



# Daily Schedule

example

8:00-8:15	Campers arrive
8:15-8:30	Assembling of campers with group leaders at Upper Lodge
8:30-8:45	Circle assembly, activity announcements, songs and warm-up
8:45-9:00	Groups report to first morning activity 9:00-11:30 Groups rotate 2-3 times per week from activities such as arts and crafts, nature, boating swimming, sports/physical events and counselor planned events.
11:30-12:00	Lunch
12:00-12:15	Preparation for afternoon activity
12:15-1:30	Swimming opportunity or individualized activity
1:30-2:00	Changing and free activity
2:00-2:15	Campers prepare for departure
2:15-2:45	Staff: clean-up, day review and prep for following day

Every Friday is a theme or special event day. A variety of activities are planned through the Camp Counselors. This can include activities related to music, individual talent, role playing, an educational theme, holidays, multicultural events, etc...

Weekly nature programs are scheduled with facilitators such as Dempsey Horticulture Program, and other outside groups.

**Camp Q phone # 860-779-0528**

*(in use while camp is in session only)*

*Susan Paul work # 860-630-4035*

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*Camp Nurse phone: # 860-774-0564*