



**STATE OF CONNECTICUT**  
OFFICE OF HEALTH CARE ACCESS

M. JODI RELL  
GOVERNOR

CRISTINE A. VOGEL  
COMMISSIONER

August 28, 2006

Janine I. Ross, Chief Financial Officer  
Gaylord Hospital, Inc.  
400 Gaylord Farms Road  
Wallingford, CT 06402

Re: Certificate of Need Determination, Report Number 06-30758-DTR  
Gaylord Hospital, Inc.  
Provision of Conscious Sedation and Outpatient Pain Management Services

Dear Ms. Ross:

On June 1, 2006, with additional information received on August 28, 2006, the Office of Health Care Access ("OHCA") received your Certificate of Need ("CON") Determination request for the the provision of conscious sedation and outpatient pain management pursuant to Section 19a-638, Connecticut General Statutes. OHCA has reviewed your request and makes the following findings:

1. Gaylord Hospital ("Gaylord") is a private, not-for-profit 109-bed long-term chronic disease hospital located on Gaylord Farm Road, Wallingford, CT.
2. All inpatient services are provided at the Wallingford campus location.
3. Gaylord provides medical care to patients within two divisions, Medical and Rehabilitation.
4. Gaylord proposes to reinstitute the ability to provide procedures requiring conscious sedation. Conscious sedation had been used on an infrequent basis in the past for the insertion of gastrostomy and jejunostomy tubes. Because of the low frequency of these procedures, the service was discontinued.
5. Gaylord proposes to provide the following interventional procedures that require conscious sedation of patients:
  - a. Insertion of gastrostomy tube or jejunostomy tube;

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- b. Complex wound debridement; and
  - c. Complex laceration repair.
6. Gaylord also proposes to provide bronchoscopy, including pleural biopsy and/or lung biopsy, diagnostic procedures that require conscious sedation of the patients.
  7. Gaylord proposes to add outpatient pain management procedures to its services. The procedures include cervical epidural and transformaminal epidural injections, discography, and radiofrequency lesioning.
  8. For the pain management procedures, patients may or may not receive conscious sedation. Mild conscious sedation will be utilized for select patients upon request due to anxiety associated with the procedure.
  9. All diagnostic, interventional, and pain management procedures will be performed at the Gaylord campus on Gaylord Farm Road in Wallingford.
  10. Procedures will be performed within the procedure room with Gaylord's radiology area or within a patient's private room. Gaylord does not have an operating room.
  11. The estimated capital expenditure required to provide conscious sedation for the diagnostic, interventional, and pain management procedures is \$275,000. The proposed expenditure includes \$150,000 for a replacement C-arm imaging system and \$125,000 for minor renovations to the Radiology suite.
  12. Regulations of Connecticut State Agencies ("Regulations") Section 19-13D1(b) (2) defines a long-term chronic disease hospital as a "long-term hospital having facilities, medical staff and all necessary personnel for the diagnosis, care and treatment of a wide array of chronic disease." Section 19-13-D5 (f) of the Regulations provides, in part, that surgical services are to be made available through affiliation with another hospital if not available in the hospital. Section 19-13D5 (h) (5) states that a long-term chronic disease hospital shall have such other service "as necessary to the size and scope of the hospital."
  13. Section 19a-638 (a) (2) of the Connecticut General Statutes ("C.G.S.") states, in part, that each health care facility or institution...which intends to introduce any additional function or service into its program of health care shall submit to the office, prior to the proposed date of the institution of such function or service, a request for permission to undertake such function or service.

Based on the above findings and pursuant to Section 19a-638, C.G.S., OHCA has determined that Gaylord's proposal does not represent a new function or service. The services that Gaylord proposes to provide are required for the treatment and care its patients.

Therefore, OHCA has determined that Certificate of Need approval is not required for Gaylord Hospital to use conscious sedation for the provision of diagnostic and interventional procedures or for the provision of outpatient pain management on its campus on Gaylord Farms Road in Wallingford.

If you have any questions regarding the above, please contact Laurie K. Greci, Associate Research Analyst, at (860) 418-7001.

Sincerely,

Signed by Cristine A. Vogel  
Commissioner

CAV:lkg