| Health Status Measure                                     | Specification (source)  | CY 2022 Benchmark<br>(2018 Baseline)                                    |
|---|---|---|
| Adult Obesity   | % of adults with body mass index ≥30 (2016 Behavioral Risk<br>Factor Surveillance System, Center for Disease Control<br>(CDC))              | ≤27.4% (30.7%)  |
| High School Students Physically<br>Active                 | % of students with physical activity for ≥60 mins a day on five or more days (2017 Youth Risk Behavior Survey, CDC)                         | ≥49% (43.5%)  |
| Opioid-related Overdose Deaths                            | # of opioid-related deaths (2016, CDC)  | ≤13.3 deaths per 100,000 person<br>(16.9 deaths per 100,000 person)     |
| Tobacco Use   | % of adults who currently smoke (2016 Behavioral Risk Factor Surveillance System, CDC)  | ≤14.6% (17.7%)  |
| Concurrent Use of Opioids and<br>Benzodiazepines          | % of individuals age 18 and older with concurrent use of<br>opioids and benzos (analysis of insurer-generated baseline<br>data for CY 2018) | To be determined after a year of data collection                        |
| Emergency Department Utilization (Commercial Market only) | # of ED visits for individuals age 18 and older (National<br>Committee for Quality Assurance (NCQA) 2018 Quality Com-<br>pass)              | ≤165.9 visits per 1,000 population<br>(196 visits per 1,000 population) |