

IN CASE of **FIRE** Think **R.A.C.E.**

Remove
All People

Alert

Everyone in home and
call **911**

Confine

Close doors so fire does
not spread to other rooms

Extinguish

Use Fire Extinguisher only
when SAFE to do so

“GO” BAG

Don't forget to be prepared in
case of an emergency

Pack Your “GO” BAG **NOW!**

Personal Supplies

Medication, Toothbrush, Toothpaste,
Hairbrush, Extra Clothing, Extra Eyeglasses

Other Important Stuff

Water, Snacks, Small Radio, Batteries,
Rain Poncho, Light Fold Up Blanket



FIRE PREVENTION AND SAFETY TIPS

This brochure was made possible through
a Federal Emergency Management Agency
(FEMA) Grant to the Connecticut Department
of Developmental Services (DDS).

In Cooperation with the Connecticut Fire
Academy and University of Connecticut Health
Center, a Fire Prevention and Safety Training
video and curriculum was developed to train
over 15,000 public and private staff and assist
over 20,000 consumers and families in the state
with fire prevention and safety procedures.

For more information, visit these websites:

DDS - www.ct.gov/dds

Fire - Academy www.dsf.state.ct.us/cfpc

FEMA - www.fema.gov

For questions, email: ddsfiresafety@ct.gov

Department of Developmental Services



DDS



FIRE PREVENTION AND SAFETY TIPS



FEMA

Federal Emergency Management Agency

FIRE Safety Tips

Smoke Detectors

- Install at least one on each floor of your home
- Test monthly, keep clean
- Replace batteries twice a year

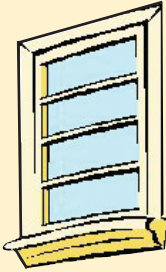


Escape Plan

Do **you** know how to get out if there is a fire?



Doors



Windows

- Identify two ways to escape from each room
- Crawl on the ground if there is smoke
- Touch door, if it's hot, **DO NOT OPEN**
- Plan a place to meet outside

If your clothes are on FIRE

STOP Do not move or run, air feeds fire

DROP to the ground

ROLL to put out the fire

Home Safety Tips

Electric

- **DO NOT** plug too many cords in one outlet
- Keep cords away from water
- Replace cords when broken, **DO NOT** use tape



Cooking

- Keep towels and paper away from stove top
- **NEVER** use water on a grease fire, cover with lid
- Turn **ALL** burners **OFF** when not in use
- **NEVER** leave home with the stove on
- Turn pot handles inward
- Do not climb on counter to reach cabinets

Outdoor Grills

- Keep away from buildings
- Must always be watched
- After use, close lid until the grill and the coals have cooled



Smoking Tips

- **NO** Smoking inside your home
- Do not litter: throw away cigar or cigarette stubs in correct container

Severe Weather

- Beware of power outages
- Have plenty of batteries for your flashlights
- In case of immediate danger, move to the basement or a hallway with no windows
- Open windows a bit
- Use blankets to protect you from flying glass



Fire Extinguisher Use

THINK P.A.S.S.



Pull the pin
AIM at the bottom of the fire
SQUEEZE trigger
SWEEP across the fire

PRACTICE!

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