

TO: Bureau of Educator Standards and Certification

Attention: Georgette Nemr

RE: Comment on Proposed Certification Regulations for Comprehensive School Health Education (043)

The purpose of this letter is to support an increase in the cross-endorsement requirements for educator certification in comprehensive school health education.

Minimal coursework has previously been required for *043 Health Education* certification, particularly for cross-endorsement from physical education. Perhaps sufficient for earlier generations of health education, these minimal requirements are not adequate preparation for teaching *comprehensive school health education* in the present and future, given the enormous growth in the body of knowledge and science of health education and the potential impact of health on individuals, families, communities and society.

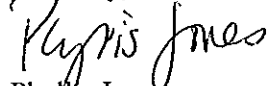
I support these **proposed requirements for cross-endorsement in comprehensive school health education:**

For a cross-endorsement in comprehensive school health education, an applicant shall present evidence of 30 semester hours in each of the following areas:

- (i) elementary and secondary comprehensive school health education teaching methods (required);
- (ii) prevention education including substance abuse; alcohol, tobacco, and other drugs; intentional and unintentional injury; and behavioral change theory;
- (iii) comprehensive sexuality education that is medically accurate and developmentally- and culturally- appropriate;
- (iv) mental and emotional health including stress management;
- (v) developing healthy relationships including prevention of violence and harassment;
- (vi) holistic health and alternative approaches to health;
- (vii) health promotion and disease prevention including chronic and infectious disease;
- (viii) community and environmental health, coordinated school health; and
- (ix) human anatomy, physiology and human growth and development.

In addition to these changes, I support the inclusion of **Pre-K** in the grade range for comprehensive school health education certification (043) so that the certification includes Pre-K through Grade 12.

Sincerely,



Phyllis Jones
Health/Physical Education Coordinator
Regional School District #10 (Burlington, Harwinton)

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