

Quality Council

November 16, 2023



Agenda

| <u>Time</u> | <u>Topic</u> |
|-------------|---|
| 4:00 p.m. | Call to Order and Roll Call |
| 4:05 p.m. | Public Comment |
| 4:10 p.m. | Approval of October 19, 2023 Meeting Minutes — Vote |
| 4:15 p.m. | OHS Update on Quality Council Recommendations for Phase 2 Quality Benchmark Values |
| 4:30 p.m. | Discuss 2024 and 2025 Benchmark Values for Obesity Equity Measure |
| 4:45 p.m. | 2023 Reflections |
| 5:50 p.m. | Wrap-up and Next Steps |
| 6:00 p.m. | Adjourn |

Call to Order and Roll Call

Public Comment

Approval of October 19, 2023 Meeting Minutes—Vote

OHS Update on Quality Council Recommendations for Phase 2 Quality Benchmark Values

Quality Benchmark Measures

Phase 1: Beginning for 2022

- Asthma Medication Ratio
- Controlling High Blood Pressure
- Hemoglobin A1c (HbA1c) Control for Patients with Diabetes: HbA1c Poor Control

Phase 2: Beginning for 2024

- Child and Adolescent Well-Care Visits
- Follow-up After Hospitalization for Mental Illness (7-day)
- Follow-up After ED Visit for Mental Illness (7-day)
- Obesity Equity Measure

Summary of Quality Council Recommendations from October Meeting (1 of 5)

- During the October meeting, the Quality Council reviewed the Phase 2 Quality Benchmark values and...
 - **recommended changes to the 2025 Quality Benchmark values for the Phase 2 Measures** when the values did not seem appropriate given recent performance on the measures, and
 - **recommended 2024 Quality Benchmark Values for the Phase 2 Measures**, which had not yet been established.

Summary of Quality Council Recommendations from October Meeting (2 of 5)

- The Quality Council recommended the following **commercial values** for 2024 and 2025:

| Quality Benchmark Measure | 2022 Connecticut Performance | 2024 Recommended Benchmark Value | 2025 Recommended Benchmark Value |
|--|------------------------------|--|--|
| Child and Adolescent Well-Care Visits | 79% | 80% <i>(no prior value established)</i> | 82% <i>(no prior value established)</i> |
| Follow-up After ED Visit for Mental Illness (7-Day) | 62% | 64% <i>(no prior value established)</i> | 66%* <i>(previously 75%)</i> |
| Follow-up After Hospitalization for Mental Illness (7-Day) | 65% | 67% <i>(no prior value established)</i> | 69%* <i>(previously 63%)</i> |

* The Quality Council recommended decreasing the 2025 Benchmark value for *Follow-up After ED Visit for Mental Illness* and recommended increasing the 2025 Benchmark value for *Follow-up After Hospitalization for Mental Illness* given recent Connecticut performance on the measures.

Summary of Quality Council Recommendations from October Meeting (3 of 5)

- The Quality Council recommended the following **Medicaid values** for 2024 and 2025:

| Quality Benchmark Measure | 2022 Connecticut Performance | 2024 Recommended Benchmark Value | 2025 Recommended Benchmark Value |
|--|------------------------------|--|--|
| Child and Adolescent Well-Care Visits | 64% | 66% <i>(no prior value established)</i> | 68% <i>(no prior value established)</i> |
| Follow-up After ED Visit for Mental Illness (7-Day) | 48% | 60% <i>(no prior value established)</i> | 62%* <i>(previously 75%)</i> |
| Follow-up After Hospitalization for Mental Illness (7-Day) | 46% | 53% <i>(no prior value established)</i> | 55%* <i>(previously 63%)</i> |

* The Quality Council recommended decreasing the 2025 Benchmark values for *Follow-up After ED Visit for Mental Illness* and *Follow-up After Hospitalization for Mental Illness* given recent Connecticut performance on the measure, but still keeping the values significantly above 2022 Connecticut performance to motivate improvement on the measures.

Summary of Quality Council Recommendations from October Meeting (4 of 5)

- The Quality Council also reviewed recent performance on the **Obesity Equity Measure**. As a reminder, the Obesity Equity Measure is the ratio of statewide obesity rates for the Black, non-Hispanic population and the White, non-Hispanic population calculated using BRFSS data.

| 2025 Quality Benchmark Value | Connecticut Performance | | Connecticut Obesity Rate | |
|------------------------------|-------------------------|------|--------------------------|---------------------|
| | | | White, non-Hispanic | Black, non-Hispanic |
| 1.33 2019 National ratio | 2022 | 1.32 | 29.0 ↑ | 38.3 ↓ |
| | 2021 | 1.53 | 28.8 ↑ | 44.2 ↑ |
| | 2020 | 1.51 | 27.0 ↑ | 40.7 ↓ |
| | 2019 | 1.65 | 26.6 | 43.8 |

↓ indicates that obesity rate decreased from prior year, ↑ indicates obesity rate increased from prior year

Summary of Quality Council Recommendations from October Meeting (5 of 5)

- After reviewing recent performance, the Quality Council recommended modifying the methodology for calculating **Obesity Equity Measure** and recommended new 2024 and 2025 Benchmark values for the measure.

| Quality Benchmark Measure | Original Specifications (and recent performance) | Recommendation for Revised Specifications (and recent performance) | 2024 Recommended Benchmark Value | 2025 Recommended Benchmark Value |
|---------------------------|--|--|---|--|
| Obesity Equity Measure | <i>Ratio of statewide obesity rates for Black, non-Hispanic population and the White, non-Hispanic population (1.32 in 2022)</i> | <i>Three-year rolling average of statewide Black, non-Hispanic obesity rate (41.4% from 2020-2022)</i> | 37% <i>(no prior value established)</i> | 35% <i>(Previously 1.33)</i> |

Update from OHS on Quality Benchmark Values for Phase 2 Measures (1 of 2)

OHS has considered the Quality Council's recommendations from the October meeting and shares the following:

1. OHS plans to **accept the Quality Council's recommended commercial and Medicaid Quality Benchmark values** for *Child and Adolescent Well-Care Visits, Follow-up After Hospitalization for Mental Illness (7-Day)*, and *Follow-up After ED Visit for Mental Illness (7-Day)*.

Update from OHS on Quality Benchmark Values for Phase 2 Measures (2 of 2)

2. OHS plans to **retain the original specifications for the statewide *Obesity Equity Measure*** (i.e., ratio of Black non-Hispanic and White non-Hispanic obesity rates) to maintain continuity of the Quality Benchmark measures and to focus on reducing inequities between the two populations.

To address the concerns raised by the Quality Council during the October meeting, OHS plans to report on the statewide obesity rate for the Black non-Hispanic population separately. **Does the Quality Council recommend reporting this rate against the group's recommended Benchmark values for 2024 and 2025?**

Discuss 2024 and 2025 Benchmark Values for Obesity Equity Measure

Obesity Equity Measure (1 of 2)

- Given that OHS plans to retain the original methodology for calculating the Obesity Equity measure, we will solicit the Quality Council's input on:
 - whether the **2025 Quality Benchmark value** for the measure is still appropriate given recent performance, and
 - what the **2024 Quality Benchmark value** for the measure should be (i.e., how far below the 2025 value).

Obesity Equity Measure (2 of 2)

A lower rate indicates better performance

- Does the Quality Council think the 2025 Quality Benchmark value for this measure is still appropriate given recent CT performance?
- How far above the 2025 Quality Benchmark value should OHS set the 2024 Quality Benchmark value?

| 2025 Quality Benchmark Value |
|------------------------------|
| 1.33 2019 national ratio |

| CT Performance | |
|----------------|------|
| 2022 | 1.32 |
| 2021 | 1.53 |
| 2020 | 1.51 |
| 2019 | 1.65 |

| National Performance | |
|----------------------|------|
| 2022 | 1.24 |
| 2021 | 1.27 |
| 2020 | 1.34 |
| 2019 | 1.33 |

2023 Reflections

2023 Reflections

- The Quality Council will not be meeting in December, so this is our last meeting of 2023.
- Thank you for a productive and engaging year of Quality Council meetings! During this year we accomplished the following as a group:
 - Refined strategies to improve performance on the Quality Benchmark measures
 - Reported on 2023 insurer fidelity to the Aligned Measure Set
 - Reviewed the Aligned Measure Set and recommended changes for 2024
 - Reported on 2021 Quality Benchmark performance
 - Reviewed Quality Benchmark values for 2024 and 2025
- As we reflect on our shared work over the past year, we invite you to share lessons learned from the 2023 meeting series.

Wrap-up & Next Steps

Meeting Wrap-Up & Next Steps

- The Quality Council will reconvene January 2024. We will be reaching out soon with a survey for meeting scheduling for the new year.