

CARE FOR CAREGIVERS

If you are a caregiver, you may be eligible for support and services, including a break to care for yourself.

Caregiver supports can include:

- > Counseling
- > Support groups
- > Caregiver training
- > Respite care to allow caregivers to take breaks
- > Minor home modifications and personal emergency response device installation.



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To care for others long term, we also need to care for ourselves.

CALL 1-800-994-9422