



Sexuality, Puberty and Relationships				
Organization	Service Description	Address	Phone Number	Contact/Website
ASDNext	15 Tips for a Successful Date	n/a	1-877-231-4244	<a href="http://www.paautism.org/desktopmodules/asert-api/api/item/ItemDetailFileDownload/5316/15TipsForSuccessfulDate%20(2).pdf">http://www.paautism.org/desktopmodules/asert-api/api/item/ItemDetailFileDownload/5316/15TipsForSuccessfulDate%20(2).pdf</a>
ASDNext	How to ask Someone out on a date	n/a	1-877-231-4244	<a href="http://www.paautism.org/desktopmodules/asert-api/api/item/ItemDetailFileDownload/5317/HowToAskSomeoneOnADate%20(1).pdf">http://www.paautism.org/desktopmodules/asert-api/api/item/ItemDetailFileDownload/5317/HowToAskSomeoneOnADate%20(1).pdf</a>
Asperger/Autism Network	Romantic Relationships article	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	<a href="https://www.aane.org/romantic-relationships/">https://www.aane.org/romantic-relationships/</a>
Autism Awareness Centre, Inc.	How do I teach sexuality to a person with ASD?	56 Susses Crescent SW, Calgary, AB T2W0L5, Canada	1-866-724-2224	<a href="https://autismawarenesscentre.com/teach-sexuality-person-asd/">https://autismawarenesscentre.com/teach-sexuality-person-asd/</a>
Autism Research Institute	An article providing information related to socialization of sexuality which can provide the foundation for sexual identity.	n/a	833-281-7165	<a href="https://www.autism.com/understanding_social_sexual">https://www.autism.com/understanding_social_sexual</a>
Autism Society	Puberty and children on The aUTism specTrUm	4340 East-West Hwy, Suite 350, Bethesda, Maryland 20814	1-800-328-8476	<a href="https://www.autism-society.org/wp-content/uploads/2014/04/LWA_Puberty.pdf">https://www.autism-society.org/wp-content/uploads/2014/04/LWA_Puberty.pdf</a>

<b>Autism Speaks</b>	Recognizing and Preventing Sexual Abuse. Has information about discussing sexuality with your children	locations vary	1-888-288-4762	<a href="https://www.autismspeaks.org/recognizing-and-preventing-sexual-abuse">https://www.autismspeaks.org/recognizing-and-preventing-sexual-abuse</a>
<b>Autism Speaks</b>	Helping your child with autism through puberty	locations vary	1-888-288-4762	<a href="https://www.autismspeaks.org/expert-opinion/helping-your-child-autism-through-puberty-0">https://www.autismspeaks.org/expert-opinion/helping-your-child-autism-through-puberty-0</a>
<b>Autism Speaks</b>	Puberty and Adolescence Resource: A Guide for Parents of Adolescents with Autism Spectrum Disorder	locations vary	1-888-288-4762	<a href="https://www.autismspeaks.org/sites/default/files/2018-08/Puberty%20and%20Adolescence%20Resource.pdf">https://www.autismspeaks.org/sites/default/files/2018-08/Puberty%20and%20Adolescence%20Resource.pdf</a>
<b>Car Autism RoadMap</b>	Provides information and tips about teaching children with autism about sexuality beginning at a young age.	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	<a href="https://www.carautismroadmap.org/teaching-young-children-about-sexuality/">https://www.carautismroadmap.org/teaching-young-children-about-sexuality/</a>
<b>Car Autism RoadMap</b>	Article titled 'Romance 101: Dating for Adults with ASD' Offers tips on where to meet people, asking someone out on a date, concerns to keep in mind, how to handle rejection, safety, and marriage.	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	<a href="https://www.carautismroadmap.org/romance-101-dating-for-adults-with-asd/">https://www.carautismroadmap.org/romance-101-dating-for-adults-with-asd/</a>
<b>Car Autism RoadMap</b>	Puberty in Boys: From Physical Changes to Masturbation	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	<a href="https://www.carautismroadmap.org/male-puberty-from-physical-changes-to-masturbation/">https://www.carautismroadmap.org/male-puberty-from-physical-changes-to-masturbation/</a>
<b>Car Autism RoadMap</b>	Puberty in Girls: Physical Changes and Menstruation	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	<a href="https://www.carautismroadmap.org/puberty-in-girls-physical-changes-and-menstruation/">https://www.carautismroadmap.org/puberty-in-girls-physical-changes-and-menstruation/</a>
<b>Car Autism RoadMap</b>	Sexuality Instruction for Tweens, Teens and Young Adults	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	<a href="https://www.carautismroadmap.org/sexuality-instruction-for-tweens-teens-and-young-adults/">https://www.carautismroadmap.org/sexuality-instruction-for-tweens-teens-and-young-adults/</a>

<b>Centre for Autism</b>	Research Bulletin titled 'Autism Spectrum Disorder Relationships and Sexuality'. The articles in this Bulletin address a range of areas including personal, parental and teachers' perspectives on sexuality and ASD and also good practice in developing sexuality education programmes for young adults with ASD.	35 Church Street, Middletown, CO. Armagh BT60 4 HZ	n/a	<a href="https://www.middletownautism.com/files/uploads/d025395b6bc81ccff53f90757e3f9235.pdf">https://www.middletownautism.com/files/uploads/d025395b6bc81ccff53f90757e3f9235.pdf</a>
<b>Everday Health</b>	Article titled 'Coping with a Partner's Asperger's Syndrome'	n/a	n/a	<a href="https://www.everydayhealth.com/aspergers/coping-with-a-partners-aspergers-syndrome.aspx">https://www.everydayhealth.com/aspergers/coping-with-a-partners-aspergers-syndrome.aspx</a>
<b>Ilovetoknow</b>	Article explores sexuality, puberty, relationships and personal safety.	n/a	n/a	<a href="https://autism.lovetoknow.com/autism-sexuality">https://autism.lovetoknow.com/autism-sexuality</a>
<b>Interactive Autism Network</b>	Romantic Relationships for Young Adults with Asperger's Syndrome and High-Functioning Autism	n/a	n/a	<a href="https://iancommunity.org/cs/articles/relationships">https://iancommunity.org/cs/articles/relationships</a>
<b>National Autistic Society</b>	When to talk to you child about puberty, sex, sexuality and relationships	locations vary	n/a	<a href="https://www.autism.org.uk/about/communication/sex-education.aspx">https://www.autism.org.uk/about/communication/sex-education.aspx</a>
<b>New Jersey Monthly</b>	Article titled 'Sex on the Spectrum'. Article explores challenges individuals with autism face forming intimate relationships, safety concerns, and solutions.	55 Park Place, PO Box 920 Morristown, NJ 07963	973-539-8230	<a href="https://njmonthly.com/articles/jersey-living/sex-on-the-spectrum/">https://njmonthly.com/articles/jersey-living/sex-on-the-spectrum/</a>

<p><b>Organization for Autism Research</b></p>	<p>The importance of teaching dating skills</p>	<p>2111 Wilson Boulevard, Suite 401 Arlington, VA 22201</p>	<p>1-866-366-9710</p>	<p><a href="https://researchautism.org/the-importance-of-teaching-dating-skills-2/?utm_source=OARacle+Newsletter+Subscribers&amp;utm_campaign=16c902c8b4-OARacle+October+Issue+2017_COPY_01&amp;utm_medium=email&amp;utm_term=0_132914a232-16c902c8b4-171428105">https://researchautism.org/the-importance-of-teaching-dating-skills-2/?utm_source=OARacle+Newsletter+Subscribers&amp;utm_campaign=16c902c8b4-OARacle+October+Issue+2017_COPY_01&amp;utm_medium=email&amp;utm_term=0_132914a232-16c902c8b4-171428105</a></p>
<p><b>Organization for Autism Research</b></p>	<p>Offers sex education Podcasts related to sexuality and sex education for people on the autism spectrum age 15 and older.</p>	<p>2111 Wilson Boulevard, Suite 401 Arlington, VA 22201</p>	<p>1-866-366-9710</p>	<p><a href="https://researchautism.org/sex-ed-for-self-advocates-podcast/">https://researchautism.org/sex-ed-for-self-advocates-podcast/</a></p>
<p><b>Organization for Autism Research</b></p>	<p>Sexuality Education Is a Necessity</p>	<p>2111 Wilson Boulevard, Suite 401 Arlington, VA 22201</p>	<p>1-866-366-9710</p>	<p><a href="https://researchautism.org/sexuality-education-is-a-necessity/">https://researchautism.org/sexuality-education-is-a-necessity/</a></p>
<p><b>Organization for Autism Research</b></p>	<p>This guide is a sexuality and sex education resource written specifically for people on the autism spectrum age 15 and up. In each of the nine sections of the guide, self-advocates will be able to read articles and watch brief videos before testing their knowledge about a given topic and practicing new skills.</p>	<p>2111 Wilson Boulevard, Suite 401 Arlington, VA 22201</p>	<p>1-866-366-9710</p>	<p><a href="https://researchautism.org/sex-ed-guide/">https://researchautism.org/sex-ed-guide/</a></p>
<p><b>Organizations for Autism Research</b></p>	<p>A guide to safety provides information related to various safety concerns including sexuality and relationships among individual on the spectrum</p>	<p>2111 Wilson Boulevard, Suite 401 Arlington, VA 22201</p>	<p>1-866-366-9710</p>	<p><a href="https://researchautism.org/resources/a-guide-to-safety/">https://researchautism.org/resources/a-guide-to-safety/</a></p>

<b>Parents Are T.A.L.K.I.N.G</b>	Site offers information and tips for parents with how to discuss sex with their children. The goal is to offer children this information through good communication and factual information.	n/a	267-426-1318	<a href="https://parentsaretalking.com/">https://parentsaretalking.com/</a>
<b>Planned Parenthood League of Massachusetts</b>	Here are some specific tips for parents to think about in the sexual health education of their child	locations vary	1-800-230-7526	<a href="https://www.plannedparenthood.org/planned-parenthood-massachusetts/local-training-education/parent-buzz-newsletter/parent-buzz-e-newsletters/sexuality-education-youth-autism-spectrum">https://www.plannedparenthood.org/planned-parenthood-massachusetts/local-training-education/parent-buzz-newsletter/parent-buzz-e-newsletters/sexuality-education-youth-autism-spectrum</a>
<b>PsychCentral</b>	Article titled 'Romance, Love and Asperges Syndrome	55 Pleasant St., Suite 207, Newburyport, MA 01950	n/a	<a href="https://psychcentral.com/lib/romance-love-and-asperger-syndrome/">https://psychcentral.com/lib/romance-love-and-asperger-syndrome/</a>
<b>RaisingChildren.net.au</b>	Learning about bodies and personal boundaries: children with ASD. Suitable for children ages 3-9 years old	n/a	n/a	<a href="https://raisingchildren.net.au/autism/development/physical-development/bodies-boundaries">https://raisingchildren.net.au/autism/development/physical-development/bodies-boundaries</a>
<b>RaisingChildren.net.au</b>	Ages 12-18 year old. Learn about what to expect during teenage development in areas ranging from personal identity, social & emotional changes, puberty, sexuality, hygiene, and more	n/a	n/a	<a href="https://raisingchildren.net.au/teens/development">https://raisingchildren.net.au/teens/development</a>
<b>RaisingChildren.net.au</b>	Suitable for children ages 9-15 years of age. Preparing for puberty: children with autism spectrum disorder	n/a	n/a	<a href="https://raisingchildren.net.au/autism/development/physical-development/preparing-for-puberty-asd">https://raisingchildren.net.au/autism/development/physical-development/preparing-for-puberty-asd</a>
<b>SexInfo Online</b>	An article about sexuality, autism, and the challenges individuals with autism face through puberty and forming intimate relationships	n/a	n/a	<a href="http://www.soc.ucsb.edu/sexinfo/article/sex-and-autism">http://www.soc.ucsb.edu/sexinfo/article/sex-and-autism</a>

<b>Sexuality Resource Center for Parents</b>	Autism Spectrum Disorders and Sexuality	n/a	n/a	<a href="http://www.srcp.org/for_some_parents/developmental_disabilities/activities_to_use_with_your_child/autismDD.html">http://www.srcp.org/for_some_parents/developmental_disabilities/activities_to_use_with_your_child/autismDD.html</a>
<b>Spectrum</b>	Article titled 'Some adults with autism traits reject conventional sexual labels'	n/a	n/a	<a href="https://www.spectrumnews.org/news/adults-autism-traits-reject-conventional-sexual-labels/">https://www.spectrumnews.org/news/adults-autism-traits-reject-conventional-sexual-labels/</a>
<b>Synapse</b>	Article discusses sexuality on the Autism Spectrum and tips to meeting potential partners	n/a	n/a	<a href="https://www.autism-help.org/adults-aspergers-sexual.htm">https://www.autism-help.org/adults-aspergers-sexual.htm</a>
<b>The Autism Community in Action</b>	Article about 'Teens with ASD: Puberty – What to Expect, Seizures, Anxiety, Sexuality'	2222 Martin Street, Suite 140, Irvine, CA 92612	1-855-726-7810	<a href="https://tacanow.org/family-resources/teens-with-asd-puberty/">https://tacanow.org/family-resources/teens-with-asd-puberty/</a>
<b>Vanderbilt Kennedy Center</b>	Parent's Guide on Puberty for Girls with Disabilities (In English)	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	<a href="https://vkc.mc.vanderbilt.edu/healthybodies/files/HealthyBodies-Girls-web.pdf">https://vkc.mc.vanderbilt.edu/healthybodies/files/HealthyBodies-Girls-web.pdf</a>
<b>Vanderbilt Kennedy Center</b>	Parent's Guide on Puberty for Girls with Disabilities (In Spanish)	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	<a href="https://vkc.mc.vanderbilt.edu/healthybodies/files/Sp-HealthyBodies-Girls-web.pdf">https://vkc.mc.vanderbilt.edu/healthybodies/files/Sp-HealthyBodies-Girls-web.pdf</a>
<b>Vanderbilt Kennedy Center</b>	Healthy Bodies- Appendix: A Parent's Guide on Puberty for Girls with Disabilities (In English)	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	<a href="https://vkc.mc.vanderbilt.edu/healthybodies/files/HealthyBodiesAppendix-Girls.pdf">https://vkc.mc.vanderbilt.edu/healthybodies/files/HealthyBodiesAppendix-Girls.pdf</a>
<b>Vanderbilt Kennedy Center</b>	Healthy Bodies- Appendix: A Parent's Guide on Puberty for Girls with Disabilities (In Spanish)	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	<a href="https://vkc.mc.vanderbilt.edu/healthybodies/files/Sp-Appendix-Girls.pdf">https://vkc.mc.vanderbilt.edu/healthybodies/files/Sp-Appendix-Girls.pdf</a>
<b>Vanderbilt Kennedy Center</b>	Healthy Bodies Toolkit for Boys- A Parent's Guide on Puberty For Boys With Disabilities (English)	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	<a href="https://vkc.mc.vanderbilt.edu/healthybodies/files/HealthyBodies-Boys-web.pdf">https://vkc.mc.vanderbilt.edu/healthybodies/files/HealthyBodies-Boys-web.pdf</a>

<b>Vanderbilt Kennedy Center</b>	Healthy Bodies Toolkit for Boys- A Parent's Guide on Puberty For Boys With Disabilities (Spanish)	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	<a href="https://vkc.mc.vanderbilt.edu/healthybodies/files/Sp-HealthyBodies-Boys-web.pdf">https://vkc.mc.vanderbilt.edu/healthybodies/files/Sp-HealthyBodies-Boys-web.pdf</a>
<b>Vanderbilt Kennedy Center</b>	Vanderbilt Kennedy Center: Healthy Bodies Toolkit for Boys-Appendix (downloadable information and resources)- English	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	<a href="https://vkc.mc.vanderbilt.edu/healthybodies/files/HealthyBodiesAppendix-Boys.pdf">https://vkc.mc.vanderbilt.edu/healthybodies/files/HealthyBodiesAppendix-Boys.pdf</a>
<b>Vanderbilt Kennedy Center</b>	Vanderbilt Kennedy Center: Healthy Bodies Toolkit for Boys-Appendix (downloadable information and resources)- Spanish	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	<a href="https://vkc.mc.vanderbilt.edu/healthybodies/files/Sp-Appendix-Boys.pdf">https://vkc.mc.vanderbilt.edu/healthybodies/files/Sp-Appendix-Boys.pdf</a>
<b>Verywell Health</b>	Sex Education for Teens with Autism	n/a	n/a	<a href="https://www.verywellhealth.com/autism-sex-education-260490">https://www.verywellhealth.com/autism-sex-education-260490</a>

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