

Supportive Housing

Supportive Housing combines rental assistance with support from a qualified provider in an apartment setting. The qualified provider works with the landlord or property manager to ensure the apartment complex meets the needs of the tenants and is well maintained. The goal of Supportive Housing is to ensure that you have the right supports to be successful and a place where you choose to live that is safe and affordable.



How is Supportive Housing typically staffed?

- Staff may be available at your apartment complex during awake and overnight hours to help you when needed
- Through your person-centered plan, you may also have a support person to help with your needs
- In addition to staff support your apartment can have Assistive Technology to help you





What are some of the benefits?

- You have your own apartment that is safe and affordable
- Live in a community with people of all abilities
- Assistive Technology is available to help you live more independently
- Easy access to public transportation
- Accessible units available
- You live by your own schedule
- On-site staffing available
- Increased self-esteem and independence

What are the potential challenges?

- Must meet Rental Assistance eligibility requirements
- Becoming familiar with smart home technology
- Moving to your own apartment can be lonely until you start to meet people in your apartment community
- Fear of losing family connections and routines
- Adjusting to independence
- Establishing trust that the person will succeed

How can I learn more?

- Talk to your Case Manager
- Visit the STEP website: ct.gov/STEP ▶
- Fourth Tuesday Forum on Supportive Housing: tinyurl.com/nhkubk6u ▶
- Success Stories: tinyurl.com/46xubst3 ▶



DDS Residential Services

DDS residential services provide individuals with supports needed to meet their individual goals and to live as independently as possible. These services may include but are not limited to assistance with daily living skills, social skills, community integration, relationship building, nutritional meal planning, diet, exercise, shopping, money management, self-advocacy, safety skills, and pursuing community recreational activities.



▲ Scan the QR code to visit ct.gov/STEP for more information