



Healthy Relationships Series

Sign Up Early!

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators, another Healthy Relationship Series will be held in the North Region. The Healthy Relationship series is a 6 session course dedicated to the topic areas of making, developing, and maintaining healthy relationships. Individuals must participate in all 6 sessions. The first session of the series will include an overview of all material to be covered so support staff should plan on attending and participating in the first session. This will assist everyone in knowing what to expect in the series.

The North Region Series will be held from 4:00pm to 7:00pm on the following Mondays & Wednesdays:

April 22, 24, 29, May 1, 6, & 8 – Willimantic DDS Office -90 Park Street, Willimantic, CT

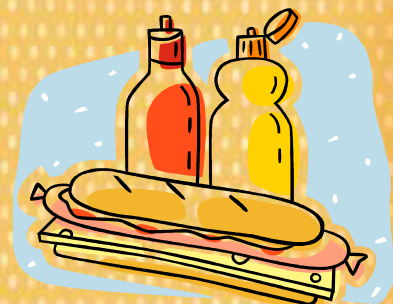
Please send completed referral forms to:
patricia.cymbala@ct.gov for info, call: 860-263-2462.

Additional series will be held in other regions. Contact Patricia for additional dates.

*Please complete the attached application. Referrals are **REQUIRED** to participate in the series.

(25 participants maximum)

Potluck!



*Each session will feature a potluck dinner. Participants will be asked to bring a healthy dish to share.