while CNPs are operating.

- The "school day" is the period from the midnight before to 30 minutes after the end of the official school day. For example, if school ends at 3:00 p.m., the school day is midnight to 3:30 p.m. A summer school program operated by the board of education or school governing authority is part of the regular school day.
- The CNPs include the NSLP, School Breakfast Program (SBP), Afterschool Snack Program
  (ASP) of the NSLP, Seamless Summer Option (SSO) of the NSLP, Special Milk Program
  (SMP), Fresh Fruit and Vegetable Program (FFVP), Child and Adult Care Food Program
  (CACFP) At-risk Afterschool Meals operated in schools, and Summer Food Service
  Program (SFSP) operated in schools.

The table on page 3 summarizes when the state and federal requirements apply to non-HFC public schools, which foods and beverages they regulate, and whether they apply to selling or giving foods and beverages to students.



Summary of requirements for competitive foods in non-HFC public schools						
Requirement	Applies to <sup>1</sup>	When applies	Restricts			
			Selling	Giving		
Smart Snacks (81 FR 50131)	All sales of foods and beverages to students on school premises, separately from reimbursable meals and snacks through the CNPs (see "Allowable Foods" on page 5).	During the school day.	Yes	No		
State beverage statute (C.G.S. Section 10-221q)	All sales of beverages to students on school premises, as part of and separately from reimbursable meals and snacks through the CNPs (see "Allowable Beverages" on page 5).	At all times, except for sales that meet the exemption criteria of the state beverage statute (see "Beverage exemptions" on page 6). <sup>2</sup>	Yes	No		
State statute for nutritious and low-fat foods (C.G.S. Section 10-221p)	All sales of foods to students on school premises, separately from reimbursable meals and snacks through the CNPs (see "State Statute Requiring Nutritious and Low-fat Foods" on page 7).	During the school day.	Yes	No		
Section 10-215b-1 of the state competitive foods regulations	Selling and giving candy, coffee, tea, and soft drinks to students on school premises while any CNPs are operating (see "Section 10-215b-1" on page 8).	From 30 minutes before up through 30 minutes after the operation of any CNPs, including during and after the school day.	Yes	Yes		
Section 10-215b- 23 of the state competitive foods regulations	Accrual of income from all sales of foods and beverages to students on school premises while any CNPs are operating (see "Section 10-215b-23" on page 9).	From 30 minutes before up through 30 minutes after the operation of any CNPs, including during and after the school day.	Yes	No		

Summary of requirements for competitive foods in non-HFC public schools, continued						
Requirement	Applies to	When applies	Restricts			
			Selling	Giving		
School Wellness Policy (Section 4 of Public Law 108-265 and the Healthy, Hunger-Free Kids Act (HHFKA) of 2010)	Selling and giving foods and beverages to students on school premises, separately from reimbursable meals and snacks through the CNPs (see "USDA School Wellness Policy Requirements" on page 10).	During the school day.	Yes	Yes		
USDA's regulation for revenue from nonprogram foods (7 CFR 210.14 (f))	All foods and beverages purchased using funds from the nonprofit school food service account, and sold to students (other than reimbursable meals and snacks served through the CNPs) or adults at all times on school premises (see "USDA Regulation for Revenue from Nonprogram Foods" on page 10).  Note: Cafeteria a la carte sales are the most common source of nonprogram foods.	At all times.	Yes	No		

- The state statutes and competitive foods regulations apply to all foods and beverages on school premises, regardless of when students will receive or consume them. Examples include products distributed on school premises in a precooked state, such as frozen cookie dough; and products distributed on school premises in bulk quantities (multiple servings per package), such as boxes or bags of candy bars, Girl Scout cookies, popcorn, and gourmet coffee. Smart Snacks does not apply to foods and beverages intended for consumption at home, such as precooked products and products in bulk quantities.
- Vending machines and school stores are ineligible for beverage exemptions under the state beverage statute; they can never sell noncompliant beverages (such as juice drinks, soda, coffee, tea, sports drinks, and sweetened water) to students.

#### **Allowable Foods**

All foods available for sale to students on school premises during the school day separately from reimbursable meals and snacks through the CNPs must comply with Smart Snacks, including commercial products and foods made from scratch. For information on the specific Smart Snacks requirements, see the CSDE's handout, *Summary of Smart Snacks Nutrition Standards*, and visit the CSDE's Smart Snacks Nutrition Standards webpage.

The CSDE's List of Acceptable Foods and Beverages webpage identifies commercial food products that comply with Smart Snacks. Schools may also use the Alliance for a Healthier Generation's Smart Snacks Product Calculator to assess food products for compliance with Smart Snacks. **Note:** This tool cannot be used to identify allowable beverages because some requirements of the state beverage statute are stricter and supersede the Smart Snacks beverage standards.

For foods made from scratch, schools must review the recipe's nutrition information per serving (included added accompaniments such as butter, cream cheese, syrup, ketchup, mustard, and salad dressing) to determine if the serving complies with the appropriate Smart Snacks food category. If the recipe does not include nutrition information, schools must conduct a nutrient analysis; the CSDE's CNS worksheet 9: Nutrient Analysis can be used to calculate this information. For more information, see the CSDE's handout, *Guidance on Evaluating Recipes for Compliance with the CNS*, and visit the "How To" section of the CSDE's CNS webpage.

#### **Allowable Beverages**

All beverages available for sale to students in Connecticut public schools must comply with Smart Snacks and any stricter requirements of the state beverage statute (C.G.S. Section 10-221q). The Smart Snacks beverage standards apply to all beverages sold to students on school premises during the school day. The state beverage statute applies to all beverages sold to students on school premises at all times. Fundraisers cannot sell noncompliant beverages (such as juice drinks, soda, coffee, tea, sports drinks, and sweetened water) to students on school premises unless the sales are at the location of an event that meets the beverage exemption criteria of the state beverage statute. For more information, see "Beverage exemptions" on page 6.

The CSDE's List of Acceptable Foods and Beverages webpage identifies commercial beverage products that comply with the state beverage statute and the Smart Snacks beverage standards. Connecticut public schools can sell only the following five categories of beverages to students: milk; 100 percent juice; nondairy milk substitutes; beverages containing only water and juice; and water. Each category must meet the specific nutrition



requirements of the federal and state beverage standards. For information on these requirements, see the CSDE's handout, *Allowable Beverages in Connecticut Public Schools*, and the CSDE's presentation,

Beverage Requirements for Connecticut Public Schools. For additional resources, visit the CSDE's Beverage Requirements webpage.

#### Beverage exemptions

Noncompliant beverages (such as juice drinks, soda, coffee, tea, sports drinks, and sweetened water) cannot be sold to students on school premises unless the local board of education or school governing authority has voted to allow exemptions, and: 1) the sale is in connection with an event occurring after the end of the regular school day or on the weekend; 2) the sale is at the location of the event; and 3) the beverages are not sold from a vending machine or school store.

- An "event" is an occurrence that involves more than just a regularly scheduled practice, meeting, or extracurricular activity. Events involve a gathering of people in a social context, such as sports competitions, awards banquets, school concerts, and theatrical productions.
   For example, soccer games, school plays, and school debates are events, but soccer practices, play rehearsals, and debate team meetings are not.
- "Location" means where the event is being held. For example, lemonade may be sold on the side of the soccer field during a soccer game, but cannot be sold in the school cafeteria while a game is played on the soccer field.

For example, if school ends at 3:00 p.m., noncompliant beverages could be sold at the location of an event that occurs anytime between 3:31 p.m. through 11:59 p.m. during the school week, or anytime on Saturday or Sunday. However, if the event occurs while any CNPs are operating, Sections 10-215b-1 and 10-215b-23 of the Regulations of Connecticut State Agencies require additional restrictions for selling and giving coffee, tea, and soft drinks to students; and the accrual of income from all foods and beverages sold to students anywhere on school premises. For more information, see "State Competitive Foods Regulations" on page 8.

Beverage exemptions are not part of the annual HFC Statement, which applies only to foods. The board of education or school governing authority must vote separately to allow exemptions for beverages that do not comply with the state beverage statute. For more information on exemptions, see the CSDE's handout, *Exemptions for Foods and Beverages in Public Schools*.

#### State Statute Requiring Nutritious and Low-fat Foods

C.G.S. Section 10-221p requires that whenever foods are available for purchase by students separately from reimbursable meals during the school day, nutritious and low-fat foods must also be available for sale at the same time, either at the location of the food sales or elsewhere in the school. The statute defines "nutritious and low-fat foods" as low-fat dairy foods (such as low-fat cheese and low-fat or nonfat yogurt) and fresh or dried fruit. Low-fat milk is a beverage and cannot be used to meet the statutory requirement for low-fat foods.

Whenever foods are sold to students separately from reimbursable meals on school premises during the school day, low-fat dairy foods and fresh or dried fruit must also be sold, unless these foods are available for sale to students elsewhere on school premises at the same time. For fundraisers consisting of preordered foods, C.G.S. Section 10-221p applies when the foods are distributed to students, not when students order the foods. The nutritious low-fat foods specified in the statute must be available for purchase when students pick up the fundraiser foods. The intent of the statute is that when food is made available to students, there are also healthy alternatives.

C.G.S. Section 10-221p applies to all Connecticut public schools, even if they do not choose the healthy food option of HFC or do not participate in the CNPs. The statute does not apply to the ASP, unless it begins before the end of the school day. For more information on C.G.S. Section 10-221p, see the CSDE's handout, *Questions and Answers on Connecticut Statutes for School Foods and Beverages*.

#### **State Competitive Foods Regulations**

Sections 10-215b-1 and 10-215b-23 of the Regulations of Connecticut State Agencies restrict candy, coffee, tea, and soft drinks while CNPs are operating; and regulate the accrual of income from all foods and beverages sold to students anywhere on school premises while CNPs are operating. In addition to selling and giving foods and beverages to students, these restrictions apply to beverages at events that meet the exemption criteria of the state beverage statute; fee-based programs and activities that include the cost of foods and beverages provided to students; programs and activities where students can exchange coupons, tickets, tokens, and similar items for foods and beverages (including coupons and similar items that are sold or given to students); distribution of foods and beverages to students; and fundraisers that offer foods and beverages to students in exchange for a suggested donation. Sections 10-215b-1 and 10-215b-23 apply regardless of when students will receive or consume the foods and beverages.

#### Section 10-215b-1

Section 10-215b-1 of the state competitive foods regulations prohibits selling and giving candy, coffee, tea, and soft drinks to students anywhere on school premises from 30 minutes before up through 30 minutes after the operation of any CNPs.

- "Candy" includes all types of regular and sugar-free varieties, such as chocolates, chocolatecovered nuts and fruits, hard candies, jelly candies (e.g., gumdrops and gummies), and breath mints.
- "Coffee" and "tea" include all types, e.g., regular, decaffeinated, herbal and iced.
- "Soft drinks" include all beverages (with or without carbonation) that contain water and/or juice and added sweeteners (including nutritive sweeteners and artificial or natural nonnutritive sweeteners), and may also contain other ingredients such as edible acids, natural or artificial flavors and colors, and added nutrients. Examples of soft drinks include soda (regular and diet), sports drinks (regular, low-calorie, and zero calorie), sweetened beverages (with or without carbonation) that are not 100 percent juice (such as lemonade and fruit punch drinks), and flavored water with added sweeteners.

Depending on when CNPs operate, Smart Snacks and the state beverage statute may supersede Section 10-215b-1, or Section 10-215b-1 may supersede Smart Snacks and the state beverage statute. These requirements are summarized below.

- Selling Candy: Smart Snacks prohibits selling candy to students on school premises during the school day. In addition, Section 10-215b-1 prohibits selling candy to students anywhere on school premises from 30 minutes before up through 30 minutes after the operation of any CNPs, including during and after the school day. For example, if the ASP operates from 3:30 p.m. to 4:30 p.m., candy cannot be sold to students anywhere on school premises from 3:00 p.m. to 5:00 p.m.
- Selling coffee, tea, and soft drinks: The state beverage statute supersedes Section 10-215b-1 because it applies at all times, not just when CNPs are operating. Coffee, tea, and soft drinks cannot be sold to students on school premises unless the board of education or school governing authority has voted to allow beverage exemptions; the sales are located at an event that occurs after the school day or on the weekend; and the event does not occur while any CNPs are operating. Candy, coffee, tea, and soft drinks can never be sold to students from vending machines or school stores. For more information, see "Beverage exemptions" on page 6.

• Giving candy, coffee, tea, and soft drinks: Smart Snacks and the state beverage statute do not apply when foods and beverages are given to students. However, Section 10-215b-1 prohibits giving candy, coffee, tea, and soft drinks to students anywhere on school premises from 30 minutes before up through 30 minutes after the operation of any CNPs, including during and after the school day. For example, if the SBP operates from 7:00 a.m. to 8:00 a.m. and the NSLP operates from 11:30 a.m. to 1:00 p.m., candy, coffee, tea, and soft drinks cannot be given to students anywhere on school premises from 6:30 a.m. to 8:30 a.m. and 11:00 a.m. to 1:30 p.m. Examples include giving candy, coffee, tea, and soft drinks to students as rewards; giving candy, coffee, tea, and soft drinks to students at classroom parties; giving students coupons, tickets, tokens, or similar items that can be exchanged for candy, coffee, tea, and soft drinks; distributing fundraiser orders of candy, coffee, tea, and soft drinks to students in exchange for a suggested donation at a fundraiser.

The CSDE strongly encourages schools to promote consistent health messages to students by eliminating candy, coffee, tea, and soft drinks on school premises. For more information, see the CSDE's handouts, *Healthy Fundraising, Healthy Celebrations*, and *Alternatives to Food Rewards*.

#### Section 10-215b-23

Section 10-215b-23 of the state competitive foods regulations requires that the income from all foods and beverages sold to students anywhere on school premises from 30 minutes before up through 30 minutes after the operation of any CNPs must accrue to the nonprofit food service account. This includes the income from sales of foods that comply with Smart Snacks; the income from sales of beverages that comply with Smart Snacks and the state beverage statute; the income from sales of beverages to students at events that meet the exemption criteria of the state beverage statute; the income from sales of coupons, tickets, tokens, and similar items that students can exchange for foods and beverages; the income from program and activity fees charged to cover the cost of foods and beverages provided to students; the income from student orders for foods and beverages; and the income from student donations in exchange for foods and beverages. "Income" means gross income.

For example, if the SBP operates from 7:00 a.m. to 8:00 a.m., the FFVP operates from 9:30 a.m. to 10:00 a.m., the NSLP operates from 11:30 a.m. to 1:00 p.m., and the ASP operates from 3:30 p.m. to 4:30 p.m., the nonprofit food service account must receive the income from all foods and beverages sold to students anywhere on school premises from 6:30 a.m. to 8:30 a.m., 9:00 to 10:30 a.m., 11:00 a.m. to 1:30 p.m., and 3:00 p.m. to 5:00 p.m.

If any vending machines operate during this time, the gross income (not just the percentage of the income specified in the vending machine contract) must accrue to the nonprofit food service account. For example, if a vending machine contract specifies that the school food service

department receives 20 percent of the total vending sales, and the vending machine operates from 30 minutes before up through 30 minutes after the operation of any CNPs, the school food service department must receive 100 percent of the total vending sales (gross income) during this time.

For more information, see the CSDE's handout, *Connecticut Competitive Foods Regulations*, and CSDE's Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools.

#### **USDA School Wellness Policy Requirements**

The LEA's school wellness policy may have additional local requirements for selling and giving foods and beverages to students. The Child Nutrition and WIC Reauthorization Act of 2004 (Section 4 of Public Law 108-265) required all schools and institutions participating in the NSLP and SBP to develop a school wellness policy by the first day of school year 2006-07. The Healthy,



Hunger-Free Kids Act of 2010 strengthened the SWP law by adding requirements for public participation, transparency, and implementation. Among other requirements, the school wellness policy must include nutrition guidelines for all foods and beverages that are sold or given to students on school premises during the school day. At a minimum, the LEA's school wellness policy for foods and beverages must meet all applicable state and federal nutrition standards and requirements. For more information on school wellness policies, visit the CSDE's School Wellness Policies webpage.

#### **USDA** Regulation for Revenue from Nonprogram Foods

Section 7 CFR 210.14 (f) of the NSLP regulations requires that all revenue from the sale of nonprogram foods must accrue to the nonprofit school food service account. "Nonprogram foods" are foods and beverages purchased using funds from the nonprofit school food service account and sold to students or adults at any time or location on school premises, other than reimbursable meals and snacks served through the CNPs. Nonprogram foods include all foods and beverages sold in schools, adult meals, outside-of-school hours, and catering or vending activities. They also include competitive foods purchased using funds from the nonprofit school food service account, such as cafeteria a la carte sales or foods and beverages for vending machines operated by the food service department. For most school food authorities (SFA), cafeteria a la carte sales account for the majority of nonprogram foods.

This regulation also requires that when school food service labor is used to prepare foods for an outside entity (such as catering), the SFA must ensure that all costs, including labor and any other costs incurred, are covered by the entity being served by the school food service program. For more information, see USDA Memo SP 13-2014: School Food Service Account Revenue from the Sale of

Nonprogram Foods and USDA Memo SP 20-2016: Nonprofit School Food Service Account Nonprogram Food Revenue Requirements.

**Note:** Nonprogram foods are different from competitive foods. Competitive foods are all foods and beverages available for sale to students on school premises, separately from reimbursable meals and snacks served through the CNPs. Some competitive foods are purchased using funds from the nonprofit school food service account, but many are not. For example, funds from the nonprofit school food service account might be used to purchase competitive foods that are sold from vending machines in the cafeteria, but they are not typically used to purchase competitive foods that are sold from school stores and fundraisers.

#### Resources

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Allowable Beverages in Connecticut Public Schools (CSDE):
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https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/AllowableBeverages.pdf

Alternatives to Food Rewards (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/Resources/FoodRewards.pdf

Beverage Requirements (CSDE webpage):

https://portal.ct.gov/SDE/Nutrition/Beverage-Requirements

Beverage Requirements for Connecticut Public Schools (CSDE presentation):

https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/BeveragesPresentation.pdf

C.G.S Section 10-215f: Certification that food meets nutrition standards:

https://www.cga.ct.gov/current/pub/chap\_169.htm#sec\_10-215f

C.G.S. Section 10-221p: Boards to make available for purchase nutritious and low-fat foods:

https://www.cga.ct.gov/current/pub/chap\_170.htm#sec\_10-221p

C.G.S. Section 10-221q: Sale of beverages:

https://www.cga.ct.gov/current/pub/chap\_170.htm#sec\_10-221q

Competitive Foods in Schools (CSDE webpage)

https://portal.ct.gov/SDE/Nutrition/Competitive-Foods

Connecticut Competitive Foods Regulations (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/CTCompFoodRegulation.pdf

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools:

https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2018/OM01-18.pdf

Exemptions for Foods and Beverages in Public Schools (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FBexemption.pdf

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Final Rule: National School Lunch Program and School Breakfast Program: Nutrition Standards for
   All Foods Sold in School as Required by the HHFKA of 2010 (81 FR 50131).
   https://www.fns.usda.gov/school-meals/fr-072916d
Fundraisers and Smart Snacks: Foods Not Intended for Consumption at School (USDA):
   https://fns-prod.azureedge.net/sites/default/files/cn/fundraisersfactsheet.pdf
Guidance on Evaluating Recipes for Compliance with the Connecticut Nutrition Standards (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/HFC/EvaluateRecipeCNS.pdf
Guide to Competitive Foods in Non-HFC Public Schools (CSDE):
   https://portal.ct.gov/-
   /media/SDE/Nutrition/CompFoods/CompetitiveFoodsGuideNonHFC.pdf
Healthy Celebrations (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/Resources/HealthyCelebrations.pdf
Healthy Fundraising (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/Resources/HealthyFundraising.pdf
List of Acceptable Foods and Beverages (CSDE webpage):
   https://portal.ct.gov/SDE/Nutrition/List-of-Acceptable-Foods-and-Beverages
Overview of Federal and State Laws for Competitive Foods in Connecticut Public Schools, Private
   Schools, and Residential Child Care Institutions:
   https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/OverviewFederalStateLaws.pdf.
Questions and Answers on Connecticut Statutes for School Foods and Beverages (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CTStatutesQA.pdf
Requirements for Food and Beverage Fundraisers in non-HFC Public Schools (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FundraisersnonHFC.pdf
Requirements for Foods and Beverages in School Stores in non-HFC Public Schools (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/HFC/StoresnonHFC.pdf
Requirements for Foods and Beverages in Vending Machines in non-HFC Public Schools (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/HFC/VendingNonHFC.pdf
Resources for Healthy Foods and Beverages in Schools (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/HFC/ResourcesHealthyFB.pdf
School Wellness Policies (CSDE webpage):
   https://portal.ct.gov/SDE/Nutrition/School-Wellness-Policies
Sections 10-215b-1 and 10-215b-23 of the Regulations of Connecticut State Agencies:
   https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215b/
Smart Foods Planner (Alliance for a Healthier Generation):
   https://foodplanner.healthiergeneration.org/
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Smart Snacks Calculator (Alliance for a Healthier Generation):

https://foodplanner.healthiergeneration.org/calculator/

Smart Snacks Nutrition Standards (CSDE webpage):

https://portal.ct.gov/SDE/Nutrition/Smart-Snacks-Nutrition-Standards

Summary Chart: State and Federal Requirements for Competitive Foods in Non-HFC Public

Schools (CSDE): https://portal.ct.gov/-

/media/SDE/Nutrition/CompFoods/SummaryChartnonHFC.pdf

Summary of Smart Snacks Nutrition Standards (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/SmartSnacks.pdf



For more information, visit the CSDE's Competitive Foods in Schools and Beverage Requirements webpages or contact the school nutrition programs staff at the Connecticut State Department of Education, Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/HFC/RequirementsNonHFC.pdf.

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- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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