



# Healthy Relationship Series

**Sign Up Early!**

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators, the Healthy Relationship Series will be held statewide at various DDS offices. The Relationship series is a 6 session course dedicated to the topic areas of making, developing, and maintaining healthy relationships. ***Individuals must participate in all 6 sessions!***

The first session of the series will include an overview of the material to be covered. ***Support staff should plan on attending and participating in the first session!*** This will assist everyone in knowing what to expect in the series.

**\*\*This 6 session series will be held from 4:00pm to 7:00pm on these dates: Wednesday May 1<sup>st</sup>, Monday May 6<sup>th</sup>, Thursday May 9<sup>th</sup>, Monday May 20<sup>th</sup>, Monday June 3<sup>rd</sup>, Wednesday June 5<sup>th</sup>.**

**\*\*This DDS west region series will take place at:  
Cheshire DDS Office, 25 Creamery Rd. Cheshire, CT**

\*Please complete the attached application. Referrals are **REQUIRED** to participate in the series. Apply now as there is a 25 participant maximum.

***Please send completed referral forms to:  
[sandi.geer@ct.gov](mailto:sandi.geer@ct.gov) right fax # 860-920-3057 for info, call 203-509-4783***

## Potluck!



\*Each session will feature a potluck dinner. Participants will be asked to bring a healthy dish to share.