



State of Connecticut
Department of Developmental Services



Ned Lamont
Governor

Jordan A. Scheff
Commissioner

Peter Mason
Deputy Commissioner

To: DDS Public Programs and Qualified Providers

From: Valencia Bagby-Young, Director of Health and Clinical Services

CC: Jordan Scheff, Commissioner; Peter Mason, Deputy Commissioner; Katie Rock-Burns, Chief of Staff; Regional Directors; Regional Health Services Directors

Date: August 2, 2021

Re: Updated COVID-19 (SARS-CoV-2) Post-Vaccine Exposure Guidance

This update is being provided because of the new evidence related to the B.1.617.2 (Delta) variant currently being transmitted in the United States. The revised information is indicated by the use of red font and is specific to fully vaccinated persons following close contact exposure (i.e., less than 6-feet, 15-minutes cumulative over 24-hours) to someone infected with COVID-19. All employees regardless of vaccination status are still required to wear a well-fitted face mask while on duty. As a reminder, please see the CDC website for a guide to well-fitted face masks [Improve the Fit and Filtration of Your Mask to Reduce the Spread of COVID-19 | CDC](#)

The following is guidance applies to DDS funded residences and programs and is obtained through the Centers for Disease Control and Prevention (CDC) in collaboration with the Connecticut Department of Public Health (DPH). Information and guidance regarding COVID-19 is constantly evolving and is subject to change.

Please refer to the **COVID-19 (SARS-CoV2) Post-Vaccine Exposure Guidance memo released April 6,2021** for detailed review of applicability and classification of DDS settings for the purposes of COVID-19 post-vaccine exposure.

https://portal.ct.gov/-/media/DDS/COVID-19_2021/DDS_Memo_COVID-19_Post_Vaccine_Exposure_Guidance_FINAL_4_6_2021.pdf

Table Categorizes DDS Settings

Non-congregate settings**	Congregate non-healthcare settings	Congregate healthcare settings
Community Companion Homes (CCH)**	Community Living Arrangements (CLA)	Intermediate Care Facilities (ICFs)
Individualized Home Supports (IHS)**	Employment and Day Services (Day Programs)	
	Respite Centers	

Individual Family Supports (IFS)**	Continuous Residential Supports (CRS)	
Group Supported Employment (GSE)		

****If individual attends day program or visit respite centers, follow congregate non-healthcare settings guidance <https://www.cdc.gov/coronavirus/2019-ncov/community/adult-day-care-service-centers.html>**

Categories Based on Vaccination Status:

- 1) Non-vaccinated - no doses of vaccinations obtained
- 2) Partially vaccinated - 1-dose of a 2-dose vaccination series obtained or less than 14-day period elapsed since all required doses received
- 3) Fully vaccinated - all vaccination doses obtained and period of at least 14-days has elapsed since last dose of a series or a single-dose vaccine)

Recommendations for Isolation, Quarantine and Testing Based on Vaccination Status

The recommendations for isolation, quarantine and testing differ between community settings and congregate settings.

The following recommendations which were obtained from the CDC and modified to apply to **DDS congregate healthcare and congregate non-healthcare settings**:

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html#anchor_1615143411738

DDS Congregate Healthcare Settings Post-Exposure Recommendations

Vaccination Status	Direct Care Workers	Residents/Individuals
Non-Vaccinated	Quarantine/Test	Quarantine/Test
Partially Vaccinated	Quarantine/Test	Quarantine/Test
Fully Vaccinated	Test and monitor for symptoms but no need to quarantine if asymptomatic unless caring for immunocompromised persons.	Quarantine/Test

****Test once immediately after exposure and 3-5 days after exposure regardless of vaccination status****

DDS Congregate Non-Healthcare Settings Post-Exposure Recommendations

Vaccination Status	Direct Care Workers	Residents/Individuals
Non-Vaccinated	Quarantine/Test	Quarantine/Test
Partially Vaccinated	Quarantine/Test	Quarantine/Test
Fully Vaccinated	Test and monitor for symptoms, no need to quarantine if asymptomatic. If caring for immunocompromised persons, consider re-assignment or quarantine.	Test and monitor for symptoms, no need to quarantine if asymptomatic unless the individual is immunocompromised. Immunocompromised persons should follow the recommendations provided by their healthcare provider.

****Test 3-5 days after exposure regardless of vaccination status****

1. COVID-19 Quarantine and Testing for Employees and Individuals not Fully Vaccinated:

Employees and individuals in any settings who are non-vaccinated or are only partially vaccinated shall quarantine and obtain testing following close contact exposures (i.e., less than 6-feet, 15-minutes cumulative over 24-hours).

2. Fully Vaccinated Direct Care Workers of Congregate Non-Healthcare Settings

Fully vaccinated direct care workers exposed to someone who is positive for COVID-19 working in congregate non-healthcare settings **do not need to quarantine, however, need to be tested. If caring for persons with underlying immunocompromised conditions (i.e., cancer, chemotherapy, etc.) consider re-assignment or quarantine.** If the employee is exhibiting symptoms indicative of a COVID-19 infection, the employee shall quarantine/test.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-after-vaccination.html>

3. Fully Vaccinated Residents of Congregate Non-Healthcare Settings

Fully vaccinated residents of congregate non-healthcare settings (i.e. CLA, CRS, employment and day services/day programs, respite centers) **do not need to quarantine, however, are required to obtain testing for SARS-CoV-2 following a significant exposure to someone with suspected or confirmed COVID-19 unless the individual is immunocompromised.** Immunocompromised persons should follow the recommendations provided by their healthcare provider following a close contact exposure (i.e., less than 6-feet, 15-minutes cumulative over 24-hours).

4. Residents of Congregate Healthcare Settings

Due to high risk population, individuals residing in congregate healthcare facilities regardless of vaccine status still need to quarantine and obtain medical evaluation with COVID-19 testing.

5. Non-congregate Settings (CCH, IHS, IFS, GSE):

Individuals in **non-congregate settings** should continue to follow general community post-exposure recommendations:

Individuals in Non-Congregate Settings Post-Exposure Recommendations

Vaccination Status	Recommendations
Non-Vaccinated	Quarantine/Test
Partially Vaccinated	Quarantine/Test
Fully Vaccinated	Test and monitor for symptoms, no need to quarantine if asymptomatic.

Test 3-5 days after exposure regardless of vaccination status

It is important for all employees to consider the following when they leave the workplace. The CDC recommends fully vaccinated people who live in a household with someone who is immunosuppressed, at increased risk of severe disease, or unvaccinated (including children <12 years of age) could also consider masking at home for 14 days following a known exposure or until they receive a negative test result.

CDC website link: [Interim Public Health Recommendations for Fully Vaccinated People | CDC](#)