

Assistive Technology

Assistive Technology (AT) is any item, piece of equipment, software, or product that is used to increase, maintain, or improve your ability to live more independently including at school, at work, at home, and in the community. Assistive Technology ranges from low tech to high tech devices or equipment. AT is intended to complement current staff not to replace staff.



▲ Scan the QR code to visit ct.gov/STEP for more information

How can Assistive Technology be used to support you along with staffing?

AT can be used alongside your staff to enhance your safety, help you develop new skills, and be more independent. Once the individual is more independent in his home, staffing schedules can be adjusted to provide supports in other areas of interest or experiences in community life.



What are some of the benefits?

- Customized based on your goals, preferences, and needs
- Can help enhance communication by giving you access to devices and tools that can help you communicate effectively
- Can help across all areas of your life and help you learn new skills, keep you safe, help you at work, help you in your community and make you more independent



What are the potential challenges?

- Apprehension about using AT
- Ensuring consistency with AT amongst caregivers/environments
- Learning how to use a new piece of equipment
- Ensuring availability of tech support when needed
- Some AT requires a time commitment to learn how to use it



How can I learn more?

- Talk to your Case Manager
- Visit the STEP website: ct.gov/STEP ▶
- DDS website to learn more about Assistive Technology: tinyurl.com/yc2rnr28 ▶
- Visit Assistive Technology Webpage: tinyurl.com/yc8nwbv5 ▶
- Learn more about Self-Advocate Coordinators: tinyurl.com/39zf2pae ▶
- Fourth Tuesday Forum on Assistive Technology: tinyurl.com/ysnrz8j9 ▶
- The Connecticut Tech Act Program: CTtechact.com ▶

