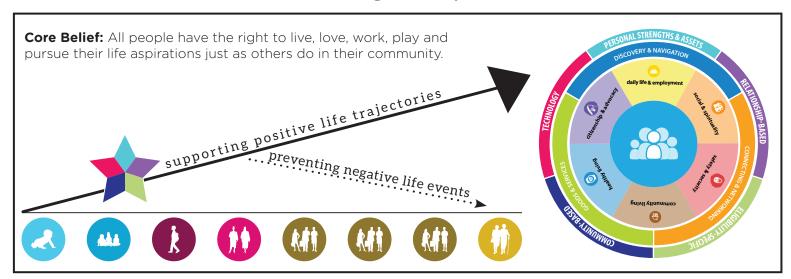
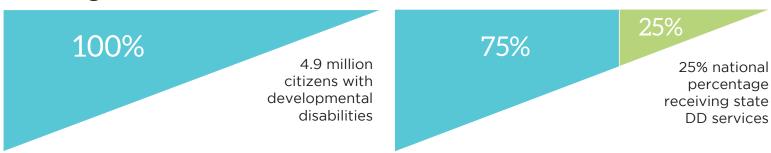
Charting the LifeCourse

Guiding Principles



Focusing on ALL



Based on 1.49% prevalence, US Census 2013. Braddock et al, State of the State 2013

Life Stages and Life Domains



Daily Life & Employment:

What you do as part of everyday life—school, employment, volunteering, communication, routines, life skills.



Community Living

Where and how you live– housing and living options, community access, transportation, home modifications.



Safety & Security

Staying safe and secure – emergencies, well-being, guardianship options, legal rights and issues.



Healthy Living

Managing and accessing health care and staying well– medical, mental health, behavior, developmental, wellness and nutrition.



Social & Spirituality

Building friendships and relationships, leisure activities, personal networks, faith community.



Citizenship & Advocacy

Building valued roles, making choices, setting goals, assuming responsibility and driving how one's own life is lived.



Prenatal/Infancy

Early years, wondering if meeting developmental milestones



Early Childhood

Preschool age, getting a diagnosis



School Age

Everyday life during school years



Transition

Transitions from school to adult life– Realizing school is almost over!



Adulthood

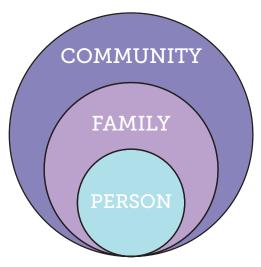
Living life as an adult



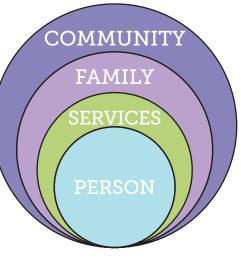
Aging

Getting older and preparing for end of life (parent/family/individual)

Person within the Context of Family & Community



People with disabilities are members of their families and communities



With the best of intentions



All people receive integrated services and supports

Integrated Supports Across the Life Course

TECHNOLOGY
iPad/smartphone
"apps", remote
monitoring, cognitive
accessibility,
adaptive equipment

PERSONAL STRENGTHS & ASSETS

Life experiences, personal knowledge, personality traits, belongings, social skills, education and training

RELATIONSHIPS

Family, friends, neighbors, co-workers, community members, church members

INTEGRATED SUPPORTS

COMMUNITY BASED

Schools, public transportation, businesses, churches, public safety, hospitals, parks & recreation

ELIGIBILITY SPECIFIC

Developmental disability services, special education, Medicaid, food stamps, Section 8 housing, Vocational Rehabilitation

Access the LifeCourse tools and framework at lifecoursetools.com