Lealthy Relationships Series

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators, another Healthy Relationship Series will be held in the West Region. The Healthy Relationship series is a 6 session course dedicated to the topic areas of making, developing, and maintaining healthy relationships. Individuals must participate in all 6 sessions. The first session of the series will include an overview of <u>all material</u> to be covered so support staff should plan on attending and participating in the first session. This will assist everyone in knowing what to expect in the series.

The W/R Series will be held from on the following dates from 11:00-2:00pm

Tuesday April 16th Wednesday April 17th
Thursday April 18th Wednesday April 24th
Friday April 26th Wednesday May 1st

Classes will be held at the Kennedy Center 39 Lindeman Drive Trumbull Ct.

Please send completed referral forms to: sandi.geer@ct.gov right fax # 860-920-3057 for info, call 203-509-4783

*Please complete the attached application. Referrals are REQUIRED to participate in the series.

(25 participants maximum)

Potluck!



*Each session will feature a potluck dinner. Participants will be asked to bring a healthy dish to share.