



THE SCHOOL NURSE BULLETIN

January 2013 - 2nd Edition



Stephanie G. Knutson, MSN, RN School Nurse Consultant

Ordering School Health Records for 2013-14 School year

Attention School Nurse Supervisors:

It is time to order Cumulative Health Records (CHR-1) and Health Assessment Records (HAR-3) for delivery in May and use in the 2013-14 school year. Each district must determine the number of CHR-1 and HAR-3 forms needed based on its student population and number of forms currently in stock. **Please order sufficient numbers to share with charter, private and parochial schools served by your district and with health care provider offices in your community.** The Connecticut State Department of Education (CSDE) only distributes CHR-1 and HAR-3 forms to public school districts. You are responsible for providing the health care providers in your community with forms.

Please complete the order form below for your district and return it to Glenda Stuckey before March 1, 2013. We do not stock an excess of extra forms at the CSDE, therefore please order enough to cover your needs for **one year**. Please remember your district needs to share its supply with appropriate medical practitioners and other schools in its community. Orders will be sent to the school district by the end of May 2013.

Please print or type clearly and return by March 1, 2013, to Glenda Stuckey at glenda.stuckey@ct.gov.

Contact Name: _____

Phone Number: _____

Email: _____

District: _____

Mailing Address: _____

CHR-1 folders (Number of packets): _____
(50 folders per packet)

HAR-3 blue forms (Number of packets): _____
(100 blue forms per packet)

Important note: The CSDE does not supply the Early Childhood Health Assessment Record (Yellow Form). You may download and print it from the Health Promotion Services/School Nurse Web site at http://www.sde.ct.gov/sde/lib/sde/PDF/deps/student/health/EC_HAR.pdf.

!! 2013-14 Immunization Requirements !!

The immunization requirements for enrolled students in Connecticut schools during the 2013-14 school year are located on the Health Promotion Services/School Nurse Web site at <http://www.sde.ct.gov/sde/lib/sde/PDF/deps/student/health/Schoollmmunizations.pdf>.

Diabetes and Glycogen Storage Disease Management in Schools

Public Act No. 12-198 (HB 5348) An Act Concerning the Administration of Medicine to Students with Diabetes, the Duties of School Medical Advisors, the Availability of CPR and AED Training Materials for Boards of Education and Physical Exercise During the School Day, includes new legislative mandates that addresses diabetes and glycogen storage disease management in Connecticut's schools. In response to these new legislative requirements, the following three documents have been updated in order to provide guidance to school districts regarding diabetes and glycogen storage disease management in schools:

- *Guidelines for Blood Glucose Self-Monitoring in School;*
- *Guidelines for Managing Life-Threatening Food Allergies in Connecticut Schools (Includes Guidelines for Managing Glycogen Storage Disease); and*
- *Learning and Diabetes: A Resource Guide for Connecticut Schools and Families.*

The documents are located on the Health Promotion Services/School Nurse Web site at www.ct.gov/sde/schoolnurse.

Professional Development Opportunities



Fourth Annual Meeting Health and Physical Education Coordinators

February 5, 2013, 8 a.m. – 3 p.m.
(snow date: 2/7/13)
Crowne Plaza Cromwell, 100 Berlin Road, Cromwell

Registration opens at 7:30 a.m.

Sponsored by the Connecticut State Department of Education (CSDE) and the Department of Public Health

Join Health Education and Physical Education Coordinators from across the state to develop and share strategies that promote student health and wellness and their direct connection to academic achievement. This meeting will provide an opportunity for regional collaboratives to reconnect and plan group agendas for the year ahead. Participants will:

- Learn more about the Connecticut's education reform legislation and its implementation, including wrap-around services;
- Receive updates pertaining to school health and physical education policy and legislation;
- Access support, tools and strategies for improving education programs and partnerships in their local schools and districts as important elements of overall health and success of students and the school community; and
- Interact with colleagues from your region and develop ways to work together and support each other's programs and outcomes.

Don't Miss! Hot topic roundtable discussions featuring new guidance and documents from CSDE such as the new *Adapted Physical Education Guidelines*, Student Success Plans, the new educator evaluation pilot and how to integrate them into district programs.



The State of Connecticut Department of Education is an affirmative action/equal opportunity employer.



www.ct.gov/sde/healthyconnections

Audience: Health education and physical education coordinators as well as district administrators with responsibility for these programs.

Facilitated by:
Dr. Bonnie J. Edmondson, Education Consultant
Comprehensive Student Supports and School Health Education

Dr. Jean Mee, Education Consultant
Physical Education and School Health Education

Fee: \$50 (includes breakfast and lunch)
Certificates of participation will be provided.

Register online at www.registereastconn.org.
Course #: 1225300604 - Deadline is January 22, 2013.

REGISTRATION INFORMATION
Register online at <http://www.registereastconn.org>. Click on the "Register Here," button under the workshop title. Create an account or log-in using your 4 digit PIN number and a valid purchase order (P.O.) number from your school. Note: If you are paying by personal check and not using a P.O., you will receive a confirmation via e-mail to send in with your check. If you have questions regarding registration, or have difficulty using the online form, e-mail conferenceoffice@eastconn.org or call 860-455-1533. Weather-related closings or delay information can be found online the day of the event at www.eastconn.org, click on "Cancellations" or call 860-455-0420.

This event is made possible through funding from the Centers for Disease Control and Prevention Cooperative Agreement: Improving Health and Educational Outcomes of Young People.

Professional Development Opportunities, cont'd



**Recognizing Trauma in Children:
Trauma Screening, Identification and Referral
in Pediatric Practice**
4 p.m. to 6 p.m.

Locations:

- ✓ 1/16/2013 - East Hampton High School, 15 North Maple ST, East Hampton, Connecticut. Contact Terry Schramm at tschramm@easthamptonct.org;
- ✓ 2/6/2013 – Medical Professional and Teachers Academy, 10 Univac Lane at 10 Targeting Center, Bloomfield, Connecticut. Contact Andrea Dillon at adillon@crec.org;
- ✓ 2/7/2013 – Visiting Nurse Association of Southeastern CT, 403 Frontage Road, Waterford, Connecticut. Contact Nancy Turner at NTurner@canterburypublicschools.org; and
- ✓ 2/20/2013 – Northwestern Regional High School, 100 Battistoni Drive, Winsted, Connecticut. Contact Kaye Sweeney at ksweeney@nwr7.org.

Failure to identify and address trauma in children at the earliest possible time can lead to exacerbated health, mental health and social problems later in childhood, adolescence and adulthood. Research shows that physicians significantly underestimate the rate of traumatic stress reactions children experience post-trauma.

This *Educating Practices in the Community (EPIC)* module provides introductory information on trauma in children. The training offers practical strategies for easily determining which children may be suffering from trauma exposure and follow up screening tools to use when there is a concern. The presentation also includes referral information for local community child trauma services.

The *Trauma Screening, Identification and Referral in Pediatric Practice* module is offered through the EPIC Program.

Objectives:

- ✓ Understand the extent and nature of trauma in the pediatric population;
- ✓ Understand the implications of not addressing trauma at the earliest possible time;
- ✓ Learn when to suspect that a child has experienced trauma;
- ✓ Learn about screening for trauma in taking a medical history and with screening tools; and
- ✓ Gain awareness of the community options for responding to trauma in children.

Facilitator
Stephanie Knutson, MSN, RN
Connecticut State Department of Education

Presenter
Dr. Bob Franks
CHDI Vice President and Trauma Expert

Dr. Robert P. Franks, child psychologist, is the director of the Connecticut Center for Effective Practice and vice president of the Child Health & Development Institute (CHDI) of Connecticut. He is an Assistant Clinical Professor at the Yale University School of Medicine and the University of Connecticut Health Center, Department of Psychiatry.

Target Audience: School nurses, school psychologists, school counselors, school social workers, teachers and other school staff.

There is no cost for these events!

Sponsored by:



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and



Child Health and Development Institute of Connecticut, Inc.


Time:

- 4 p.m. to 6 p.m.

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Professional Development Opportunities, cont'd



The Connecticut State Department of Education
presents the following opportunity for school nurses,
school nurse supervisors and administrators

Spring 2013 School Nurse Supervisor Conference

Tuesday, April 9, 2013, 8:30 a.m. – 3:30 p.m.
Crowne Plaza Cromwell, 100 Berlin Road,
Cromwell, Connecticut 06416



Facilitator.....Stephanie Knutson, MSN, RN,
School Health Consultant,
Connecticut State Department
of Education

Fee.....\$50.00 per person

CEUs.....0.5

Register by.....3/26/13

Course #.....1225300624

This activity will provide school nurse supervisors with information on multiple state initiatives and trends in the state. Additionally, school nurse supervisors will have the opportunity to network with colleagues.

As a result of attending this conference, participants will:

- gain additional knowledge in the role of school nurse in mandated reporting and behavioral health;
- gain additional knowledge in the role of school health services in school reform;
- gain additional knowledge in health promotion of school nursing services; and
- gain additional knowledge in state-mandated immunization regulations.

Register online at www.registreeastconn.org. Click on the event title. You will need to input your four-digit PIN number and a valid Purchase Order (P.O.) number from your school. Note: If you will be paying by a personal check and not using a P.O., you will receive an invoice via e-mail to send in with your check.

If you have questions regarding registration, or have difficulty using the online form, e-mail conferenceoffice@eastconn.org, or call 860-455-1533.

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Connecticut State Department of Education
Bureau of Health/Nutrition, Family Services
and Adult Education
25 Industrial Park Road, Middletown, CT

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SCHOOL NURSE CONSULTANT

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...Keeping CT School Nurses
Informed and Involved!

Nondiscrimination Statement

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