



**STATE OF CONNECTICUT**  
OFFICE OF HEALTH CARE ACCESS

M. JODI RELL  
GOVERNOR

CRISTINE A. VOGEL  
COMMISSIONER

May 27, 2009

Robert M. Arnold, President  
Family Centers Inc.  
40 Arch Street  
Greenwich, CT 06830

RE: Certificate of Need Determination; Report Number 09-31353-DTR  
Proposal to add licensed outpatient mental health services for children  
to an existing program of health care  
Family Centers, Inc.

Dear Mr. Arnold:

On April 15, 2009, the Office of Health Care Access ("OHCA") received your letter concerning the intent of Family Centers, Inc. to seek licensure from the Department of Children and Families for outpatient psychiatric clinic services for children. Additional information was provided by electronic transmission on April 30, 2009. OHCA has reviewed the request for CON Determination and makes the following findings in regard to this matter:

1. OHCA finds that Family Centers, Inc. is an existing non-profit health care facility or institution which currently provides health care facility services at three locations:  
  
60 Palmer's Hill Road, Stamford  
20 Bridge Street, Greenwich  
590 Post Road, Darien
2. OHCA finds that the Family Centers, Inc. Greenwich and Stamford sites are licensed by the Department of Public Health ("DPH") as Psychiatric Outpatient Clinics for Adult and that these licenses have a Multi Service classification.
3. OHCA finds that the Darien site is licensed by DPH as a Psychiatric Outpatient Clinic for Adults under the facility name "Family Centers Inc. Center for Hope."
4. In its April 15, 2009 submission, Family Centers, Inc. states that "*Individual, adults, families and children are presently served at each of these locations*" and that "*These services consist of out-patient mental health services for children including out-patient individual counseling and psychotherapy, play therapy, family therapy, substance abuse counseling and group therapy for children 3 through 18. Services address personal and*

*family crisis toward improving psychological well-being, improving age-appropriate functioning, and strengthening family and interpersonal relationships.”*

5. Family Centers, Inc. proposes to seek appropriate facility licensure from the Department of Children’s and Families (“DCF”) in order to provide licensed outpatient mental health services to children.
6. Family Centers, Inc. intends to retain its existing DPH licenses at the three sites.
7. General Statutes § 19a-638 (2) states (in part) that:

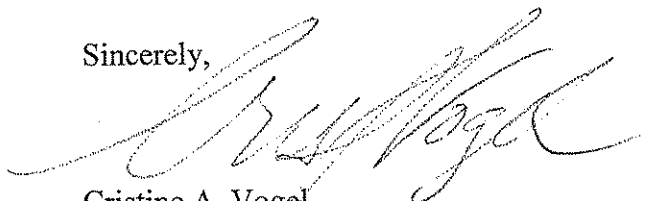
*“[e]ach health care facility or institution or state health care facility or institution ... which intends to introduce any additional function or service into its program of health care shall submit to the office, prior to the proposed date of the institution of such function or service, a request for permission to undertake such function or service.”*

Based upon the findings presented above, OHCA has determined that the proposal of Family Centers, Inc. to add outpatient mental health services for children requires Certificate of Need authorization from OHCA pursuant to Section 19a-638 of the Connecticut General Statutes. Family Centers, Inc. does not currently hold a Department of Children and Families license related to the provision of outpatient mental health services for children and this proposal represents an additional function or service for Family Centers, Inc. program of health care. Family Centers, Inc. may file a Letter of Intent with OHCA to request initiation of the Certificate of Need process for the establishment of outpatient mental health services for children.

Please note that pursuant to 19a-639b, C.G.S., an exemption process is available when applicable for nonprofit institutions that are currently under contract with a state agency or department. The Applicant may refer to that statute section if it is applicable to your institution.

If you have any questions concerning the above or the CON process, please contact Karen Roberts, Compliance Officer at OHCA at (860) 418-7001.

Sincerely,



Cristine A. Vogel  
Commissioner

CAV:kr

Copy: Sandra Bauer, Health Processing Technician, DPH, DCBR  
Robert Plant, Director of Community Programs & Services, DCF