

NEWBORN BLOODSPOT SCREENING

What is Newborn Bloodspot Screening?

- Every baby born in Connecticut has a Newborn Bloodspot Screen.
- It screens for around 70 rare conditions.
- It can screen for all of these conditions just by taking drops of blood from your baby's heel.
- It is done around 1 day after your baby is born.

Why is NBS Important?

IT SAVES LIVES.

- Babies with these conditions can look healthy at birth.
- Most babies with one of these disorders do not have a family history of the disorder.
- When diagnosed early, treatments can start before symptoms show.

Each year, *thousands of babies* with serious but treatable conditions grow up healthy, thanks to newborn screening.

What conditions does Connecticut screen for?

Visit the CT Department of Public Health Newborn Screening web page at:

<https://portal.ct.gov/DPH/Laboratory/Newborn-Screening> for a full list of the disorders. You can also learn more about newborn screening by visiting Baby's First Test (www.babysfirsttest.org).

How do we get results?

Your baby's doctor (pediatrician) will give you the results. If you don't hear anything, ask the doctor about the results at your child's 2 week well-visit.

Most babies have normal results.

What if we are told the results are out of range?

- Further tests will need to be done.
- The Newborn Bloodspot Screen is a screening test. It can not diagnose a condition.
- Your child's healthcare team will discuss with you what follow up tests will be needed.

What if I still have questions?

The Connecticut Newborn Diagnosis and Treatment Network (the Network) is available to answer questions and put you in touch with the best resource.

Monday-Friday, 8:30-4:30

Phone: 860-837-7870 (ask for newborn screening)

Email: CNDTN@connecticutchildrens.org

**CT Newborn Diagnosis
and Treatment Network**
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