The Southbury Training School Board of Trustees met in the Moser Library at Southbury Training School, Southbury, Connecticut, on Monday, March 22, 2010.

Present: Ann Dougherty, Chair

Eileen Lemay, Vice-Chair

Philip K. Bondy, M.D., Secretary

Ted Walen

Marc J. Taylor, M.D.

Louis Richards

Eugene Harvey, Director, STS

Excused: Mark A. R. Cooper

Guests: Michael Barberie, M.D.

Sally Bondy

Ms. Dougherty called the meeting of the Southbury Training School Board of Trustees to order at 1:03 p.m.

MINUTES

All trustees via e-mail approved the February 22, 2010 minutes on March 1, 2010.

GUEST SPEAKER

Ms. Dougherty introduced the guest speaker, Dr. Michael Barberie, STS Psychiatrist. Dr. Barberie has been a psychiatrist at Southbury Training School for fifteen years, and has also been twenty-five years at Abilities Beyond Disability. In 1986 the Department of Justice mandated that STS have the equivalent of a full-time psychiatrist, and that this individual could not be a State employee. At one time, there were four psychiatrists on grounds, but as of this date Dr. Barberie is the only psychiatrist at STS and is employed by Columbus Medical.

Dr. Barberie treats 190 residents who require psychiatric services, of whom 110 are on neuroleptics. At least once a month he sees these residents while also observing their peers and surroundings. Once every three months each resident on neuroleptics is screened for Tardive Dyskinesia, a serious potential side effect of their medication. He also meets with the STS Medical Director and goes on hospital rounds. In addition he meets with the Director of Psychology at the House Committee Meetings, and at Program Revue Committee Meetings. He works directly with BMPS's (Behavior Modification Program Specialists) and with the staff who have known these residents for many years. His goal is to use the smallest number of medications required to provide adequate treatment, in order to minimize side effects while achieving maximum efficacy.

Following a brief discussion, the Board thanked Dr. Barberie for his informative presentation.

COUNCIL ON DEVELOPMENTAL SERVICES

Ann Dougherty asked for any volunteers from the Board to be the representative on the Council on Developmental Services. Lou Richards volunteered. Dr. Taylor made a motion that Lou Richards be the Board's representative to the Council on Developmental Services; Dr. Bondy seconded the motion; all in favor. Ann Dougherty thanked Ted Walen for his years of service on the Council. The minutes for the Council on Developmental Services meeting can be obtained by going to the DDS web site, clicking on the Boards & Councils link, and then on the Council for Development Services.

DIRECTOR'S REPORT

Messier Case:

The Messier case is on-going, with the next meeting to be held this Wednesday, March 24th.

Cottage Closures:

The cottage closure process is almost complete. Twenty-nine residents have moved thus far with the remaining moves to be complete by this Friday, March 26th. All guardians are in agreement with each of these moves.

Cottage 34:

The Open House was held on Friday, March 19th and was well received. Residents have begun to move in today, March 22nd.

STS Maps

STS campus maps were distributed to the board members and Eugene pointed out the buildings that have been closed. A discussion followed on possible future plans for the campus.

NEW BUSINESS

Ann Dougherty requested suggestions for the Guest Speaker for the April 2010 meeting. This will be decided at a later date.

The next meeting of the STS Board of Trustees will be Monday, April 26, 2010, at 1:00 p.m. in Moser Library.

There being no further business, Dr. Bondy moved that the meeting adjourn at 2:30 p.m., Dr. Taylor seconded. All in favor.

Respectfully submitted,

Pam Webb, Recording Secretary

Philip K. Bondy, M.D., Secretary

Approved by the STS Board of Trustees March 29, 2010