

HOW TO PROPERLY PUT ON AND REMOVE A FACE MASK

On all CTDOT Operations - When there is an essential or critical task that requires people to work within 6 feet of each other, all people involved are required to wear an appropriate face covering or mask to prevent the spread of COVID19 or other viruses.

IMPORTANT – FACE COVERINGS ARE NOT FLAME OR SPARK RESISTANT, DO NOT USE IN PROXIMITY TO OPEN FLAME OR SPARKS. ALSO, FACE COVERINGS WILL **NOT PROTECT THE WEARER FROM VAPORS OR OTHER AIRBORNE CONTAMINATES. IF THOSE CONDITIONS EXIST, A RESPIRATOR MUST WORN AND THE WEARER MUST BE MEDICALLY CLEARED AND FIT TESTED BEFORE USING ANY KIND OF RESPIRATOR.**

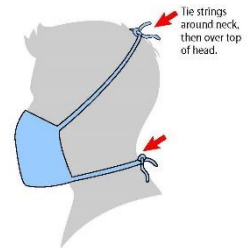
Face Mask Basics

- Clean your hands with soap and water or hand sanitizer before touching the mask.
- Remove a mask from the box and make sure there are no obvious tears or holes in either side of the mask.
- Determine which side of the mask is the top. The side of the mask that has a stiff bendable edge is the top and is meant to mold to the shape of your nose.
- Determine which side of the mask is the front. The colored side of the mask is usually the front and should face away from you, while the white side touches your face.



How to put on a face mask - Follow these instructions for the type of mask you are using

- Face Mask with Ear Loops - Hold the mask by the ear loops. Place a loop around each ear.
- Face Mask with Ties - Bring the mask to your nose level and place the ties over the crown of your head and secure with a bow. Then take the bottom ties, one in each hand, and secure with a bow at the nape of your neck. Pull the bottom of the mask over your mouth and chin.
- Face Mask with Bands - Hold the mask in your hand with the nosepiece or top of the mask at fingertips, allowing the headbands to hang freely below hands. Bring the mask to your nose level and pull the top strap over your head so that it rests over the crown of your head. Pull the bottom strap over your head so that it rests at the nape of your neck. Mold or pinch the stiff edge to the shape of your nose.



How to remove a face mask - Follow these instructions for the type of mask you are using

Clean your hands with soap and water or hand sanitizer before touching the mask. Avoid touching the front of the mask. Only touch the ear loops/ties/band.

- Face Mask with Ear Loops - Hold both of the ear loops and gently lift and remove the mask.
- Face Mask with Ties - Untie the bottom bow first then untie the top bow and pull the mask away from you as the ties are loosened.
- Face Mask with Bands - Lift the bottom strap over your head first then pull the top strap over your head.

